



# COUNTY OF SAN DIEGO

# NEWS RELEASE

FOR IMMEDIATE RELEASE  
November 26, 2003

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## MEDIA ADVISORY

### **VOLUNTEERS MAKE THANKSGIVING SPECIAL FOR AREA SENIORS** *County's MOMEals Program to Deliver 1,500 Free Hot Turkey Dinners*

- WHO:** Dozens of volunteers with MOMEals delivering a holiday meal and cheer to homebound seniors
- WHAT:** Delivery of more than 1,500 hot turkey dinners with all the trimmings to homebound seniors throughout the county. Each MOMEals volunteer also brings a colorful placemat made by local school children, plus a carnation.
- WHEN:** 9:15 to 9:45 a.m. Thanksgiving morning, Nov. 27 (NOTE BRIEF TIME PERIOD)  
Volunteers move quickly in and out of the site to get on the road for deliveries.
- WHERE:** Various sites throughout San Diego County, but ride-along available at Catholic Charities Senior Nutrition Program, 8235 Mount Vernon St., Lemon Grove.
- WHY:** Many homebound seniors would have no holiday celebration without the caring of volunteers who brighten their Thanksgiving day. MOMEals, a service of the San Diego County Health and Human Services Agency Aging & Independence Services, fills an important gap in meal-delivery services with this program.

**To set up a photo or ride-along, call Denise Nelesen.**