

2003 Outcomes and Community Impact Program



United Way of San Diego County

Substance Abuse Treatment

The 2003 Outcomes & Community Impact Program surveyed 3,662 randomly selected households from throughout San Diego County between October 24, 2003 and March 30, 2004. One segment of this survey was to determine the degree to which San Diego County residents needed treatment for substance abuse during the past 12 months.

Respondents were asked if they or another person in their household, either adult or child, had a problem with some type of substance abuse other than tobacco, such as drugs or alcohol.

Those respondents indicating they had a problem with substance abuse were asked what type of drug was being abused. These respondents were also asked how much help they received.

This chapter explores the findings related to substance abuse

treatment needed and used by San Diego County residents.

Due to the very low number of responses to the questions in this segment of the survey, estimates of affected households are provided in this report only for the purpose of illustrative comparisons in scale to the other indicators. The small number of persons responding to these questions may result in the limited reliability of these findings from year to year.

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SPECIAL POINTS OF INTEREST:

- Overall, 4.0 percent of adults and 2.8 percent of youth were reported to have substance abuse problems.
- Alcohol was named by 47.6 percent of respondents as the problem substance for adults and drugs were named by 47.6 percent as the problem substance for youth.
- Only 18.4 percent of respondents said all help needed by adults was received and 42.9 percent said all help needed by youth was received.

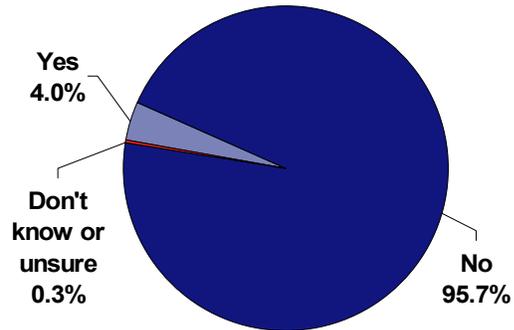
Current Level of Adult Substance Abuse

“Within the past 12 months, did you or any adult member of your household have a problem with some type of substance abuse other than tobacco, such as drugs or alcohol?”

Overall, 4.0 percent of respondents (n=147) indicated an adult in their household had a problem with some type of substance abuse other than tobacco within the past 12 months.

Because the number of responses to this question is relatively low, additional analysis cannot be completed for the usual demographic variables such as geographic region, race/ethnicity, education, age and income.

Adult Substance Abuse



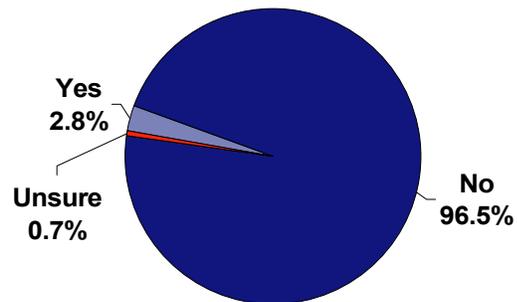
Current Level of Youth Substance Abuse

“Within the past 12 months, did any children in your household have a problem with some type of substance abuse other than tobacco, such as drugs or alcohol?”

Overall, 2.8 percent of respondents (n=21) with children age 12 through 18 indicated at least one of these children had a problem with some type of substance abuse other than tobacco within the past 12 months.

Because the number of responses to this question is very low, additional analysis cannot be completed for the usual demographic variables such as geographic region, race/ethnicity, education, age and income.

Youth Substance Abuse



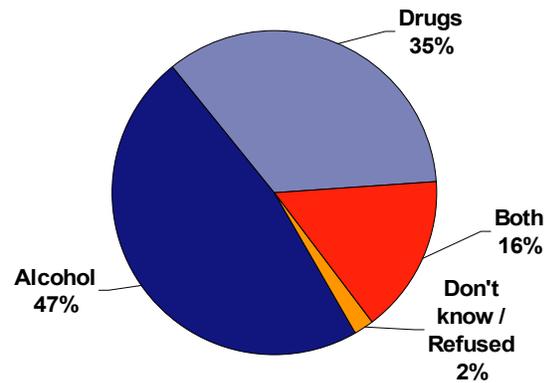
Type of Substance Abuse by Adults

“What would you say was the type of substance abused?”

The most frequently mentioned type of substance abused by adults was alcohol, named by 47.6 percent of the respondents. Drugs were named by 34.7 percent of the respondents.

Due to the low number of responses to this question, additional analysis would not present an accurate picture of the substance abuse within various demographic subgroups. Therefore, no additional analysis is provided.

