



# COUNTY OF SAN DIEGO NEWS RELEASE

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## **UPDATE ON MEASLES OUTBREAK**

### **HEALTH OFFICIALS CONFIRM 10-MONTH OLD HAS MEASLES No Risk of Infection at Any of the Facilities Associated with Outbreak**

The County of San Diego Health and Human Services Agency (HHSA) has confirmed a sixth case of measles related to last week's outbreak. Four additional suspect cases are being investigated.

A 10-month infant, who required hospitalization, has tested positive for measles. The child is believed to have contracted measles at the Children's Clinic in La Jolla, where the first measles patient received care. The child attended the Baldwin Academy daycare in Pacific Beach and is enrolled at the Murray Callan Swim School, also in Pacific Beach.

Public Health officials have informed parents with children at the daycare, the swim school, and the doctor's office of their children's possible exposure to measles.

The following is a list of confirmed and pending measles cases and the site where infection may have occurred:

**Cooperative Charter School:**

4 Confirmed (7 yrs, 9 yrs, 7 yrs)—(3-year old sibling of original case does not attend the school)  
2 Pending (6 years, 8 years)

**Children's Clinic in La Jolla:**

2 Confirmed (11-month old, 10-month old)  
2 Pending (2 ½ year old, 11-month old)

Health officials would like to remind the public that there is no longer any risk of contracting the infection at any of the facilities associated with this measles outbreak.

The best way to prevent measles is by getting the MMR (measles, mumps and rubella) vaccine. Children should receive the first dose at 12 months of age, and a second dose between ages 4-6.

Measles causes a high fever, cough, runny nose and watery eyes, followed by a rash; symptoms usually last for one to two weeks. The disease is contagious from four days before the rash appears to four days afterwards. The rash begins on the face and head then proceeds downward and outward to the hands and feet. It fades in the same order it began, from head to feet.

For more information about measles, other vaccine-preventable diseases and the shots that protect against them, please call the HHSA Immunization Branch at (619) 692-8661 or visit the website at [www.sdiz.org](http://www.sdiz.org).

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**(Editor's Note: Dr. Wilma Wooten is available for interviews from 3:00-5:00 p.m.)**