



# COUNTY OF SAN DIEGO NEWS RELEASE

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## **PARENTING CONFERENCE HIGHLIGHTS “POSITIVE PARENTING IN A NEGATIVE WORLD”**

### ***Sixth Annual Event Features Workshops, Learning and Networking Opportunities***

The San Diego County Health and Human Services Agency Commission on Children, Youth and Families (CCYF) will sponsor the sixth annual parenting conference, “Positive Parenting in a Negative World,” 7:30 a.m. to 1 p.m. on Saturday, April 21 at the Ray and Joan Kroc Corps Community Center Theater in San Diego.

“There are many challenges in raising a child in today’s society,” said County Board of Supervisors Chairman, Ron Roberts. “This annual event gives parents and caregivers a chance to learn parenting tips from experts and share experiences with others. It’s a fun but educational day that will undoubtedly be worthwhile for parents and caregivers in San Diego County.”

The conference will feature three presentations as well as exhibits and a door prize drawing. The conference provides a great opportunity for parents and caregivers to learn new skills and increase their understanding of child and youth development, tailored to our current social climate.

The first session will be “Raising Caring and Compassionate Children: Practical Views and Proven Strategies” with Stephen Bavolek, PhD, President of Family Development Resources, Inc and Executive Director of the Family Nurturing Centers. The second session, given by Joan Rosenberg, PhD, Director of Professional Training at the Midnight Institute, is “Promoting a Child’s Well-being: A Look at How Love and Emotional Connection Build Healthy Brains.” The final session of the conference will focus on “Lessons from Jonesboro, Littleton and Vietnam: How Kids are Learning to Kill and Learning to Like it,” with Lt. Colonel Dave Grossman, U.S. Army (ret.), West Point Psychology professor and director, Killology Research Group.

“Every year we have more and more attendees, and we expect to build on that success,” said Roseann Myers, Executive Director of the County’s Commission on Children, Youth and Families (CCYF), which is organizing the conference.

Cost for the conference is \$10. For information on registration, please call 858-514-4660.

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