

NAME	HOURS	WHAT'S AVAILABLE	ELIGIBILITY	COMMENTS
<p>BAYSIDE SETTLEMENT HOUSE Linda Vista 2202 Comstock Street San Diego, CA 92111-6502 (858) 278-0771 Fax: (858) 278-6193</p>	<p>Office Hours: Mon-Fri: 8:00am to 5:00pm For Food: Mon, Wed, Fri: 8:30am to 10am First 15 people</p>	<p>Food available almost always, strictly dependent on resource donations.</p>	<p>Agency referral any time. Anyone in need in Linda Vista area, zip code 92111. Proof of address. Once every three months. I.D. mandatory.</p>	<p>For immediate neighborhood only! If agency referral, call and contact before sending for appointment.</p>
<p>WIC PROGRAMS IN SAN DIEGO COUNTY American Red Cross (ARC) 3950 Fortunada San Diego, CA 92123 1-800-500-6411 Fax: (858) 309-1286</p>	<p>Mon, Wed, Fri: 7:30am to 5pm Tue, Thur: 7:30am to 6:30pm Sat: 9am to 1pm Sun: Closed</p>	<p>Group nutrition education classes; individual dietary counseling; vouchers for specific high-nutrient foods. Referrals. Breastfeeding support.</p>	<p>Low-income (Federal/State program guidelines). Pregnant/breastfeeding women and young children at nutritional risk, as determined by health professional. Up to age 5.</p>	<p>Eligibility recertified every 6 months. Current health assessment of applicant required. Reside in San Diego County. Clinic hours vary.</p>
<p>San Diego State University Foundation 8057 Vickers Street San Diego, CA 92111 1-888-999-6897 Fax: (858) 569-7906</p>	<p>Clinic hours vary. Mon – Thur: 9am to 6pm Fri: 8am to 5pm (Some Saturdays and late evenings)</p>	<p>Same as above. Breastfeeding education classes and support programs including Breastfeeding Helpline, breast pump loans, early postpartum follow-up & incentive programs.</p>	<p>Same as above.</p>	<p>Same as above.</p>