



COUNTY OF SAN DIEGO

NEWS RELEASE

FOR IMMEDIATE RELEASE

May 6, 2004

Contact: Denise Nelesen (858) 505-6474
On Mother's Day call: (619) 823-9319

MEDIA ADVISORY

VOLUNTEERS MAKE MOTHER'S DAY SPECIAL FOR AREA SENIORS ***MOMeals to Deliver Hot Dinners to More Than 1,000 Moms (and Dads)***

WHO: Volunteers at *MOMeals*, a home-delivered meal program through the County of San Diego Health and Human Services Agency's Aging & Independence Services program.

WHAT: Delivery of more than 1,000 hot turkey dinners with all the trimmings to homebound seniors at several sites throughout the county. Each *MOMeals* volunteer also brings flowers and a colorful placemat made by local school children.

WHEN: 9:30 a.m. on Mother's Day – Sunday, May 9
(Volunteers at center from 9:30 to 10 a.m. only, then off delivering meals)

WHERE: Catholic Charities Senior Nutrition Program,
8235 Mt. Vernon, Lemon Grove

WHY: Many homebound seniors would have no holiday celebration without the caring volunteers, who brighten their Mother's Day. *MOMeals* fill an important gap in meal-delivery services with this program.

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