



**REGULAR MEETING
MINUTES
MAY 2, 2008
County Administration Center**

Voting Members Present

Valerie Bickel (for Sheriff Bill Kolender); Kim Broderick (for Mack Jenkins); JoAnne Busby; Debbie Case (for Susan Golding); Cindy Charron (for Sharon Lawrence); Dr. Amethyst Cureg (for Wilma Wooten); Grover Diemert (for Mary Baum); Ana Espana; Dixie Galapon, PhD (for Margaret Iwanaga-Penrose); Nina Garrett (for Carlos Flores); Paula Guerra; Dr. Philip Hanger (for Alfredo Aguirre); Mary Harris; Christine Lafontant (for Renee Bahl); Donna Ewing Marto; Loretta Middleton (for Dr. Randolph Ward); Maddy Morris (for Chairman Cox), John Philips (for John Sansone); Dr. Vivian Reznik; Pam Smith (for Jean Shepard); Katherine Smith-Brooks; Daphyne Watson

Alternate Members Present

Roseann Myers

Visitors Present

Jessica Antonel (California Western School of Law); Sarah Brichler (HHS-Mental Health); Debbie Comstock (East County Collaborative); Kellie Delaney (California Western School of Law); Margaret Dyer (LWV); Ann Fox (CCWS Licensing); Holly Jones (FY Roundtable); Debra Keeney (UCSD Health Sciences/REACH); Michele Linley (District Attorney); Michelle Lustig (SDCOE.FYS); Ryan Messel (FY Roundtable); Linda Norton (California Western School of Law); Linda Taihe (BHETS Academy for Professional Excellence)

Staff Present

Vicki Devine, Harold Randolph, Tonya Torosian

I. Call to Order

The meeting was called to order at 2:05 p.m. by Dr. Vivian Reznik, Co-Chair. Everyone present introduced themselves, stating their name and affiliation.

II. Public Comment

Holly Jones & Ryan Messel from the Family & Youth Roundtable congratulated Alfredo Aguirre for being recognized as the Mental Health Person of the Year. Ryan Messel discussed youth with mental health issues and how it affects one in five youth at any given time. It is estimated that about two-thirds of our young people with mental health challenges are not getting the help they need and it is estimated that 118,000 to 187,000 youth involved in the juvenile justice system have at least one mental health disorder. Approximately fifty percent of students age 14 and older drop out of high school with a mental disorder. This is the highest drop out rate of any group with a disability. May 4th through 10th is Children's Mental Health Week and May 8th is Children's Mental Health Day. Please check out the Children's Mental Health Awareness press conference on Capitol Hill on May 8th. The press conference will be held by the National Federation of Families for Children's Mental Health. A video submitted by the California State Chapter will be shown to help raise awareness about children's mental health.

III. Approval of the Minutes – March 7, 2008

Motion made by Cindy Charron and seconded by Ana Espana to accept the minutes of the March 7, 2008 Commission meeting as presented. The motion **passed** unanimously.

IV. Report from the Chair

- ♦ Membership Changes:
 - Vicki Devine joined the staff of the Commission last month as the Secretary, and now the Commission is now fully staffed. A big “Thank You” to Harold Randolph who has done an outstanding job filling in for the past six months until the Executive Director and Secretary Position was filled.
- ♦ Bi-Annual Retreat planning is underway – The date for this event is June 20th from 11:00-4:00 and lunch will be provided. The retreat will be held at the NTC Promenade (see blue flyer in your handout packet for address and RSVP information). The San Diego County Report Card on Children and Families will be utilized in our discussions. This retreat will set focus areas for the Commission and its Committees for the next two years.
- ♦ Tonya Torosian has been meeting with many Commission Members to talk about their experiences with the Commission, past retreats, and current community issues.
- ♦ Executive Committee Motions – The Executive committee made and approved a motion to accept the CCYF Ordinance and By-Laws Revisions as presented. This motion was made and approved at the March 21, 2008 meeting.
- ♦ The Executive Committee discussed the draft letter to Mental Health Services and made a motion to revise the letter to include a school based plan and chart showing schools and CBOs as discussed at the September/November CCYF meetings. This motion was made and approved at the March 21, 2008 meeting.
- ♦ At the March 21, 2008 Executive Committee meeting, the committee made a motion and approved to accept the amended recommendations to the California Child Welfare Council that had been suggested at the March 2008 CCYF Meeting.
- ♦ Revision to Commission Ordinance and By-laws / Recommendations made at the Executive Committee meeting on March 21, 2008
 - Motion Required – After reviewing the proposed recommendations County Counsel recommended removal of Recommendation 5 on the attached document outlining the changes to the Sunset Review Bylaws and Ordinance Revisions. Deletion of this recommendation will continue to allow any action or official position to be adopted by a quorum of the full Commission. Today’s action will ratify recommendations approved by the Commissions’ Executive Committee on March 21, 2008 with the exception of changing “ratification” to “notice” in Section 84.96 (b) of the Ordinance. This action will forward recommended Ordinance and By-laws changes to the Board of Supervisors for approval and adoption.

