



*This guide is a project of the
San Diego County
Fetal and Infant Mortality Review Program
Community Action Team's
Bereavement Services Work Group*

Our mission is to build a bridge between families experiencing the loss of a baby and the care giving community, whether before, during, or after birth.

We seek to assure that all families experiencing a loss have ongoing access to services that promote physical, emotional, and spiritual healing by:

- ❖ Identifying resources*
- ❖ Developing a community standard of care*
- ❖ Providing education and advocacy*

Bereavement Support Guide

***Resources for
San Diego County
Families Experiencing
the Loss of a Baby***



Self-Help Organizations

Offer individual and group support by others who have experienced similar losses and volunteer their help

Empty Cradle

Self-help support group for parents who have experienced loss of baby through miscarriage, stillbirth or infant death, providing group meetings in San Diego and North County, telephone support and community education.

(619) 595-3887

Compassionate Friends

Self-help support group for parents and siblings who have lost a child of any age, providing monthly meetings and telephone support

(619) 583-1555

www.compassionatefriends.com

Guild for Infant Survival

Local web site providing information and support for families who have lost a baby due to Sudden Infant Death Syndrome. Families can contact the Guild through an e-mail link on the site.

www.SanDiegoSIDS.org

Support of Fetal Trisomies (S.O.F.T.)

Information and grief support offered by telephone throughout San Diego County.

(800) 716-SOFT

Jenna Druck Foundation

Parent-to-Parent support, groups, workshops and referrals for families who have experienced the death of a child

(619) 294-8000

www.jennadruck.org

Professional Organizations

Individual and group support provided by Non-Profit Community Organizations

San Diego Hospice Support Groups

Maternal Connections - *Loss of child before or shortly after birth*

Family Bereavement Program - *Adults and children who have lost a loved one*

Tender Hearts - *Parents/Grandparents or any adult impacted by the loss of a child under age 21*

(619) 688-1600 ext. 6371

www.sdhospice.org

San Diego County Public Health Nurses

Provide home visiting, referrals and support to any family who has experienced the loss of a baby.

Central San Diego	(619) 229-5400
North Central/Beaches	(858) 490-4400
North County Coastal	(760) 967-4401
North County Inland	(760) 740-4000
South County	(619) 409-3110
East County	(619) 441-6500
General Information	(619) 515-4209

No Fee/Cost