

2003 Outcomes and Community Impact Program



United Way of San Diego County

Assistance with Activities of Daily Living

The 2003 Outcomes & Community Impact Program surveyed 3,662 randomly selected households from throughout San Diego County between October 24, 2003 and March 24, 2004. One segment of this survey was intended to determine how well the needs of San Diego County residents for assistance with the activities of daily living (ADL) are being met. This section inquired if respondents or members of their households had needed help with any daily living activities such as eating, dressing or personal hygiene during the past 12 months.

Respondents who indicated a need during this period were asked how well their needs were met.

This chapter explores the findings related to how well the need for assistance with activities of daily living of San Diego County resi-

dents are being met. This includes examining the findings by demographic subgroups including geographic location, age, race/ethnicity, educational level, household income and other variables as indicated.

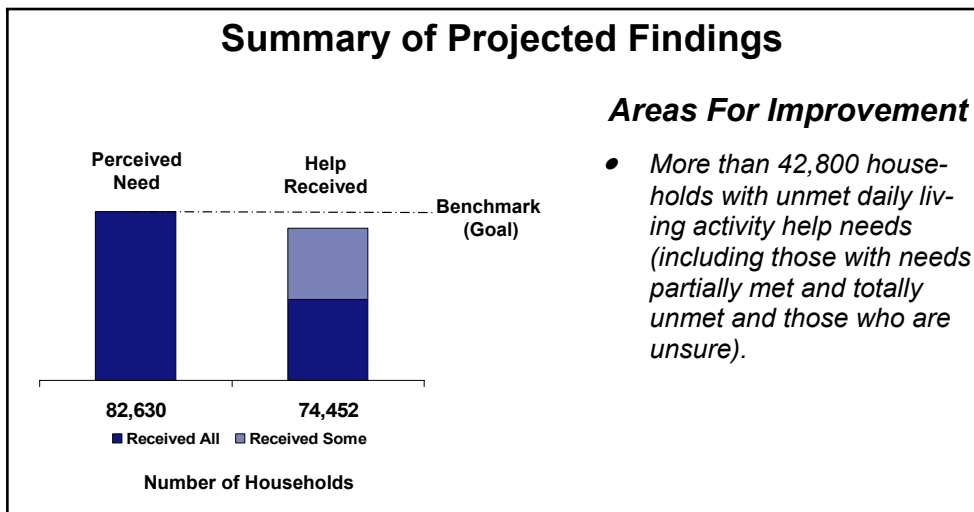
In addition, findings are projected to the current number of occupied households in San Diego County.

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SPECIAL POINTS OF INTEREST:

- Overall, eight percent of respondents reported they needed help with daily living activities.
- Of those expressing a need for help, 48.1 percent said they received all the help they needed with daily living activities.
- Of those who needed help, 9.6 percent reported they received none of the help they needed with daily living activities.



Need for Assistance with Activities of Daily Living

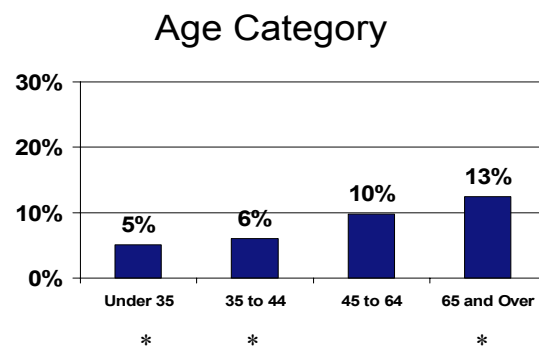
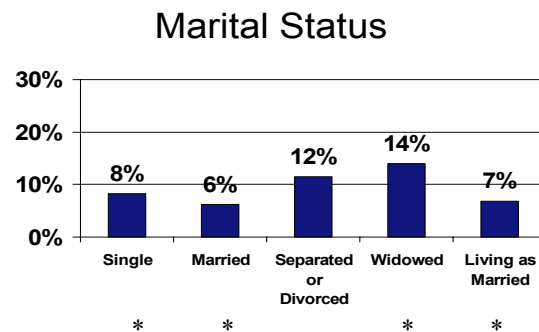
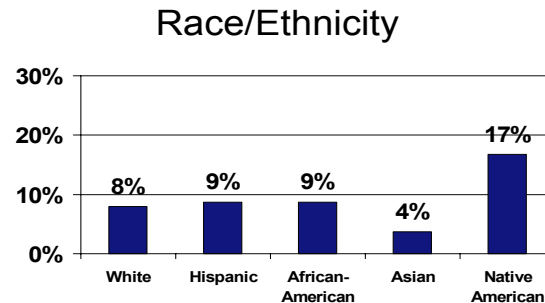
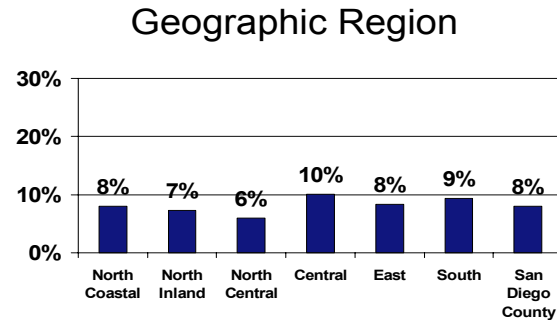
“During the past 12 months did you or any adult in your household need help with any daily living activities?”