Motion was made by Dr. Vivian Reznik and seconded by Mary Harris to approve the proposed recommendations. The motion **passed** unanimously.

- ♦ Safe Start Conference was held on March 26th and March 27th at the Marina Village Conference Center. CAPC co-sponsored this two-day event which provided exceptional training for over 200 CSF contractors, public health nurses, and other professionals.
- ♦ Stars Breakfast and Child Abuse Prevention Committee Training/Conference was held on April 28th at the Hilton Mission Bay Hotel with approximately 250 attendees. A full report will be provided during today’s Committee report.
- ♦ CCYF will sponsor the Children’s System of Care Conference on May 28th – Family Finding will be the focus of this training. Flyers were handed out for this event.

V. Committee Reports

A. Child Abuse Prevention Committee (Donna Ewing Marto)

- ♦ Ms. Ewing Marto passed out a Family Finding handout.
- ♦ Over 220 people attended the Child Abuse Prevention Committee Training/Conference. Recognition for this event included Behavioral Health, Education, Youth Leadership, Family Leadership, Justice System, Domestic Violence Prevention, Healthcare, and Law Enforcement.

Community based organizations and Social Services included District Attorney Bonnie Dumanis, Susan Golding from CAPC, and Dr. Merlyn Coop from Rady's Children's Hospital.

- ♦ Child Abuse Prevention Month in April – Over 18,000 educational items were distributed throughout the community in recognition of Child Abuse Prevention Month.
- ♦ Southern Region Coalition met in Orange County in April to discuss funds (see Harold Randolph for more information). Next meeting will be held on June 2nd in Riverside County.

B. Education Committee (Dr. Michelle Lustig)

- ♦ Dr. Lustig distributed handouts on the San Diego County Office of Education-Foster Services Program and provided an update on the work of Foster Youth Services Advisory Committee joined to the Education Committee of the Commission. Highlights included:
- ♦ Assessing programming for the next funding year pending budget information forthcoming.
- ♦ Expecting 6.5-10% funding cut for fiscal year 2008-2009 throughout the State. Due to the way they are organized, it should not affect our staffing or services for 2008-2009 year. Not sure how it will affect 2009-2010 year.
- ♦ School Success Project is being launched shortly which provides six FYS Education Liaisons in HHS regions to support the work of social workers around issues of education. This innovative intervention was created to increase educational outcomes for students in foster care.
- ♦ Foster Youth Education Summit is being held on May 5th in Sacramento. This event brings all county Foster Youth Service programs together including county teams from San Diego for a day of learning sessions covering current and promising practices in seven topic areas.

VI. Presentations

A. Foster Care Month (Ann Fox)

May is Foster Care Month. Ms. Fox passed out three handouts: Foster Parent Appreciation Banquet; Options for Recovery; It takes a Community...It takes You – Be a Foster Parent. San Diego County has over 1600 foster homes that care at any given time between 2500 to 3000 children. There are five foster parent associations in our county who provide trainings, meetings and support groups for our foster parents. San Diego County also has a collaborative relationship with Grossmont College Foster Kinship Care Educational Program. A Foster Care Mentor Program was developed three years ago where each of the five associations establishes foster care mentors who can reach out to foster care parents who are experiencing problems with the systems or placement. A toll-free information line has been set up for any questions pertaining to foster care. The phone number is (877) 792-KIDS. Three main events are planned for Foster Care Month:

- ♦ Foster Family Appreciation Banquet – Honoring San Diego County Foster Parents - Friday, May 9th at the Handlery Hotel & Resort.
- ♦ Day at the Game – Purchased 100 tickets for foster families to attend an Aztec Game at San Diego State College.
- ♦ Options For Recovery Training on Identifying Children Who Have Been Exposed to Trauma: Infant Mental Health and Early Intervention Coming Together – May 30th at Handlery Hotel & Resort.

