



COUNTY OF SAN DIEGO

NEWS RELEASE

FOR IMMEDIATE RELEASE: July 9, 2009

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COUNTY HEALTH AND HUMAN SERVICES AGENCY REPORTS FIFTH H1N1 INFLUENZA-RELATED DEATH *Media Availability Today from 1-3 p.m.*

A 36 year-old male is the fifth death associated with the Novel H1N1 Influenza virus in San Diego County, the Health and Human Services Agency (HHSA) confirmed today. The individual has underlying health issues and died on Saturday, July 4th.

Dr. Wilma Wooten, M.D., M.P.H., San Diego County Public Health Officer will be available to provide more information today from 1-3 p.m.

“We want to send our thoughts and sympathies to the family of this individual,” said Wooten. “We again remind all San Diego County residents to continue to be vigilant about using common-sense steps to prevent the spread of this flu by covering their coughs and sneezes, washing their hands frequently and properly and, most importantly, staying home if they are sick.

“The pandemic H1N1 Influenza virus is widespread throughout our community. It’s not uncommon that the virus will be seen in congregate situations like camps, long-term care facilities or other places where large numbers of people reside or gather.”

The public is also encouraged to stay home from work or school if they have influenza-like illness or symptoms similar to the seasonal flu which include fever, cough, sore throat, body aches, headache, chills and fatigue.

“If an individual with underlying medical conditions is experiencing influenza-like illness or symptoms, they should contact their primary care physician in a timely manner,” added Wooten.

For additional information on pandemic H1N1 influenza visit www.sdcounty.ca.gov or www.cdc.gov or call 2-1-1 San Diego.

EDITOR’S NOTE: After today’s announcement, the County of San Diego will begin issuing H1N1-related death updates once a week, when new information warrants. The County’s web site will continue to be updated daily with confirmed case counts.

For updates, please follow the County of San Diego by clicking below on Twitter, the County’s Web site, Facebook and YouTube.

