

NAME	HOURS	WHAT'S AVAILABLE	ELIGIBILITY	COMMENTS
<p>EPISCOPAL COMMUNITY SERVICES Emergency Assistance 2660 Hardy Drive Lemon Grove, CA 91945 (619) 463-2754 Fax: (619) 463-4570</p>	<p>Food by appointment. Call for appointment: (619) 463-2754</p>	<p>Canned foods, foods to be cooked, baby food and diapers upon request. Emergency groceries. Hygiene kits, 6 times a year.</p>	<p>Need some type of ID and Social Security Number on applicant. Target: Working poor. Need ID for each person in household.</p>	
<p>LEMON GROVE SENIOR CENTER 8235 Mt. Vernon Street Lemon Grove, CA 91945 (619) 337-1425 Fax: (619) 337-1429</p>	<p>Mon – Fri: Senior Center Office Hours 8:30am to 4:30pm Nutrition Program Lunch 11:30am Activity hours vary.</p>	<p>Lunch and exercise 5 times/wk. Organized games and other social activities. Blood pressure checks first and third Wednesdays of each month. Home delivered meal program.</p>	<p>Open to the public. 60 years and older, but transportation is only provided to residents of Lemon Grove and Spring Valley. Homebound due to medical reasons.</p>	<p>No membership fee. Exercise classes.</p>
<p>East San Diego Lutheran Social Services 2055 Skyline Lemon Grove, CA 91945 (619) 698-1716 Fax: (619) 698-1716</p>	<p>Mon - Thur: 9 am</p>	<p>Non-perishable food. Bus tokens when available. Fresh produce when available.</p>	<p>Anyone, once every 60 days. No walk-ins; need ID, Social Security Number and referral. Birth certificate for children.</p>	<p>Will help find shelter if available.</p>