



COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE RELEASE: September 9, 2009 CONTACT: Tom Christensen (619) 515-6535

H1N1 INFLUENZA WEEKLY UPDATE

The County of San Diego Health and Human Services Agency (HHS) is reporting no additional deaths associated with the pandemic H1N1 Influenza virus.

San Diego County has had 256 hospitalized cases of pandemic H1N1 Influenza to date. There have been 21 deaths of San Diego County residents associated with H1N1, plus three deaths of non-residents.

You are encouraged to stay home from work or school if you have influenza-like illness or symptoms similar to the seasonal flu which include fever, cough, sore throat, body aches, headache, chills and fatigue. It is recommended that you stay home for at least 24 hours after your fever is gone without the use of fever-reducing medicine.

Individuals with underlying medical conditions experiencing influenza-like illness or symptoms should contact their primary care physician in a timely manner.

For additional information on pandemic H1N1 influenza visit www.sdcounty.ca.gov or www.cdc.gov or call 2-1-1 San Diego.

EDITOR'S NOTE: Beginning with the September 9 H1N1 Weekly Update, the County of San Diego will no longer report H1N1 confirmed case counts. Instead, H1N1 cumulative hospitalizations will be reported together with H1N1 associated deaths. This is in alignment with reporting by the California Department of Public Health and the Centers for Disease Control and Prevention. The County of San Diego website will be updated weekly with total hospitalizations and deaths.

For updates, please follow the County of San Diego Health and Human Services Agency by clicking below on Twitter, Facebook and YouTube.

