

**CENTRAL**

**NON-RESIDENTIAL SERVICES**

CRASH – Options for Recovery (**Women/Children**)  
5605 El Cajon Boulevard  
San Diego, CA 92115 (619) 229-8201

MHS – Mid-Coast Regional Recovery Center  
3340 Kemper Street, Suite 105  
San Diego, CA 92110 (619) 523-8121

MHS – Harmony Women’s Recovery Center  
6154 Mission Gorge Road, Suite 120  
San Diego, CA 92120 (619) 285-1718

Catholic Charities, Inc.  
Rachel’s Women’s Center (**Women**)  
759 Eighth Avenue  
San Diego, CA 92101 (619) 696-0873

CRASH – Tim Huddleston Regional Recovery Center  
220 N. Euclid Avenue, Suite 120  
San Diego, CA 92114 (619) 263-6663

Stepping Stone (**Gay/Lesbian emphasis**)  
3969 Fourth Avenue Suite 208  
San Diego, CA 92103 (619) 295-3995

Union Pan Asian Communities  
3288 El Cajon Boulevard, Suite 13  
San Diego, CA 92104 (619) 521-5720

MHS – Central East Regional Recovery Center  
6244 El Cajon Boulevard, Suite 15  
San Diego, CA 92115 (619) 287-8225

MHS – Central North Regional Recovery Center  
6693 Convoy Court  
San Diego, CA 92111 (858) 505-0228

UCSD Co-Occurring Disorders Program  
140 Arbor Drive  
San Diego, CA 92103 (619) 497-6692

**RESIDENTIAL SERVICES**

VOA – Amigos Sobrios (**Men**)  
741 11th Avenue  
San Diego, CA 92101 (619) 232-7754

MAAC Project – Casa de Milagros (**Latina Women**)  
1127 South 38th Street  
San Diego, CA 92113 (619) 262-4002

Crossroads (**Women**)  
3594 Fourth Avenue  
San Diego, CA 92103 (619) 296-1151

CRASH – Short Term II (**Women**)  
2410 E Street  
San Diego, CA 92102 (619) 234-3346

CRASH – Bill Dawson Residential Recovery Program  
(**Men/Women**)  
726 F Street, 2<sup>nd</sup> Floor  
San Diego, CA 92101 (619) 239-9691

Heartland House (**Men**)  
5855 Streamview Drive  
San Diego, CA 92105 (619) 287-5460

**CENTRAL (continued)**

House of Metamorphosis (**Men/Women**)  
2970 Market Street Intake (619) 236-9217  
San Diego, CA 92102 (619) 236-9492

Pathfinders (**Men**)  
2980 Cedar Street  
San Diego, CA 92102 (619) 239-7370

CRASH – Short Term I (**Men**)  
4161 Marlborough Avenue  
San Diego, CA 92105 (619) 282-7274

Stepping Stone (**Gay/Lesbian emphasis**)  
3767 Central Avenue  
San Diego, CA 92105 (619) 584-4010

Tradition One (**Men/Women**)  
4104 Delta Street  
San Diego, CA 92113 (619) 264-0141

Turning Point (**Women**)  
1315 25th Street  
San Diego, CA 92102 (619) 233-0067

Veteran’s Village of San Diego (**Men/Women**)  
4141 Pacific Highway  
San Diego, CA 92110 (619) 497-0142

Way Back, The (**Men**)  
2516 A Street  
San Diego, CA 92102 (619) 235-0592

**DETOXIFICATION**

Volunteers of America  
120 Elm Street  
San Diego, CA 92101 (619) 232-9343

**JUSTICE PROGRAMS**

SDSU Central District DUI Program  
9245 Sky Park Court, Suite 101  
San Diego, CA 92123 (858) 467-6810

MHS – Serial Inebriate Program (SIP)  
3340 Kemper Street, Suite 105  
San Diego, CA 92110 (619) 523-8121

MHS-East County Center for Change-Adult Drug Court  
545 Magnolia Avenue  
El Cajon, CA 92020 (619) 579-0947

Volunteers of America – Sobering Center  
101 16<sup>th</sup> Street  
San Diego, CA 92101 (619) 232-9343

MITE – PC 1000, Central  
3954 Murphy Canyon Road, Suite D-202  
San Diego, CA 92123 (858) 505-8031

MHS-San Diego Center for Change – Adult Drug Court  
3340 Kemper Street, Suites 101 & 209  
San Diego, CA 92110 (619) 758-1433

**CENTRAL (continued)**

**PREVENTION & EDUCATION SERVICES**

Collaboration for Economic and Social Change  
Palavra Tree  
1212 South 43rd Street, Suite C  
San Diego, CA 92113 (619) 263-7768

Mid-City for Youth  
Social Advocates for Youth, Inc.  
5348 University Avenue  
San Diego, CA 92105 (619) 582-9056

North City Prevention Coalition  
Social Advocates for Youth, Inc.  
4340 Genesee Avenue, Suite 201  
San Diego, CA 92123 (858) 974-3603

