

NAME	HOURS	WHAT'S AVAILABLE	ELIGIBILITY	COMMENTS
<p>CATHOLIC CHARITIES Emergency Assistance Program 349 Cedar Street, Room 101 San Diego, CA 92101 (619) 231-2828 Fax: (619) 234-2272 X102</p>	<p>Food Pick-up: Mon - Fri: 9am to 11:30am 1pm to 3:30pm Sign up at 8am and Noon</p>	<p>Non-perishable food for 2-3 days. Perishable food available (varies). (Emergency only.) \$35.00 per year.</p>	<p>Identification and proof of current residence in San Diego. Any zip code and a rent receipt for current month. First come/first served. IDs for others in household.</p>	<p>Can refer people to agency closer to their area. Walk-in accepted.</p>
<p>Rachel's Women's Center 759 8th Avenue San Diego, CA 92101 (619) 696-0873 Fax: (619) 696-9042</p>	<p>Mon – Sun: Lottery for lunch: 9:45am (Can feed 50) 11:30am to 12:30pm Day Center 7 days: 7am to 5pm</p>	<p>Serves homeless females. Night shelter for 35 women.</p>	<p>18 years and older. Single. Walk-in. "Lottery System" used to assign beds at 7:30 Open at 7am. to sign up.</p>	<p>Medical screening. Alcohol support groups. NA and AA. Physically able to climb 30 steps to night shelter.</p>
<p>FIRST LUTHERAN CHURCH 1420 3rd Avenue San Diego, CA 92101 (619) 234-6149 Fax: (619) 234-9128</p>	<p>Fri: 9am to 9:45am Mon evening: 4pm</p>	<p>Full meal to anyone.</p>	<p>Anyone in need.</p>	<p>Meals vary.</p>
<p>GOD'S EXTENDED HAND 469 16th Street (at Island Avenue) San Diego, CA 92101 P. O. Box 989 San Diego, CA 92112 (619) 234-3251 Fax: (619) 234-3310</p>	<p>Mon, Tue, Thur, Fri, Sat: 8am & 3pm Sun: 3pm</p>	<p>2 meals per day on Mon, Tue, Thur, Fri & Sat. Sun: 3 pm only.</p>	<p>Anyone in need. No age limits.</p>	<p>Provides meals with church service. Spiritual counseling. Clothing for men and women. Check additional services & mealtimes on board outside building.</p>

SAINT VINCENT De
PAUL VILLAGE Joan Kroc
Center/Bishop
Maher/Paul Mirabile
Center
1501 Imperial Avenue
San Diego, CA 92101
(619) 233-8500
Fax: (619) 235-9707

Start Times: Meals for
non-residents Mon – Sat.
Lunch 11am to 12:30pm
Brunch Sun: 9:30am to
11am

Meals for residents.
Shelter only, by referring
agencies or INFO-LINE,
call daily to find out
availability. Medical clinic
and counseling. Short
Term: 4 months.

Anyone in need.

Walk in and sign in at
the door. Clothing
vouchers for thrift store
Mon – Sat 8:30am to
10am.

Salvation Army,
Main Office
825 7th Avenue San
Diego, CA 92101
(619) 231-6000
Fax: (619) 231-3274
X2400

Mon, Tues, Wed, Fri:
9am-noon

3-day supply of
emergency food: canned
and dried foods, bread.

Anyone in need. Photo
ID. and SS#. Proof of
income. Must verify
emergency. SS# for
children.

Assistance once every 30
days.

San Diego Coalition For
Homeless
Meal Center 13th and
Broadway San Diego, CA
92101

Meals: Tues: 7pm

Hot meals provided.

Anyone in need.

SAN DIEGO RESCUE
MISSION
120 Elm Street San
Diego, CA 92101
(619) 687-3720
Fax: (619) 234-4101

8am to 5pm
Appointment only.

Education, counseling,
medical, meals, spiritual,
vocational transitional
living. Food to non-profit
agencies. Call: (619)
778-7224

Homeless men in the
rehabilitation program.
Rehabilitation assistance
provided to residents
only.

Emergency Shelter:
Nueva Vida Haven
Dinner and Breakfast at
shelter. Homeless
women & children in the
rehabilitation program.
Children 12 and under.