

NAME	HOURS	WHAT'S AVAILABLE	ELIGIBILITY	COMMENTS
<p>LIFELINE COMMUNITY SERVICE 200 Michigan Avenue Vista, CA 92084 (760) 726-4900 Fax: (760) 726-6102 (760) 966-6525</p>	<p>Mon – Thur: 8:30am to 5pm Fri: 8:30am to 2pm</p>	<p>Short-term family development service. Donated canned goods. Sometimes vegetables, commodities, donations. Case management.</p>	<p>Temporary emergencies only. No age limit. For people in family development program, legal assistance, employment service.</p>	<p>Clients screened to determine need. Other services available – mainly counseling. Transportation for seniors and disabled only.</p>
<p>Vista/Oceanside Meals on Wheels 651 Eucalyptus Avenue Vista, CA 92084 (760) 726-1225 Fax: (760) 726-1226</p>	<p>Mon – Fri: 7:30am to 1pm Frozen dinners delivered on Friday if needed for weekend.</p>	<p>Reduced salt/fat hot lunch, cold supper. Weekend meals are a variety of frozen entrees. Diets include diabetic, renal, cardiac, regular, bland.</p>	<p>Homebound seniors and disabled individuals (of any age) as long as they can pay \$7.00/day meal plan.</p>	