



All Health Education RESOURCES

TOPIC	TITLE	Language(s)	CONTACT
Asthma & Smoking	Asthma & Smoking	English/Spanish	Partnership for Smoke-Free Families (858) 966-7585
Baby Bottle Tooth Decay	Keep Your Baby Smiling: Prevent Baby Bottle Tooth Decay	English/Spanish	Share the Care/ Dental Health Initiative (619) 692-8858
Bottle to Cup	Time for a Cup!	English/Spanish	California Women, Infants, and Children (WIC) www.wicworks.ca.gov
Car Seats	4 Steps for Kids: Child Passenger Safety	English/Spanish	Buckle Up America www.buckleupamerica.org
CHDP Exams	No Cost Health Checkups for Children and Teens	English/Spanish	CHDP Health Promotion (619) 692-8486
Children in Foster Care	Health Checkups for Children in Foster Care	English/Spanish	CHDP Health Promotion (619) 692-8486
Children with Special Medical Needs	Caring for Children with Special Medical Needs	English/Spanish	California Children's Services www.dhs.ca.gov
Children with Developmental Disabilities	Facts About San Diego Regional Center	English/Spanish	San Diego Regional Center (858) 576-2996
Dental Health	Good Dental Health: Guidelines for You and Your Family	English/Spanish	Share the Care/ Dental Health Initiative (619) 692-8858
Development	Developmental Milestones	English/Spanish	CHDP Health Promotion (619) 692-8486
Feeding (Birth to 8 months)	Feeding Your Baby Birth to 8 months	English/Spanish	California Women, Infants, and Children (WIC) www.wicworks.ca.gov
Feeding (6 to 12 months)	Feeding Your Baby 6 to 12 months	English/Spanish	California Women, Infants, and Children (WIC) www.wicworks.ca.gov
Feeding (1 to 3 years old)	Feeding Your Baby 1 to 3 years	English/Spanish	California Women, Infants, and Children (WIC) www.wicworks.ca.gov
Feeding (4 to 5 years old)	Feeding Your Baby 4 to 5 years	English/Spanish	California Women, Infants, and Children (WIC) www.wicworks.ca.gov
First Smiles	Healthy Teeth Begin at Birth	English/Spanish /Vietnamese	First 5 Oral Health www.first5oralhealth.org
Food Assistance	Food Assistance Directory: San Diego County WIC Locations by Zip Code	English	CHDP Nutrition Health Services (619) 542-4041
Food Pyramid	Use MyPyramid to Make Healthy Choices	English/Spanish	Dairy Council of California www.dairycouncilofca.org
Growing Up Healthy	Growing Up Healthy	English/Spanish /Vietnamese	California CHDP Program www.dhcs.ca.gov/formsandpubs/ publications/Pages/CHDPPubs.aspx
HIV/AIDS	Understanding and Preventing HIV and AIDS	English/Spanish	California HIV/AIDS Hotline (800) 367-2437
HPV Vaccine	As Her Parent: HPV Vaccine Flyer	English/Spanish	San Diego County Immunization Program www.sdiz.org

Immunizations	Vaccine-Preventable Diseases	English/Spanish	San Diego County Immunization Program www.sdiz.org
Immunizations Schedule	Childhood Immunization Schedule	English/Spanish	San Diego County Immunization Program www.sdiz.org
Infectious Diseases	Common Infectious Diseases in Preschoolers	English/Spanish	Community Epidemiology Branch (619) 515-6620
Injury Prevention	Be Safe, Not Sorry (0-20 years)	English/Spanish /Vietnamese	Center for Injury Prevention Policy & Practice www.cipp.org
Insurance	Connecting Families to Health... Get Care – Use It, Keep It!	English/Spanish	San Diego Kids Health Assurance Network (SD-KHAN) www.sdkhan.org
Lead Poisoning	Simple Steps to Protect Your Child from Lead Poisoning	English/Spanish	Childhood Lead Poisoning Prevention Program (619) 515-6694
Lice	In Search of Head Lice	English/Spanish	Community Epidemiology Branch (619) 515-6620
Mental Health	San Diego County Mental Health Care Services Phone Guide	English	Community Health Improvement Partners (CHIP) www.sdchip.org
Mouth guards	Sport a Safe and Healthy Smile	English/Spanish	Share the Care/ Dental Health Initiative (619) 692-8858
Overweight Children	San Diego Childhood Overweight Resource Guide	English/Spanish	Coalition on Children and Weight San Diego www.ccwdsd.org
Parents	Parents, Protect Your Little One with Baby Shots	English/Spanish	San Diego County Immunization Program www.sdiz.org
Preteens	Goal! Immunizations are Your Best Shot	English/Spanish	San Diego County Immunization Program www.sdiz.org
Public Health Services	Public Health Services Programs and Services	English/Spanish	Public Health Services (619) 515-6770
Secondhand Smoke	Secondhand Smoke & Childhood Illnesses	English/Spanish	Partnership for Smoke-Free Families (858) 966-7585
Sexually Transmitted Diseases (STDs)	Sexually Transmitted Diseases, What You Need to Know	English/Spanish	CHDP Health Promotion (619) 692-8486
Shaken Baby Syndrome	Never Shake a Baby	English/Spanish	County of San Diego Child Welfare Services (858) 694-5191
SIDS & Smoking	Sudden Infant Death Syndrome & Smoking	English/Spanish	Partnership for Smoke-Free Families (858) 966-7585
Sudden Infant Death Syndrome (SIDS)	Taking Care of Your Baby	English/Spanish	California SIDS Program www.californiasids.org
Tuberculosis	Tuberculosis: Get the Facts	English/Spanish	Tuberculosis Control Program www.sandiegotbcontrol.org
Vision and Hearing	Vision Checklist/Hearing Checklist	English/Spanish	CHDP Health Promotion (619) 692-8486
Women, Infants, and Children (WIC)	WIC Works Wonders for You and Your Child	English/Spanish	California Women, Infants, and Children (WIC) www.wicworks.ca.gov