



To: Emergency Medical Alert Network (EMAN) Participants
Date: December 7, 2006

Listeria in Contaminated Strawberries

A food recall of frozen strawberries potentially contaminated with Listeria was issued after Jamba Juice learned that one of its suppliers found Listeria monocytogenes contamination during routine quality control testing. Jamba Juice reports that most of the involved shipments were recovered before being unpacked, however, some contaminated strawberries may have been distributed between November 25 and December 1, 2006. The product of concern was available in a limited number of stores in Southern California, Arizona, and Southern Nevada. To date, no reported cases of listeriosis in San Diego County have implicated this potential exposure.

Listeria is a bacteria that may cause fever, muscle aches, and sometimes gastrointestinal symptoms. Some infections may lead to meningitis. Most people who are exposed to listeria, however, do not develop illness. The elderly, people with weakened immune systems, and pregnant women are at greater risk for developing illness, including fetal demise in pregnant women. The incubation period for listeriosis ranges from 3 to 70 days. Any high risk person who develops symptoms within 2 months of a potential exposure should be cultured for Listeria and prompt antibiotic treatment should be initiated. In the absence of symptoms, testing and treatment are not recommended.

For more information regarding listeriosis, please visit the CDC website at:
http://www.cdc.gov/ncidod/dbmd/diseaseinfo/listeriosis_g.htm

Concerned consumers may also call the Jamba Juice hotline at 1-877-464-5689.

Ongoing information regarding other food recalls may be found at: <http://www.fda.gov/>.

Thank you for your continued participation.

Emergency Medical Alert Network (EMAN)
County of San Diego, Health & Human Services Agency
Community Epidemiology Branch