



COUNTY OF SAN DIEGO NEWS RELEASE

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PUBLIC INVITED TO SHARE CONCERNS ABOUT CHILD OBESITY *“Community Conversations” Designed to Get People Involved in Solutions*

The San Diego County Health and Human Services Agency (HHS) invites the public to attend “Community Conversations” on childhood obesity at the end of May and in June.

San Diego County Board of Supervisors Chairwoman Pam Slater-Price and Fourth District Supervisor Ron Roberts are sponsoring the six events, the first of which took place May 25 in Escondido. The events are organized by the steering committee of the San Diego County Childhood Obesity Action Plan, which includes HHS, Coalition on Children and Weight San Diego, and Community Health Improvement Partners.

“We are bringing together health professionals to help us arrive at solutions that work to fight childhood obesity,” said Supervisor Slater-Price. “We look forward to hearing ideas that bring us closer to eliminating this problem.”

“Children who carry excess weight may suffer from health issues that trouble them all their lives,” said Supervisor Roberts. “As adults, it’s our responsibility to help them succeed, and live up to their greatest potential.”

The events feature local health experts who will talk about identifying barriers to healthy eating habits and exercise. Participants will work in groups to discuss individual and family strategies for weight control. A light dinner will be provided. Upcoming Community Conversations include:

- May 31 San Diego: Clairemont Friendship Center, 4425 Bannock Ave., 5:45p - 8p
- June 1 Lemon Grove: Mt. Vernon Elementary School, 8350 Mt. Vernon St., 5:45p - 8p
- June 6 San Diego: Weingart City Heights Branch Library, 3795 Fairmount Ave., 5:30p - 7:30p
- June 7 Chula Vista: HHS South Region Center, 690 Oxford St., 5:45p - 8p
- June 15 Oceanside: HHS building, 1701 Mission Ave., 5:45p - 8p

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