



# COUNTY OF SAN DIEGO NEWS RELEASE

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## **COUNTY TO HOST FREE SUMMIT FOR LOW INCOME RESIDENTS** *Third Annual Event to Provide Tools to Achieve Financial Self-Sufficiency*

The third annual *The Possible Dream: Making the Most of Your Future* summit will offer low income residents a free opportunity to learn about employment, transportation, education, housing and financial literacy, all of which can present major barriers to those who are striving to become self-sufficient in today's tough economy. More than 200 low income individuals are scheduled to attend the summit on Saturday, April 16 at Palomar Community College, to expand their skills and obtain new resources to provide the best for their families.

"Surviving in today's economy can be difficult for anyone," said Chairwoman Pam Slater-Price, Supervisor for the third district, which includes parts of North County. "We have brought together community partners to help participants address many of the obstacles they face in providing for their families."

This annual event will feature keynote speaker Barbara Sanfilippo, an award-winning author and coach, and will offer skill-building workshops and resources centered on family, health, money, and work. A lunchtime fashion show will feature low-cost business attire, and a job fair will be held on site to offer participants an opportunity to speak directly to potential employers, pass out resumes and set up future interviews.

"This conference will provide a tremendous opportunity to our North County residents, including more than 1,500 families participating in the CalWORKs welfare-to-work program," said County Supervisor Bill Horn, whose fifth district includes most of North County. "What they learn today will assist them to become self-sufficient and serve as role models for their children."

The summit is co-hosted by the County Health and Human Services Agency (HHS), North County Lifeline, ACS State and Local Solutions, Interfaith Community Services, MiraCosta College, and Palomar College, and is a result of collaborative efforts of the HHS Self-Sufficiency Strategic Planning Committee in the North Coastal and North Inland Regions, which engages County staff and community partners in addressing barriers to employment.

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