**EAST**

**NON-RESIDENTIAL SERVICES**

MITE – East County Regional Recovery Center  
1365 North Johnson Avenue, Suite 111  
El Cajon, CA 92020 (619) 440-4801

Vista Hill Foundation (**Women/Children**)  
ParentCare Family Recovery Center  
4990 Williams Avenue  
La Mesa, CA 91941 (619) 698-1663

MHS – Pegasus East  
7841 El Cajon Boulevard, Suites B & C  
La Mesa, CA 91941 (619) 697-2388

Southern Indian Health Council – La Posta Substance  
Abuse  
Center  
8 Crestwood Place  
Boulevard, CA 91905 (800) 400-1189

**RESIDENTIAL SERVICES**

Freedom Ranch (**Men**)  
1777 Buckman Springs Road  
Campo, CA 91906 (619) 478-5696

MITE – KIVA, East Wing (**Women/Children**)  
(Accepts women with children up to age 12)  
2049 Skyline Drive  
Lemon Grove, CA 91945 (619) 465-7303

MITE – Options Learning Center, West Wing  
(**Women/Children**)  
2049 Skyline Drive  
Lemon Grove, CA 91945 (619) 465-7303

VOA Sobriety House (**Men/Women**)  
9980 Hawley Road  
El Cajon, CA 92020 (619) 561-9808

**DETOXIFICATION**

McAlister Institute  
(Call for location.) (619) 440-4801

**EAST (continued)**

**JUSTICE PROGRAMS**

ECS – East County Accord DUI Program  
7474 El Cajon Boulevard  
La Mesa, CA 91941 (619) 741-8147

MITE – PC 1000, East County  
1365 North Johnson Avenue, Suite 111  
El Cajon, CA 92020 (619) 440-4801, x107

East County Center for Change- Adult Drug Court  
545 Magnolia Avenue  
El Cajon, CA 92020 (619) 579-0947

MITE – Pregnant Inmate& Parenting Program (**Women**)  
1400 North Johnson Avenue, Suite 101  
El Cajon, CA 92020 (619) 442-0277, x101

East County Community Change Project  
Institute for Preventive Strategies (IPS)  
131 Avocado Avenue  
El Cajon, CA 92020 (619) 457-9607

**PREVENTION PROGRAMS**

East County Community Change Project  
Institute for Public Strategies (IPS)  
131 Avocado Avenue  
El Cajon, CA 92020 (619) 457-9607

**To obtain specific information about services offered,  
call programs directly.  
For other information, call the Access and Crisis Line  
at 1 (800) 479-3339.**

Programs are organized by region; however,  
**SERVICES MAY BE SOUGHT AT ANY  
LOCATION.**

*All programs listed in this pamphlet (except DUI and PC  
1000 programs) receive funding by contract with the County  
of San Diego Alcohol and Drug Services to provide  
prevention, treatment, and recovery services. Except as  
restricted by State licensing regulations, services are provided  
without discrimination on the basis of age, sex, race,  
disability, or ability to pay. Client fees are waived for Medi-  
Cal eligible persons participating in Medi-Cal certified  
services (except for required share of cost).*

**NORTH****NON- RESIDENTIAL SERVICES**

MHS – Family Recovery Center (**Women/Children**)  
1100 Sportfisher Drive  
Oceanside, CA 92054 (760) 439-6702

MHS – Kinesis North  
474 West Vermont Avenue, Suite 102  
Escondido, CA 92025 (760) 480-2255

MHS – Options For Recovery (**Women/Children**)  
1010 East Vista Way, Suite F  
Vista, CA 92083 (760) 726-2656

MITE – North Coastal Regional Recovery Center  
2821 Oceanside Boulevard  
Oceanside, CA 92054 (760) 721-2781

MHS – North Inland Regional Recovery Center  
620 North Ash Street  
Escondido, CA 92027 (760) 741-7708

MHS – North Rural Regional Recovery Center  
323 Hunter Street  
P.O. Box 373  
Ramona, CA 92065 (760) 788-6246

MHS – Pegasus West  
1701 Mission Avenue, Suite A  
Oceanside, CA 92058 (760) 967-4475

Serenity Too (**Women/Children**)  
130 S. Fig Street  
Escondido, CA 92025 (760) 741-5098

Indian Health Council, Inc. – Many Nations in Recovery  
50100 Golsh Road  
Valley Center, CA 92082 (760) 749-1410

**RESIDENTIAL SERVICES**

Alpha Project – Casa Raphael  
993 Postal Way  
Vista, CA 92083 (760) 630-9922

MHS – Family Recovery Center (**Women/Children**)  
(Accepts women with children up to age 10)  
1100 Sportfisher Drive  
Oceanside, CA 92054 (760) 439-6702

Fellowship Center (**Men**)  
737 East Grand Avenue  
Escondido, CA 92025 (760) 745-8478

Serenity House & Serenity Center (**Women/Children**)  
(Accepts women with children up to age 5)  
1341 N. Escondido Boulevard  
Escondido, CA 92025 (760) 741-5098