Type of Adult Substance Abuse



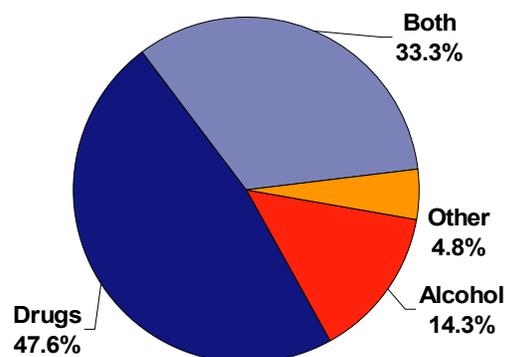
Type of Substance Abuse by Youth

“What would you say was the type of substance abused?”

The most frequently mentioned type of substance abused among youth was drugs, named by 47.6 percent of the respondents. Alcohol and drugs combined was named by 33.3 percent of the respondents.

Due to the low number of responses to this question, additional analysis would not present an accurate picture of the substance abuse within various demographic subgroups. Therefore, no additional analysis is provided.

Type of Youth Substance Abuse



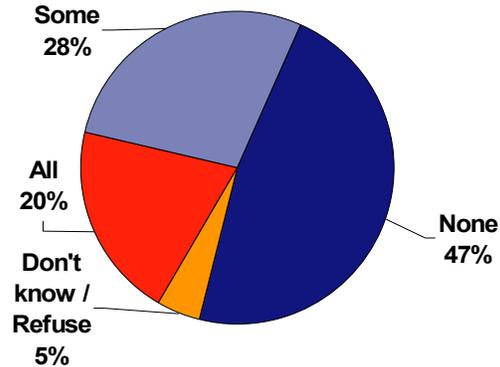
Help Received by Adults for Substance Abuse

“Which of the following best describes the help this person received for his or her substance abuse within the past 12 months – all, some or none?”

When asked how much help was received by adults for substance abuse problems during the past 12 months, the most frequent response was none, given by 47.2 percent of the respondents. Only 20.2 percent of the respondents reported they had received all the help they needed.

Due to the low number of responses to this question, additional analysis would not present an accurate picture of the help received for substance abuse during the past year within various demographic subgroups. Therefore, no additional analysis is provided.

Amount of Adult Help Received



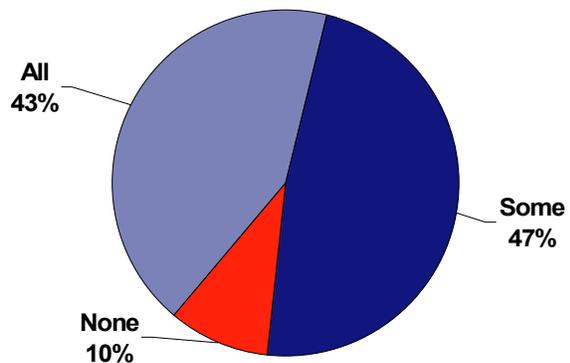
Help Received by Youth for Substance Abuse

“Which of the following best describes the help this person received for his or her substance abuse within the past 12 months – all, some or none?”

When asked how much help was received for substance abuse by youth during the past 12 months, the most frequent response was they had received some of the help they needed, given by 47.6 percent of the respondents. Additionally, 42.9 percent of the respondents reported they received all of the help needed and 9.5 percent received none of the help needed.

Due to the low number of responses to this question, additional analysis would not present an accurate picture of the help received for substance abuse during the past year within various demographic subgroups. Therefore, no additional analysis is provided.

Amount of Youth Help Received



Adult Substance Abuse Profile

Countywide, an estimated 4.0 percent of households indicated a need for adult substance abuse help during the past 12 months. This equates to an estimated 41,456 households in San Diego County needing adult substance abuse help during the past year.

Need for Adult Substance Abuse Help				Type of Substance Abused			
(n=3,662)				(n=147)			
	<i>(n)</i>	<i>(%)</i>	<i>(estimate)</i>		<i>(n)</i>	<i>(%)</i>	<i>(estimate)</i>
Yes	147	4.0	41,456	Alcohol	70	47.6	19,741
No	3,506	95.7	988,742	Drugs	51	34.7	14,383
Don't know/Refused	9	0.3	2,538	Both alcohol and drugs	23	15.6	6,486
				Don't know/Refused	3	4.5	846

How Well Need Met (n=147)

	<i>(n)</i>	<i>(%)</i>	<i>(estimate)</i>
All needs met	18	20.2	8,384
Needs partially met	25	28.1	11,645
All needs unmet	41	47.2	19,564
Don't know	4	4.5	1,863

Youth Substance Abuse Profile

Countywide, an estimated 2.8 percent of households with youths age 12 through 18 indicated a need for substance abuse help for a youth living in the household during the past 12 months. This equates to an estimated 5,923 households in San Diego County needing youth substance abuse help during the past year.

