



COUNTY OF SAN DIEGO

MEDIA ADVISORY

FOR IMMEDIATE RELEASE

March 26, 2008

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FREE EXPO SERVES SPECIAL NEEDS KIDS

Unique event focuses on health, physical activity opportunities for disabled children

- WHAT:** Over 300 special needs children, young adults, their families and the health professionals who work with them are expected to attend a first-of-its-kind recreation and wellness event that serves this unique population with physical or mental disabilities and other medical conditions. The [Recreation & Wellness Expo](#) is a FREE event that aims to identify opportunities for children and young adults with special needs and will feature demonstrations, hands-on activities, physical fitness opportunities, healthcare information, advocacy and referral, equipment vendors, and much more!
- WHO:** County of San Diego HHS California Children Services (CCS) Medical Therapy Unit Staff
California State University San Marcos, Nu Upsilon Honor Society
Children and young adults with various disabilities and their families
Over 40 programs representing health, wellness, adaptive sport/recreation and community-based organizations
- WHEN:** 3:00 pm – 7:00 pm
Wednesday, April 2, 2008
- WHERE:** California State University San Marcos
Clarke Field House/University Student Union
333 Twin Oaks Valley Road, San Marcos
(Free parking; drop off area available)
- WHY:** Health and wellness opportunities are critical for the optimal physical and mental development of children and young adults. This is equally if not more important for those with special needs. There is an increasing demand for services, products and recreational opportunities, particularly for families in North San Diego County. [California Children Services](#), a program administered by the County of San Diego Health and Human Services Agency, has partnered with California State University San Marcos, [Nu Upsilon Honor Society](#) to host this important event.
- VISUALS:** Therapy dogs; activities such as: hand cycles, wheelchair basketball and bocce ball. CCS therapists, CSUSM representatives, students, vendors, and children and their families will be available for interviews.

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