Overall, 8.0 percent of the respondents (n=293) reported they or another adult in their household needed help with daily living activities during the past 12 months. This section reviews the need for help with daily living activities and highlights those areas with significant difference in need. Observed differences that are statistically significant have been indicated with an asterisk.

Within the demographic subgroups reviewed, the range of those in need of help with daily living activities during the past 12 months ranged from 3.7 percent for Asian respondents to 45.1 percent among disabled respondents. Findings within the groups reviewed include:

- Geographically, the reported need ranged from 6.0 percent in the North Central region to 10.1 percent in the Central region. The observed differences between regions are not statistically significant.
 - In terms of race/ethnicity, need for assistance with activities of daily living ranged from 3.7 percent for Asian respondents to 16.7 percent for white respondents. The observed difference between these two race/ethnic groups is significant.
 - In terms of marital status, widowed respondents reported the highest need for assistance with activities of daily living at 14.0 percent, while 6.2 percent of married respondents reported a need for help. The need for help was significantly higher among widowed respondents than for respondents who are married, single and living as married.
 - Persons over age 64 reported a higher need for help with daily living activities (12.5 percent) than those in other age groups, while only 5.5 percent of respondents under age 45 reported a need for help. The difference between these two groups is significant.
- Other significant differences noted include:
- Respondents with annual household incomes of less than \$20,000 reported a significantly greater level of need for help with daily living activities than those with annual household incomes of \$75,000 or more, 15.5 percent and 4.1 percent, respectively.
 - Disabled respondents reported a significantly greater level of need for help with daily living activities than others, 45.1 percent and 7.5 percent, respectively.

Percent indicating a need for assistance with ADL



* Significant at p < .05

Assistance with Daily Living Activities Profile

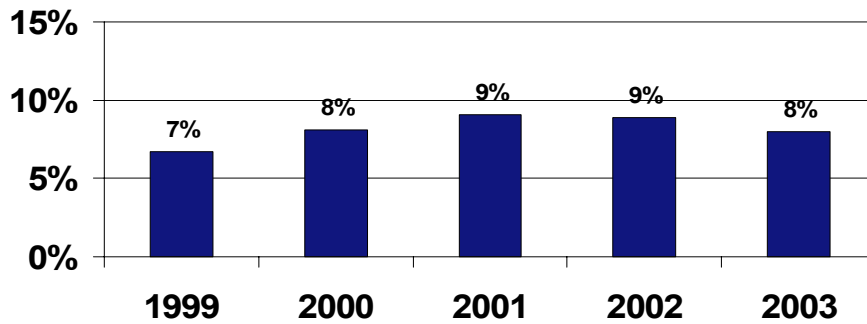
Countywide, the need for assistance with daily living activities is estimated to be 8.0 percent of the 1,032,736 occupied households. This equates to an estimated 82,630 households in San Diego County with an adult needing help with daily living activities within the past 12 months.