**DETOXIFICATION**

McAlister Institute (**Men/Women**)  
(Call for location.) (760) 721-2781

Fellowship Center (Men)  
737 East Grand Avenue  
Escondido, CA 92025 (760) 745-8478

**NORTH (continued)****JUSTICE PROGRAMS**

MITE – PC 1000, North County  
2821 Oceanside Boulevard  
Oceanside, CA 92054 (760) 721-2743

MH –North County Center for Change–Adult Drug Court  
504 West Vista Way  
Vista, CA 92083 (760) 940-1836

Occupational Health Services DU I Program  
1050 Los Vallecitos Boulevard, Suite 109  
San Marcos, CA 92069 (760) 752-5300

**PREVENTION & EDUCATION SERVICES**

North Inland Community Prevention Program (NICPP)  
Mental Health Systems, Inc.  
12344 Oak Knoll Road, Suite C-1  
Poway, CA 92064 (858) 391-9303

San Dieguito Alliance for Drug-Free Youth  
4691 Cypress Glen  
San Diego, CA 92130 (619) 755-6598

Tri-City Prevention Collaborative  
Vista Community Clinic  
1000 Vale Terrace  
Vista, CA 92084 (760) 407-1220, x150

**SOUTH****NON-RESIDENTIAL SERVICES**

MITE Mujer Project (**Latina Women**)  
2345 East 8<sup>th</sup> Street, Suite 110  
National City, CA 91950 (619) 475-8522

MHS – South Bay Dual Recovery Center  
1105 Broadway, Suite 207  
Chula Vista, CA 91911 (619) 425-5609

MITE – Options for Recovery, South Bay Women’s  
Recovery Center (**Women**)  
251 Palomar Street, Suite A  
Chula Vista, CA 91911 (619) 498-0908

MITE – South Bay Regional Recovery Center  
1180 Third Avenue, Suite 3  
Chula Vista, CA 91911 (619) 691-8164

**RESIDENTIAL SERVICES**

Nosotros (**Latino Men**)  
73 N. Second Avenue, Building B  
Chula Vista, CA 91910 (619) 426-4801

**JUSTICE PROGRAMS**

MITE – PC 1000, South Bay  
1180 Third Avenue, Suite 3  
Chula Vista, CA 91911 (619) 691-8164

MAAC Project DUI Program  
1355 Third Avenue  
Chula Vista, CA 91911 (619) 409-1780

MHS–South County Center for Change-Adult Drug Court  
1515 Palm Avenue, Suite A  
San Diego, CA 92154 (619) 429-4117

**SOUTH (continued)****PREVENTION & EDUCATION SERVICES**

South Bay Community Change Project  
Institute for Public Strategies  
590 Third Ave., Suite 204  
Chula Vista, CA 92108 (619) 476-9100

**COUNTYWIDE****CASE MANAGEMENT**

CalWORKS Case Management (619) 224-1673  
ParentCare Perinatal Case Management (619) 668-4260

**SPECIAL SERVICES**

MITE – Signs of Life (**Deaf, Hard of Hearing, Late Deafened**)  
3969 Fourth Ave, Suite 203 (Voice) (619) 692-0441  
San Diego, CA 92103 (TTY) (619) 692-0471

Jewish Family Service (HIV Counseling and Testing Services)  
8804 Balboa Avenue, Suite 164  
San Diego, CA 92123 (858) 637-3020

**JUSTICE PROGRAMS**

MHS – Parolee Partnership Program  
2535 Camino Del Rio South, Suite 230  
San Diego, CA 92108 (619) 220-7090

**PREVENTION & EDUCATION SERVICES**

Responsible Hospitality Coalition  
Institute for Public Strategies  
13753 Recuerdo Drive  
Del Mar, CA 92014 (858) 793-1585

San Diego County Office of Education  
Friday Night Live/Club Live  
6401 Linda Vista Road (619) 718-6667  
San Diego, CA 92111 (619) 718-6668

Telesis II of California, Inc.  
Evaluation and Workplace Project  
409 Camino Del Rio South, Suite 205  
San Diego, CA 92108 (619) 497-0193

Policy Panel/ Binge and Underage Drinking Initiative  
6505 Alvarado Road, Suite 205  
San Diego, CA 92120 (619) 594-3384

Mid-City for Youth  
Social Advocates for Youth  
5348 University Avenue  
San Diego, CA 92105 (619) 283-9624

**SCREENING & INTERVENTION**

CA Screening, Brief Intervention, Referral and Treatment (CASBIRT)  
San Diego State University – Research Foundation  
6386 Alvarado Court, Suite 224  
San Diego, CA 92120 (619) 229-5038

# County of San Diego Health and Human Services Agency

**ALCOHOL and DRUG SERVICES**

3255 Camino del Rio South  
San Diego, CA 92108  
(619) 584-5007

<http://www.sdads.org>

**Access & Crisis Line**  
**1 (800) 479-3339**

*Mission Statement:*

*Lead the County of San Diego in  
reducing alcohol and other drug  
problems through community  
engagement*

## DIRECTORY OF ADULT SERVICES