



COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE PUBLICATION

Nov. 23, 2005

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MEDIA ADVISORY

VOLUNTEERS TO MAKE THANKSGIVING SPECIAL FOR AREA SENIORS *County's MOMEals Program to Deliver 1,400 Free Hot Turkey Dinners*

- WHO:** Dozens of MOMEals volunteers delivering a holiday meal and cheer to homebound seniors
- WHAT:** Delivery of more than 1,400 hot turkey dinners with all the trimmings to homebound seniors throughout the county. Each MOMEals volunteer also brings a colorful placemat made by local school children, plus a carnation.
- WHEN:** 9 a.m. Thanksgiving morning, Nov. 24 (NOTE BRIEF TIME PERIOD)
(Volunteers at center from 9 to 9:30 a.m., leaving promptly at 9:30 a.m.)
- WHERE:** National City Nutrition Center (Morgan Towers)
1415 D Ave., National City, 91950
- WHY:** Many homebound seniors would have no holiday celebration without the caring of volunteers who brighten their Thanksgiving day. MOMEals, a service of the San Diego County Health and Human Services Agency (HHSA) Aging & Independence Services, fills an important gap in meal-delivery services with this program.

To set up a photo or ride-along opportunity, call the contact person listed above.

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