Need (n=3,662)				Amount of Help Received (n=293)			
	<i>(n)</i>	<i>(%)</i>	<i>(estimate)</i>		<i>(n)</i>	<i>(%)</i>	<i>(estimate)</i>
Need help	293	8.0	82,630	Received all needed	141	48.1	39,764
Didn't need	3,363	91.8	948,414	Received some needed	123	42.0	34,688
Don't know/Refused	6	0.2	1,692	Didn't receive any	28	9.6	7,896
				Don't know	1	0.3	282

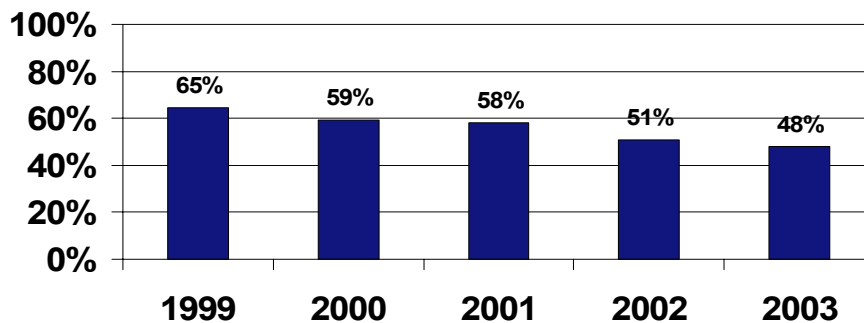
Five-Year Trend of Assistance with Daily Living Indicators

The following charts provide a comparison of activities of daily living assistance need, utilization and satisfaction for the past five years.

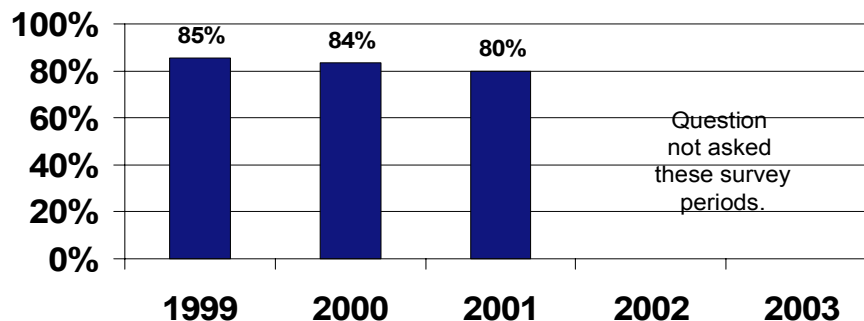
Percent needing assistance with activities of daily living during the past 12 months



Percent indicating they received all needed assistance with activities of daily living



Percent satisfied or very satisfied with assistance with activities of daily living received



Background

Each year billions of dollars are invested in San Diego County by federal, state, county, cities and charitable organizations to improve the health and well-being of the community and its residents. These funds are applied to a wide variety of health, social and community issues. All concerned have a growing interest in knowing whether this investment of community assets is making a difference. The Outcomes and Community Impact Measurement Program has been designed to be a comprehensive measurement and outcomes reporting system related to the health and well-being of San Diego County residents.

The Outcomes and Community Impact Measurement Program data reviewed in this document are for the 2003 data collection and reporting period.

Concept

Initial concepts behind this program began in 1995 when the United Way of San Diego County convened eight task forces representing San Diego County residents and community leaders who developed the following list of desired countywide outcomes:

- **Access** – People have access to a full range of effective community services.
- **Self-sufficiency** – People reach and maintain an optimal level of independence and health.
- **Civic Solutions** – People live in, participate in and are supported by diverse, economically sound communities.
- **Educational Success** – People have the necessary life-long educational support to reach their potential as productive and contributing community members.
- **Public Safety** – People feel safe from the threat of crime and violence in their homes, neighborhoods and communities.
- **Well-being** – People are emotionally self-sufficient and able to cope with the stressors in their lives.

Based on the desired outcomes developed by these task forces, a measurement platform was designed to measure the impact of community assets and services on addressing people's needs and visions.