Need for Youth Substance Abuse Help (n=747)

	(n)	(%)	(estimate)
Yes	21	2.8	5,923
No	721	96.5	203,345
Don't know/Refused	5	0.7	1,410

Type of Substance Abused (n=27)

	(n)	(%)	(estimate)
Drugs	17	63.0	4,624
Alcohol	5	18.5	1,360
Both alcohol and drugs	4	14.8	1,088
Other	1	3.7	272

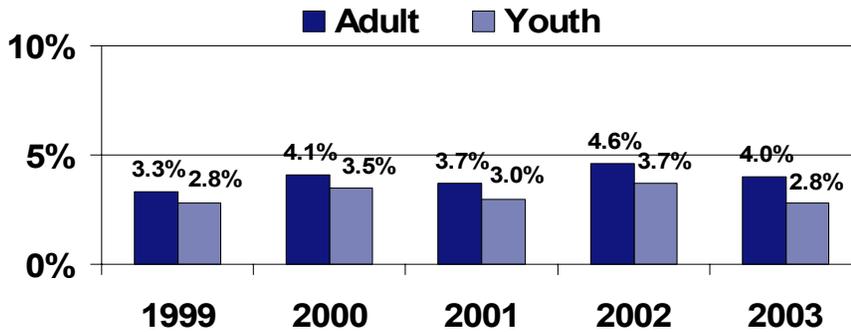
How Well Need Met (n=21)

	(n)	(%)	(estimate)
All needs met	9	42.9	2,176
Needs partially met	10	47.6	3,536
All needs unmet	2	22.2	1,632

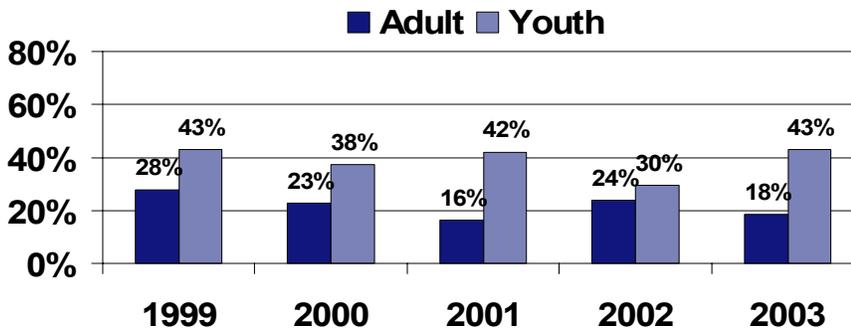
Five-Year Trend of Substance Abuse Indicators

The following charts provide a comparison of substance abuse treatment need, utilization and satisfaction for the past five years.

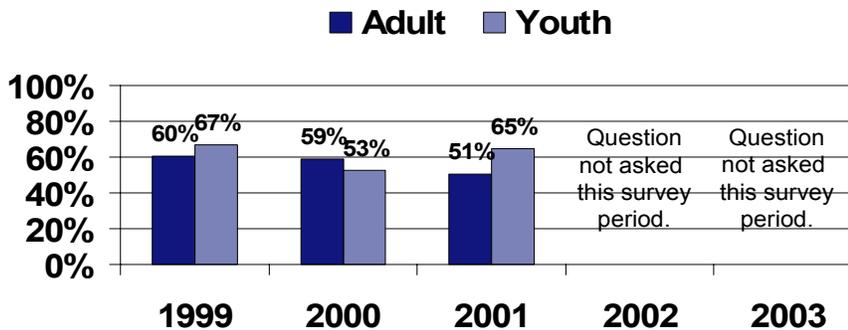
Percent needing substance abuse treatment services during the past 12 months



Percent indicating they received all needed substance abuse treatment services



Percent satisfied or very satisfied with substance abuse treatment services received



Background

Each year billions of dollars are invested in San Diego County by federal, state, county, cities and charitable organizations to improve the health and well-being of the community and its residents. These funds are applied to a wide variety of health, social and community issues. All concerned have a growing interest in knowing whether this investment of community assets is making a difference. The Outcomes and Community Impact Measurement Program has been designed to be a comprehensive measurement and outcomes reporting system related to the health and well-being of San Diego County residents.

The Outcomes and Community Impact Measurement Program data reviewed in this document are for the 2003 data collection and reporting period.

Concept

Initial concepts behind this program began in 1995 when the United Way of San Diego County convened eight task forces representing San Diego County residents and community leaders who developed the following list of desired countywide outcomes:

- **Access** – People have access to a full range of effective community services.
- **Self-sufficiency** – People reach and maintain an optimal level of independence and health.
- **Civic Solutions** – People live in, participate in and are supported by diverse, economically sound communities.
- **Educational Success** – People have the necessary life-long educational support to reach their potential as productive and contributing community members.
- **Public Safety** – People feel safe from the threat of crime and violence in their homes, neighborhoods and communities.
- **Well-being** – People are emotionally self-sufficient and able to cope with the stressors in their lives.

