



# COUNTY OF SAN DIEGO NEWS RELEASE

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**CONTACT:** Tom Christensen (619) 515-6535

**NORTH COUNTY HIGH TECH MIDDLE SCHOOL CONTACT:** Susan Battistuz at (760) 759-2752

## **CHILD AT SAN MARCOS SUMMER PROGRAM DIAGNOSED WITH WHOOPING COUGH**

An 11-year-old child who attended a summer program at North County High Tech Middle School in San Marcos has been diagnosed with pertussis, commonly known as whooping cough. The child attended the program from July 6 to 17.

The San Diego County Health and Human Services Agency is working closely with program staff to notify the parents of all children who may have come into contact with the ill child.

Named for the "whoop" sound children and adults sometimes make when they try to breathe in during or after a severe coughing spell, whooping cough usually starts with flu-like symptoms, such as runny nose, sneezing, fever and a mild cough. These symptoms may be mild and brief, or last up to two weeks, but are often followed by severe coughing fits that may be associated with vomiting. Fever, if present, is usually mild. It is treatable with antibiotics.

Whooping cough can occur at any age, but infants and young children are at highest risk of life-threatening complications, the most common of which is pneumonia. In adolescents and adults, rib fractures and difficulty sleeping may occur. Anyone who is not immunized is at a higher risk for severe whooping cough.

It is recommended that children get five doses of DTaP vaccine, one dose at 2 mo., 4 mo., 6 mo., 15-18 mo., and 4-6 years of age. It is also recommended that people 11- 64 years of age receive a one-time dose of Tdap, given in place of a "tetanus booster," which is administered every 10 years.

There have been 75 cases of whooping cough in San Diego County this year. In 2008, there were 51.

For more information about whooping cough, please call the HHSA Immunization Branch at (619) 692-8661, or visit the web site at [www.sdiz.org](http://www.sdiz.org).

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