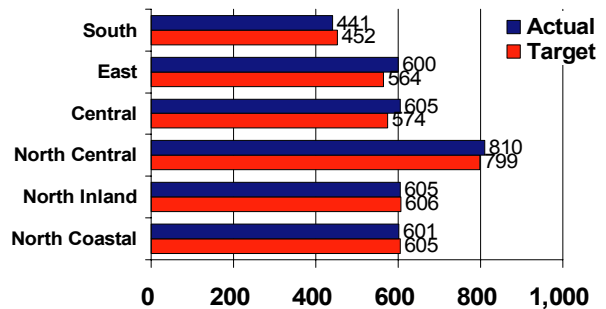
Methodology

Data was collected via telephone interviews with 3,662 randomly selected persons living throughout San Diego County. The interviews, lasting an average of 22.6 minutes, were conducted by trained interviewers from the Social and Behavioral Research Institute located at California State University San Marcos between October 24, 2003 and March 30, 2004.

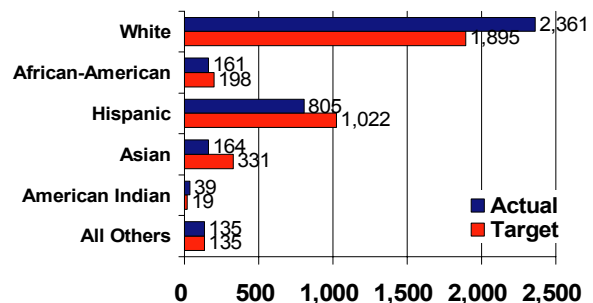
To enhance the quality of the data in terms of how well it represents the geographic and race/ethnic population of San Diego County, the county was divided into six geographic regions. These regions correspond with the San Diego County Health and Human Services Agency regions. A targeted number of interviews for each race/ethnic category within each region was established to more accurately represent the actual population within the regions.

The following tables present the targeted and actual number of interviews completed.

Targeted Number of Interviews by Region



Targeted Number of Interviews by Race/Ethnicity



2003 Outcomes and Community Impact Program

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2003 Funding Sources

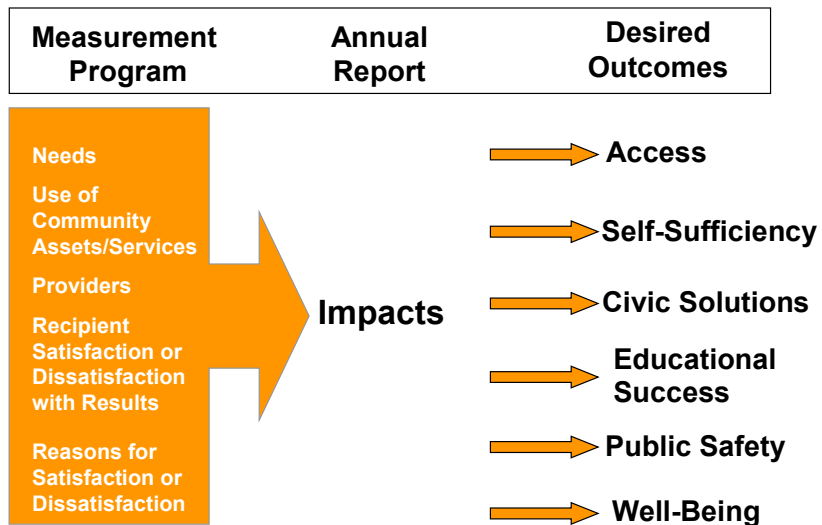
- Alliance Healthcare Foundation
- The California Endowment
- County of San Diego
- Community Health Improvement Partners (CHIP)
- Kaiser Permanente
- McCarthy Family Foundation
- INFO LINE of San Diego County
- The San Diego Foundation
- United Way of San Diego County

Outcomes and Impact Program Overview

The information contained in this report presents the findings for one of the 24 areas explored in the 2003 Outcomes and Impact Study. Other areas range from advocacy services to youth development. Each of these areas is covered in an individual report which can be obtained from the United Way of San Diego County. In addition, there are appendices supporting each of these reports which provide very detailed data in the format of cross tabulations of questions for each area by many key variables.

To view the 2003 Outcomes and Community Impact Program reports or to order copies of the 1999, 2000, 2001 and 2002 reports on disk, visit the United Way's website at www.uwsd.org. On the homepage click on the Outcomes / Healthy Community Index icon.

Outcomes and Impact



More Information Available

The information provided in this report is one segment of the available outcome and impact program reporting. Additional information is available including:

- Five-year history of top-level findings
- Methodology and Technical Report
- Frequencies
- Cross tabulations
- Significance tests