

# TOBACCO USAGE



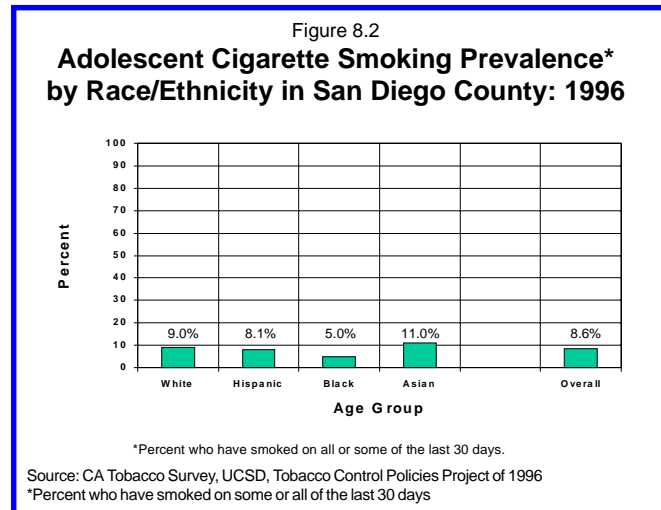
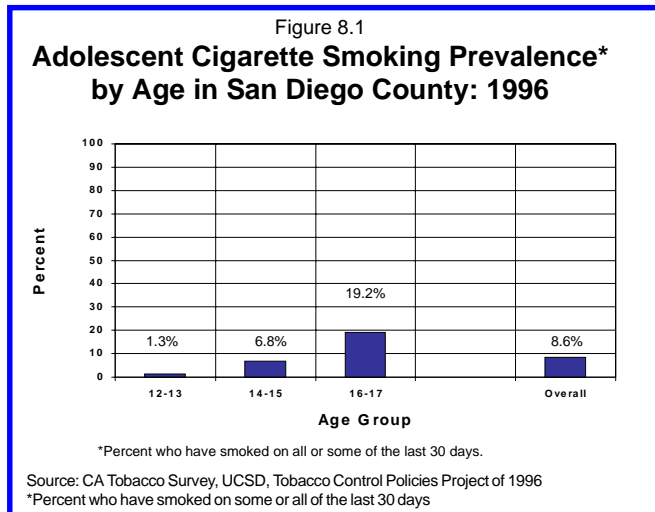
**SMOKING PREVALENCE**

The prevalence of smokers in San Diego County decreased from 1993 to 1996. In 1993, 18.7% of the adult population smoked cigarettes -- in 1996, the figure dropped to 17%. In the same period, the smoking prevalence of the state of California decreased from 20.2% to 18.1%.

**ADOLESCENT CIGARETTE SMOKING**

Cigarette smoking prevalence (whether the person had smoked on all or some of the last 30 days) among adolescents 12 to 17 years of age increased in San Diego County from 7.7% in 1990 to 8.6% in 1996. San Diego County had the smallest increase in youth smoking in the State.

**Age:** Older teens had a higher prevalence of smoking, with nearly 20% of 16-17 year olds having smoked within the previous 30 days (Figure 8.1).



**Race/Ethnicity:** Eleven percent of Asian teens and 8.1% of Hispanic Teens had smoked within the previous 30 days (Figure 8.2). Black teens were least likely to smoke, with 5% having smoked in the previous 30 days.

**MORTALITY RATES FROM SMOKING**

The National Center for Health Statistics (CDC, 1993), provides national figures on the relative risks of death associated with smoking status (Table 8.1). Deaths to residents of San Diego County attributable to smoking are estimated from these relative risks and the proportions of current and former smokers in the county.

Table 8.1  
Mortality Risks for Smokers Relative to Non-Smokers for Current  
and Former Smokers Age >35 years, U.S.: 1990.

		Males		Females	
		Current Smokers	Former Smokers	Current Smokers	Former Smokers
All Causes	All Causes	2.34	1.58	1.90	1.32
Neoplasms	Lip, Oral, Pharynx	27.5	8.80	5.6	2.9
	Esophagus	7.60	5.8	10.3	3.2
	Pancreas	2.1	1.1	2.3	1.8
	Larynx	10.5	5.2	17.8	11.9
	Trachea, Lung, Bronchus	22.4	9.4	11.9	4.7
	Cervix Uteri			2.1	1.9
	Urinary Bladder	2.9	1.91	2.6	1.9
	Kidney, other Urinary	3.0	2.0	1.4	1.2
Circulatory Diseases	Hypertension	1.9	1.3	1.7	1.2
	Ischemic Heart Disease				
	35-64 yrs	2.8	1.8	3.0	1.4
	65+ yrs	1.6	1.3	1.6	1.3
	Cerebral Disease				
	35-64 yrs	3.7	1.4	4.8	1.4
	65+ yrs	1.9	1.3	1.5	1.0
	Other Circulatory	4.1	2.3	3.0	1.3
Respiratory Diseases	Bronchitis, Emphysema & Chronic Airways Obstruction	9.7	8.8	10.5	7.0
	Other Respiratory	2.0	1.6	2.2	1.4
Pediatric Diseases*	Short Gestation, Low Birthweight	1.8		1.8	
	Respiratory Conditions	1.8		1.8	
	Sudden Infant Death Syndrome	1.5		1.5	

\* Relative to non-smoking mothers for children under 1 year old  
Source: U.S. Department of Health and Human Services, 1993

