

NAME	HOURS	WHAT'S AVAILABLE	ELIGIBILITY	COMMENTS
Meals on Wheels Greater San Diego, Inc. Metro San Diego 2254 San Diego Avenue, Ste. 100 San Diego, CA 92110 (619) 295-9501 Fax: (619) 686-6866	Mon – Fri: 8am to 4pm	Meals to homebound; 2 meals/day; 7 days/week; Special diets; Sliding scale, maximum fee is \$6.25/day for seniors. \$8/day for non-senior, disabled.	Seniors, age 60 years and above, unable to provide nutritious meals for themselves. Most areas of City of San Diego served including Mira Mesa, University City, Beach areas, Peninsula areas, Clairemont, Mid-City, Del Cerro/Allied Gardens, south to Hwy. 94.	Volunteers deliver meals. Next day delivery available. Home visits to assess needs. Information, referrals, and problem solving available. Free meals for pets.