



COUNTY OF SAN DIEGO

NEWS RELEASE

FOR IMMEDIATE RELEASE

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MEDIA ADVISORY

SUMMIT TO HELP LOW INCOME RESIDENTS ACHIEVE SELF-SUFFICIENCY *Free North County Event Offers Tools And Resources to Achieve Success*

WHO: Nick Macchione, Deputy Director, San Diego County Health and Human Services Agency
Robert Deegan, President, Palomar College
Up to 200 CalWORKs participants and low-income individuals

WHAT: The third annual "The Possible Dream: Making the Most of Your Future" is a FREE event for low-income individuals and includes breakfast and lunch. The summit features workshops and other information to help them expand their skills and obtain resources to provide the best for their family, and this is the first year that workshops are being offered in SPANISH as well. A lunchtime fashion show will showcase low-cost business attire, and the event will include a job fair providing an opportunity to speak directly to potential employers.

This summit is a collaborative effort of the County Health and Human Services Agency (HHSA), North County Lifeline, ACS State and Local Solutions, Interfaith Community Services, MiraCosta College, and Palomar College, to address barriers to self-sufficiency for residents of North County. Participants can still register for the summit at (760) 726-4900 in English or for Spanish speakers at (760) 414-3547.

WHEN: 8:00 a.m. to 3:45 p.m.
Saturday, April 16, 2005

WHERE: Palomar College, Student Union (off main parking lot)
1140 West Mission Road, San Marcos 92069

WHY: Surviving in today's economy can be difficult for individuals and families alike. Low-income individuals, CalWORKs participants (welfare) and Extended Opportunity Programs and Services students face many barriers in obtaining ongoing employment and moving towards self-sufficiency. The HHSA Self-Sufficiency Strategic Planning Committee in the North Coastal and North Inland Regions engages County staff and community partners in addressing these barriers.

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