



# COUNTY OF SAN DIEGO NEWS RELEASE

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## **E. COLI UPDATE**

### **SECOND CHILD SICKENED BY E. COLI 0157:H7**

The San Diego County Health and Human Services Agency (HHS) Public Health Services (PHS) has learned of a second child who has been sickened by E. coli 0157:H7. The second child, an 8-year-old boy, was sickened with the bacterial infection after consuming a raw milk product.

Earlier, HHS reported that an 8-year-old San Diego County girl became ill and was treated at a local hospital after consuming raw milk produced by Organic Pastures of Fresno County.

County Department of Environmental Health (DEH) has communicated with various stores that sell raw milk products and asked them to remove the product from sale. DEH requests that anyone who finds any raw milk products (whole, skim, cream, or colostrum) produced by Organic Pastures on the shelves of local markets, to call DEH at (619) 338-2379.

E. coli infection often causes abdominal cramps and bloody diarrhea. There is usually little or no fever, and the illness typically resolves itself in five to 10 days. A small percentage of infected individuals may also develop hemolytic uremic syndrome, a condition in which red blood cells are destroyed and kidney failure may occur. Those most at risk for serious complications of this food-borne illness include young children, the elderly and those with compromised immune systems. Consumers should seek immediate medical care if they develop these symptoms.

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