Based on the desired outcomes developed by these task forces, a measurement platform was designed to measure the impact of community assets and services on addressing people's needs and visions.

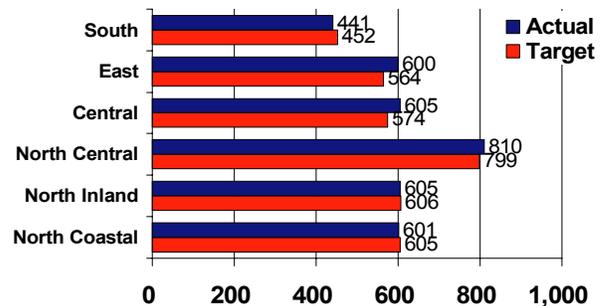
Methodology

Data was collected via telephone interviews with 3,662 randomly selected persons living throughout San Diego County. The interviews, lasting an average of 22.6 minutes, were conducted by trained interviewers from the Social and Behavioral Research Institute located at California State University San Marcos between October 24, 2003 and March 30, 2004.

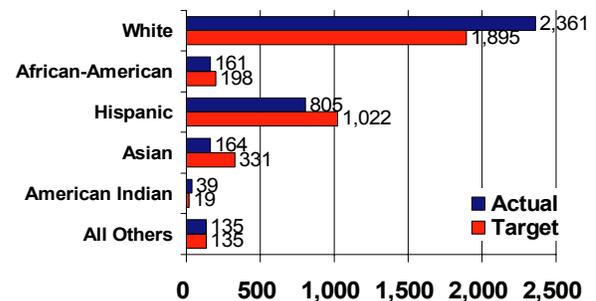
To enhance the quality of the data in terms of how well it represents the geographic and race/ethnic population of San Diego County, the county was divided into six geographic regions. These regions correspond with the San Diego County Health and Human Services Agency regions. A targeted number of interviews for each race/ethnic category within each region was established to more accurately represent the actual population within the regions.

The following tables present the targeted and actual number of interviews completed.

Targeted Number of Interviews by Region



Targeted Number of Interviews by Race/Ethnicity



2003 Outcomes and Community Impact Program

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2003 Funding Sources

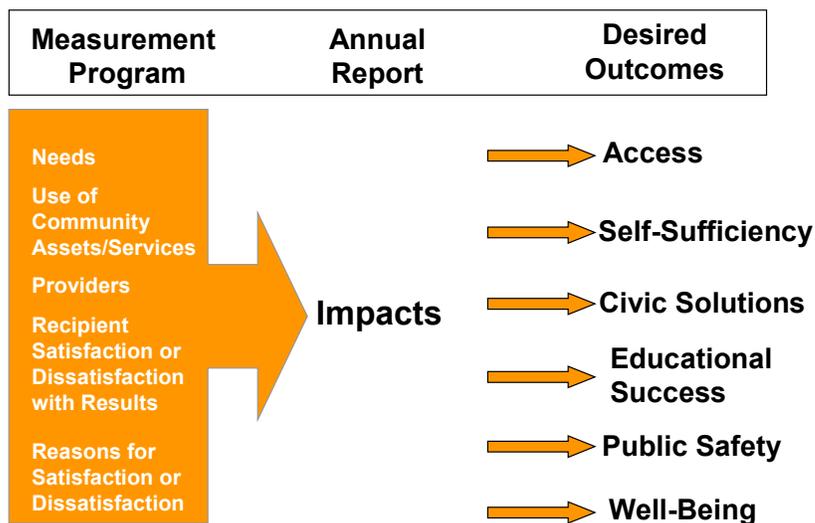
- Alliance Healthcare Foundation
- The California Endowment
- County of San Diego
- Community Health Improvement Partners (CHIP)
- Kaiser Permanente
- McCarthy Family Foundation
- INFO LINE of San Diego County
- The San Diego Foundation
- United Way of San Diego County

Outcomes and Impact Program Overview

The information contained in this report presents the findings for one of the 24 areas explored in the 2003 Outcomes and Impact Study. Other areas range from advocacy services to youth development. Each of these areas is covered in an individual report which can be obtained from the United Way of San Diego County. In addition, there are appendices supporting each of these reports which provide very detailed data in the format of cross tabulations of questions for each area by many key variables.

To view the 2003 Outcomes and Community Impact Program reports or to order copies of the 1999, 2000, 2001 and 2002 reports on disk, visit the United Way's website at www.uwsd.org. On the homepage click on the Outcomes / Healthy Community Index icon.

Outcomes and Impact



More Information Available

The information provided in this report is one segment of the available outcome and impact program reporting. Additional information is available including:

- Five-year history of top-level findings
- Methodology and Technical Report
- Frequencies
- Cross tabulations
- Significance tests