

## CHILD CARE & PARENTING RESOURCES

TO VIEW CHILD CARE RESOURCES IN A PARTICULAR AREA, CLICK ON THE APPROPRIATE REGION .

[NORTH COASTAL](#)

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[NORTH INLAND](#)

[CENTRAL](#)

[EAST REGION](#)

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### [NORTH COASTAL](#)

#### **Boys & Girls Clubs, Girls Inc**

Oceanside 760-433-8920

Libby 760-721-5851

Carlsbad 760-729-0956

La Costa 760-944-9211

San Marcos 760-471-2490

#### **CalWORKs/Employment Services**

[free childcare + for eligible CalWORKs participants]

1310 & 1315 Union Plaza Court

760-754-6042

#### **Childcare Information Center**

SD County of San Diego

800-716-4300

#### **Headstart**

[nutritional programs, pregnancy services for needy]

Early Headstart (ages 0-3) 760-732-1137

Requires social worker referral

Fallbrook-760-723-4189

Valley Center - 760-749-5189

Camp Pendleton Center - 760-430-7065

San Marcos - 760-744-7995

Oceanside Center - 760-439-0530

Vista - 760-732-1137

#### **Jewish Teen Parent Support Program**

270 W. San Marcos BL

San Marcos

760-510-9437

#### **MAAC Project**

760-471-4210

Sites: Oceanside, Vista, San Marcos, Fallbrook, Rincón

Neighborhood House-760-489-9855

Sites: Encinitas, Solana Beach, Leucadia

<p><a href="#">RETURN TO TOP</a></p>	<p>Escondido Family Service Center - 760-438-4180  North County Community Services-NCSS-  Oceanside-760-757-1931 [age2-5]  NCSS -Vista- 760-630-9123 [age3-5]</p> <p><b>Parenting Link</b>  866-432-6454</p> <p><b>YMCA Childcare Resource Service</b>  1310 Union Plaza Court, Su 100  Oceanside 92054  800-481-2151  Centralized Eligibility List  childcaresandiego.com</p>
<p><a href="#">NORTH CENTRAL</a></p> <p><a href="#">RETURN TO TOP</a></p>	<p><b>Boys &amp; Girls Clubs of San Diego</b>  Toll Free 1-866-SDYOUTH  (1-866-739-6884)  <a href="http://www.sdyouth.org">www.sdyouth.org</a></p> <p><b>Catholic Charities - Parents As Teachers</b>  619-287-9454  <a href="http://www.ccdsd.org">www.ccdsd.org</a></p> <p><b>Parenting Link</b>  (866) 432-6454 Toll-Free  (619) 297-9600 Referrals to Parenting Classes</p>
<p><a href="#">NORTH INLAND</a></p> <p><a href="#">RETURN TO TOP</a></p>	<p><b>Boys &amp; Girls Club</b>  115 West Woodward Ave.  Escondido, CA  760-746-3315</p> <p><b>Escondido Community Child Development</b>  205 W. Mission Rd.  Escondido, CA  760-839-9361</p> <p><b>YMCA Child Care Resource Center</b>  800-481-2151</p>
<p><a href="#">CENTRAL REGION</a></p>	<p><b>Family Services Center  (State Child Development Div. Program)</b>  841 S. 41st Street  San Diego, CA 92113  619-527-3304  Ages 3 thru 5 will be referred to Head Start  Program. Child must be potty trained.  <b>Locations:</b>  <i>South Bay</i>  1261 3 rd Ave. Suite B, Chula Vista, CA 91911  619-228-2800</p>

*Episcopal Community Services (Southeast)*  
4680 Market Street Suite B -11, San Diego, CA 92102  
619-527-3304  
*Mid-City*  
4167 Fairmount Ave., San Diego, CA 92105  
619-280-3044  
*College*  
4260 54<sup>th</sup> Street, San Diego CA 92105  
619-229-3780  
All zip codes accepted

**Parenting Link**  
Parenting Classes  
866-432-6454  
619-297-9600 Referrals for Parenting Classes  
\* Parents Without Partners S.D. Chapter No.566  
858-384-0277  
[www.pwpsandiego.org](http://www.pwpsandiego.org)

**San Diego Birthing Project  
In-Home Parenting Program**  
4981 Market Street  
San Diego, CA 92102  
619-264-3558

**San Diego Community College District**  
Mid-City Parenting Classes  
619-388-4500

**San Diego School Child Development**  
619-293-8436

**San Ysidro School District**  
Parenting Classes  
619-428-4476

**SAY San Diego, Inc.**  
5348 University Ave. Suite 201  
San Diego, CA 92115  
619-582-9056  
Serves families with children 17 & under

**Sharp Mary Birch Hospital for Women**  
Parenting Classes  
858-541-4141 (Adult)  
858-541-4125 (Teens)  
858-541-4129 (Recorded Message)

**State Preschool**  
800-481-2151

**Trustline Registry**

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<p><u>EAST</u></p> <p><u>RETURN TO TOP</u></p>	<p><b>Parenting Link</b>        (866) 432-6454 Toll-Free        (619) 297-9600 Referrals to Parenting Classes</p> <p><b>Chicano Federation</b>        Call the Chicano Federation Child Care Services Department to obtain information on any of the child care services programs.        3180 University Avenue        San Diego, Ca 92104        Phone: (619) 285-5600        Fax: (619) 285-5614</p>
<p><u>SOUTH</u></p> <p><u>RETURN TO TOP</u></p>	<p><b>Parenting Link</b>        (866) 432-6454 Toll-Free        (619) 297-9600 Referrals to Parenting Classes</p> <p><b>Chicano Federation</b>        Call the Chicano Federation Child Care Services Department to obtain information on any of the child care services programs.        3180 University Avenue        San Diego, Ca 92104        Phone: (619) 285-5600        Fax: (619) 285-5614</p>