B. Cal Western School of Law (Dr. Vivian Reznik, Professor Linda Morton, Kellie Delaney, Jessica Antonel)

Dr. Reznik introduced Professor Linda Morton who has partnered with Dr. Reznik to train and supervise law students in a new college course on Problem Solving and Prevention in Healthcare. The goal of this course is to have students experience the role of problem solver in a broader community public health context, and in so doing, learns to collaborate with other disciplines and experience the intrinsic rewards of pro bono work, as well as learn more about problem solving processes and public health work. Copies of two projects chosen this year by law students were handed out. Two law students, Kellie Delaney and Jessica Antonel, gave an overview of their reports listed below, and discussed their problems, approaches, solutions, challenges and Action Plan:

- ♦ “Best Interest of the Child” – Presented by Kellie Delaney
- ♦ “Creatively Approaching the Problem of Newborn Abandonment in the Context of the Safely Surrendered Baby Law” – Presented by Jessica Antonel

VII. Additional Business

A. Mental Health Services Act Prop. 63 (Dr. Philip Hanger)

The following handouts were distributed and discussed:

- ♦ MHSА Prevention Early Intervention – Community Input Summary
- ♦ Mental Health PEI – Summary of Community Input
- ♦ MHSА PEI Planning Matrix – Initial Workgroup DRAFT – 10 different focus areas have been identified: Veterans & Their Families; Community & Domestic Violence; Rural East, North Inland & Mountain Communities; Native American Communities; Early Childhood Services (0-5); Children/Adolescent School-Aged Services; First Break of Mental Illness; Co-Occurring Conditions; Older Adult Services; Primary (Universal) and Secondary Prevention Services.

Many comments and concerns were discussed on the focus areas chosen. Dr. Hanger mentioned that the state guidelines require that in our plan in the Statement of Works we must address the underserved population which the state identified as Native American, Asian Pacific Islander, African American, LGBTQ, Latino and Refugee Immigrants. Dr. Hanger mentioned that the Matrix is still in draft form and that comments are still open. Comments may be sent to MHSА Comment/ Question Line at 619-584-5063, toll-free at 888-977-6763 or e-mail MHSProp63.HHSA@sdcounty.ca.gov.

B. Mental Health Services Act (MHSА) Prop. 63 Prudent Reserve (Dr. Philip Hanger)

A 30-day public review and comment period is required per State law for the County to establish a MHSА prudent reserve to serve children, adults and seniors during years in which MHSА revenues are insufficient. The review period begins on April 9, 2008 and will end on May 8, 2008. The State requires that the prudent reserve be funded at 50% of the annual Community Services and Supports funding level as of July 2010. The 50% funding level target is currently \$18.1 million but is anticipated to increase. The County proposes dedication \$5.7 million towards the local reserve from restricted funds that must be approved and reserved by June 30, 2008 to avoid reverting dollars to the State. Comments may be sent to the MHSА Comment/Question Line at 619-584-5063, toll-free at 888-977-6763 or e-mail at MHSProp63.HHSA@sdcounty.ca.gov.

C. Workforce Education and Training (WET) Needs Assessment Update (Dr. Philip Hanger & Linda Tarke)

The Academy of Professional Excellence did a “Needs Survey” in our community to gather information of current community mental health workforce and needs and recommendations to move forward. This information is being presented to the community in the months of May and June to gather input. Ms. Linda Tarke from the Academy provided handouts and gave an overview on the MHSА Workforce Education & Training Summary of WET Assessment Process. The primary focus on the Workforce Education & Training component is to develop a workforce that represents the consumers that are receiving these services to make sure it is meeting the needs of the people being served. Currently \$8 million has been allocated to the County of San Diego, and another \$8 million expected to be allocated this summer totaling \$16 million to be used over a period of ten starting two years ago. Key findings have shown a shortage in all areas including staffing and licensed positions and not enough diversity, salaries not commensurate with community, and more. They are now in the process of prioritizing the recommendations. A report will be coming out shortly on Specific Strategies by Position. For more information or comment you can contact Linda Tarke at LTarke@projects.sdsu.edu

VIII. Additional Business and Announcements

- ♦ Christine Lafontant passed out handouts on the Recreation RX Spring Valley Pilot Program which should be starting in June. This is collaboration between the County of San Diego Department of Parks and Recreation, the Network for a Healthy California, Grossmont Spring Valley Health

Center, and the San Diego Commission on Children, Youth and Families to help connect local clinics with their local parks and recreation programs and facilities. The pilot program will start in Spring Valley and has three recreation sites. These recreation centers will provide free and/or low cost activities for patient's ages 5-17 given a Recreation Rx. With the prescription, fee-based activities with the "Recreate" logo will be available for a co-payment of only \$5.00. Benefits for these patients include physical activity to help reduce high blood pressure and other medical conditions, helps maintain a healthy body weight, and will help the patient develop a better relationship with their physician and learn more

IX. Adjournment

The meeting was adjourned at 3:50 p.m.

Respectfully submitted,

Written by Vicki Devine