



# COUNTY OF SAN DIEGO

# NEWS RELEASE

FOR IMMEDIATE RELEASE

November 24, 2004

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## MEDIA ADVISORY

### **VOLUNTEERS MAKE THANKSGIVING SPECIAL FOR HOMEBOUND SENIORS** *County's MOMEals Program to Deliver 1,500 Free Holiday Dinners*

- WHO:** Dozens of *MOMEals* volunteers who deliver hot holiday meals and cheer to homebound seniors
- WHAT:** *MOMEals* volunteers deliver more than 1,500 turkey dinners with all the trimmings to homebound seniors throughout the County. Along with the meal, the homebound individual also receives a carnation, and a colorful placemat made by local school children.
- WHEN:** 10:00 to 10:30 a.m. Thanksgiving morning, Nov. 25 (NOTE BRIEF TIME PERIOD). Volunteers move quickly in and out of the site to get on the road for deliveries.
- WHERE:** Various sites throughout San Diego County.  
**Ride-alongs depart from All Souls' Episcopal Church, 1475 Catalina Blvd. in Point Loma** (corner of Chatsworth and Catalina).
- WHY:** Many homebound seniors would have no holiday celebration without caring volunteers, who brighten their Thanksgiving day. *MOMEals* is a service of the San Diego County Health and Human Services Agency, Aging & Independence Services, and fills an important gap in meal-delivery services.

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