



COUNTY OF SAN DIEGO NEWS RELEASE

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FOURTH DEATH ASSOCIATED WITH H1N1 INFLUENZA CONFIRMED BY COUNTY HEALTH AND HUMAN SERVICES AGENCY *Media Availability Today from 1-3 p.m.*

A 50 year-old female is the fourth death associated with the Novel H1N1 Influenza virus in San Diego County, the Health and Human Services Agency (HHS) confirmed today.

Dr. Wilma Wooten, M.D., M.P.H., San Diego County Public Health Officer will be available to provide more information today from 1-3 p.m.

“This is an unfortunate incident. Our thoughts are with the friends and family of this individual,” said Wooten.

“It’s particularly important for individuals with underlying medical conditions to see their primary care physician in a timely manner if they are experiencing influenza-like illness or symptoms,” added Wooten. The public is also encouraged to stay home from work or school if they have influenza-like illness or symptoms similar to the seasonal flu which include fever, cough, sore throat, body aches, headache, chills and fatigue.

Residents are also encouraged to take the following precautions:

- Covering mouth when coughing, sneezing or blowing nose
- Washing hands frequently and properly

“These routine precautions can go a long way in protecting your health and the health of those around you,” explained Wooten.

As of July 7, the California Department of Health reports 1,658 cases of H1N1 Influenza, including 23 deaths. San Diego County has 531 confirmed H1N1 cases and four deaths as of July 7, 2009.

For additional information on H1N1 influenza visit www.sdcounty.ca.gov or www.cdc.gov or call 2-1-1 San Diego.

For updates, please follow the County of San Diego by clicking below on Twitter, the County’s Web site, Facebook and YouTube.

