

East Region

Activity	Resource Location
Adult Basic Education	Grossmont Adult School 924 East Main Street El Cajon CA 92021 Phone: (619)590-3900
	Mid City Center Continuing Education 3792 Fairmont Avenue San Diego CA Phone: (619) 388-4530 Fax: 388-4526
	Helix Adult Center 7323 University Avenue La Mesa CA Phone: (619) 644-3555
	El Cajon Adult Education 1035 East Madison Avenue El Cajon CA 92021 Phone: (619) 401-4323
	Foothills Adult Center 1550 Melody Lane El Cajon CA 92021 Phone: (619) 401-4122
Education Directly Related to Employment	East County Career Center 924 East Main Street El Cajon CA 92021

	<p>Phone: (619) 590-3900 Fax: (619) 579-4720 www.SanDiegoAtWork.com</p>
	<p>Goodwill 3663 Rosecrans Boulevard San Diego CA Phone: (619) 225-2200 Fax: (619) www.goodwill.org</p>
	<p>ROP: Regional Occupational Program 924 East Main St El Cajon CA 92021 Phone: (619) 590-3965</p>
English as a Second Language	<p>Mid City Center Continuing Education 3792 Fairmont Avenue San Diego CA Phone: (619) 388-4530 Fax: 388-4526</p>
	<p>Kurdish Human Rights Watch 1109 Washington Avenue El Cajon CA 92019 Phone: (619) 447-9933 Fax: (619) 447-9932 www.khrw.org</p>
	<p>El Cajon Adult School: ESL 1035 East Madison Avenue El Cajon CA 92021 Phone: (619) 401-4323</p>

Family Violence Services	<p>Crisis House 1034 North Magnolia El Cajon CA Phone: (619) 444-1194</p>
	<p>Catholic Charities 349 Cedar Street San Diego, CA 92101 Phone: (619) 231-2828 Fax: (619) 234-2272</p>
Supervised Job Search	<p>MAXIMUS, Inc 7150 Broadway Lemon Grove CA 91945 Phone: (619) 937-4501 Fax: (619) 414-1363 www.maximus.com</p>
	<p>MAXIMUS, Inc 1300 North Johnson, Ste 100 El Cajon CA 92020 Phone: (619) 937-4406 Fax: (619) 422-8586 www.maximus.com</p>
Job Search Network	<p>MAXIMUS, Inc 7150 Broadway Lemon Grove CA 91945 Phone: (619) 937-4501 Fax: (619) 414-1363 www.maximus.com</p>

	<p>MAXIMUS, Inc 1300 North Johnson, Ste 100 El Cajon CA 92020 Phone: (619) 937-4406 www.maximus.com</p>
Job Skill Training Directly Related to Employment	<p>East County Career Center 924 East Main Street El Cajon CA 92021 Phone: (619) 590-3900 Fax: (619) 579-4720 www.SanDiegoAtWork.com</p>
	<p>ROP: Regional Occupational Program 924 East Main St El Cajon CA 92021 Phone: (619) 590-3965</p>
On-the-job-training	<p>Comprehensive Training Systems 5328 University Avenue San Diego CA Phone: (619) 582-9133</p>
	<p>Goodwill 3663 Rosecrans Boulevard San Diego CA Phone: (619) 225-2200 Fax: (619) www.goodwill.org</p>
Secondary School or Preparation for a Certificate	<p>Grossmont Adult School 924 East Main Street</p>

of General Educational Development	<p>El Cajon CA 92021 Phone: (619)590-3900</p>
	<p>Mid City Center Continuing Education 3792 Fairmont Avenue San Diego CA Phone: (619) 388-4530 Fax: 388-4526</p>
	<p>Helix Adult Center 7323 University Avenue La Mesa CA Phone: (619) 644-3555</p>
	<p>El Cajon Adult Education 1035 East Madison Avenue El Cajon CA 92021 Phone: (619) 401-4323</p>
Vocational Education and Training	<p>Southwestern College 900 Otay Lakes Road Chula Vista, CA 91910 Phone: (619) 482-6510 Fax: (619) 482-6516 www.swc.cc.ca.us</p>
	<p>Valley Career College 878 Jackman Street El Cajon CA 92020 Phone: (619) 593.5111 www.valleycareercollege.com</p>

	<p>United Education Institute 310 3rd Ave Suite 6C Chula Vista, CA 91910 Phone: (619) 409-4111 www.uei-edu.com</p>
	<p>Maric College 9055 Balboa Ave. San Diego, CA 92123 Phone: (619) 654-3601 www.mariccollege.edu</p>
	<p>Grossmont College 8800 Grossmont College Drive El Cajon, CA 92020 Phone: (619) 644-7552 Fax: (619) 644-7908 www.grossmont.edu</p>
	<p>Cuyamaca College 900 Rancho San Diego Parkway El Cajon CA 92019 Phone: (619) 660-4437 Fax: (619) 660-4294 www.cuyamaca.net</p>
	<p>ROP: Regional Occupational Program 924 East Main St El Cajon CA 92021 Phone: (619) 590-3965</p>
Work Study	<p>Grossmont College 8800 Grossmont College Drive El Cajon, CA 92020</p>

	<p>Phone: (619) 644-7552 Fax: (619) 644-7908 Website: www.grossmont.edu</p>
	<p>Cuyamaca College 900 Rancho San Diego Parkway El Cajon CA 92019 Phone: (619) 660-4437 Fax: (619) 660-4294 www.cuyamaca.net</p>
	<p>United Education Institute 310 3rd Ave Suite 6C Chula Vista, CA 91910 Phone: (619) 409-4111 www.uei-edu.com</p>
	<p>Maric College 9055 Balboa Ave. San Diego, CA 92123 Phone: (619) 654-3601 www.mariccollege.edu</p>
<p>Mental Health Services</p>	<p>Mental Health Services 330 South Magnolia Ave, Ste 302 El Cajon CA 92020 Phone: (619) 442-5434 www.cmceast-pc@mhsinc.org</p>