

NAME	HOURS	WHAT'S AVAILABLE	ELIGIBILITY	COMMENTS
FAIR WINDS FAMILY RESOURCE CENTER 1450 Loma Lane Chula Vista, CA 91911 (619) 420-0468 Fax: (619) 420-5669	Mon-Fri: 8am to 5pm	Boxes of food, when available, diapers, clothing.	Referrals, mostly from schools and Community Outreach Workers (Promotoras). Must fill out intake form for services.	Assistance in applying for Healthy Families Insurance. Resume help & job referrals. www.chulavistacc.org for listing of 6 Family Resource Centers.
MAAC Project 1355 Third Avenue Chula Vista, CA 91911 (619) 409-1780 Fax: (619) 422-9202	Mon – Fri: 8am to 5pm	Network of social services. Canned foods. Food box when available for families.	Anyone in need. No age limit. IDs required for adults. Birth Certificates & SS# for children. Proof of residency & proof of income. Must be low-income according to county/federal poverty guidelines.	Call first. Will provide food for one month, 4 times a year.
San Ysidro Health Center/Clinic 1655 Broadway, Suite #18 Chula Vista, CA 91911 (619) 426-7966 Fax: (619) 426-7996	Clinic hours vary. Mon: 9am to 5:30pm Tue – Fri: 8am – 4:30pm Sat: 7:30am – 11am by appointment	Same as above. (Especially breast feeding classes.)	Same as above.	Same as above.

Thursday's Meal
South Bay Community
Services
Vegas Room
1124 Bay Blvd.
Chula Vista, CA 91911

Every Wed:
5pm to 6pm

Congregate feeding all
free. Hot meals. Milk
for children. Bread to
take home if available.

Anyone needy,
homeless, children and
hungry.

Do not allow anyone
under the influence of
drugs or alcohol to
partake of meals.