



Mel K. age 49

**Mel left Edgemoor in 2005 and
now lives in the community**

In his Own Words:

It was a lot more positive than I thought. At first, you don't think it is what you want—to go to a nursing home. But, I made friends and the nurses and RT (Recreational Therapy staff) became like family. If I wasn't here, I wouldn't have met some people who are my best friends. I wouldn't have chosen what happened to me, but I made the best of it. I look around—it could have been worse. When you see people worse off than you, you see it could have been much worse. You look at disabled people differently when you are disabled, and people look at you differently, too.

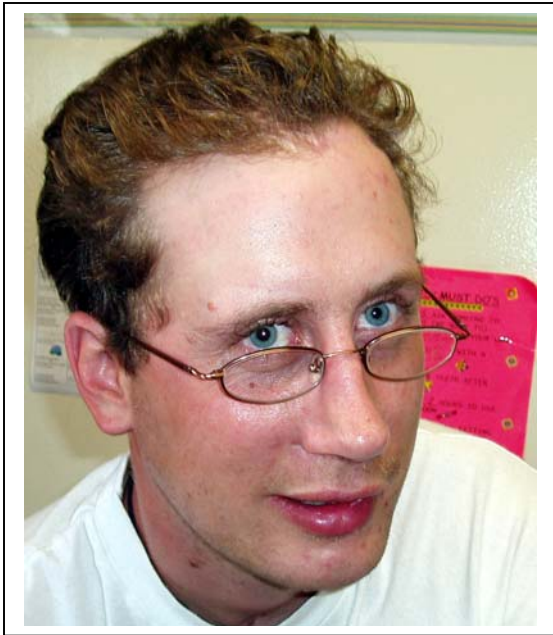


Vernus B. Age 39

Vernus left Edgemoor in 2005 and now lives in the community

In his Own Words:

I came to Edgemoor twice and each time I went back to the community. I didn't want to be in a convalescent home in Santee, but I made friends, adjusted and it became my home. The doctors and staff were all clicking, all pitching in. All days weren't good, but most days were good.



**Josh M. Age 30
Discharged from Edgemoor
August 2005**

In his Own Words:

Edgemoor Hospital has helped me out in my rehabilitation as a human and getting better as a person. Everything Luis (Edgemoor Physical Therapy

Assistant) does for Physical Rehabilitation also affects emotional rehabilitation. I recommend this hospital to anybody that is willing to accept help. I've been here for 7 months, always looking forward to leaving. Now is the time for me to leave and help others move on. I'll miss everyone here. I attribute my success to Edgemoor: the people. What's helped me out are tapes my mom gave me and some music I listen to, especially the meaning in the lyrics: "I want to know the truth and no more lies."