

NAME	HOURS	WHAT'S AVAILABLE	ELIGIBILITY	COMMENTS
LAKESIDE CHRISTIAN HELPS CENTER 9931 Channel Road Lakeside, CA 92040 (619) 561-3488 Fax: No #	Mon – Fri: 10am to Noon Closed holidays.	Food for 2 to 3 days, one time a month. Clothes closet.	Lakeside residents only or homeless. Proof of address, Social Security #)	Donations from churches in Lakeside.