



COUNTY OF SAN DIEGO

NEWS RELEASE

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SALMONELLA UPDATE

As of Nov. 20, the San Diego County Health and Human Services Agency (HHSA) reports 40 confirmed cases of salmonella infection, up from 35 cases reported on Nov. 14, and 35 probable cases. The people became ill after eating at the Elias restaurant in Escondido between Oct. 14 and Oct. 31, according to the HHSA Community Epidemiology department.

A case is defined as "probable" when the individual is exhibiting symptoms and ate at the restaurant during the same time period as the confirmed cases. However, a probable case has not been laboratory confirmed.

HHSA continues to conduct extensive testing and interviewing to determine a possible source of the outbreak. The restaurant is cooperating with the Department of Environmental Health and HHSA, and it will be cleaned and sanitized before reopening.

Salmonella is not typically fatal. Symptoms include fever, abdominal cramps, and diarrhea. The people who became ill began exhibiting symptoms one to seven days after eating contaminated food. Symptoms usually last four to seven days. Most people can recover without antibiotics.

For more information on salmonella, please visit the Centers for Disease Control Web site at www.cdc.gov and click on "Health Topics A-Z."

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