



COUNTY OF SAN DIEGO

MEDIA ADVISORY

FOR IMMEDIATE RELEASE

November 26, 2008

Contact: Denise Nelesen (858) 505-6474
Morning of event only: (619) 823-9319

VOLUNTEERS MAKE THANKSGIVING SPECIAL FOR AREA SENIORS *County's Meals on the Move Program Delivers Free Hot Turkey Dinners*

WHAT: Meals on the Move volunteers deliver hot turkey dinners with all the trimmings to homebound seniors. Each volunteer also brings a carnation and a colorful place mat made by a local student.

WHO: Dozens of volunteers with Meals on the Move will be deliver a holiday meal and warm smile to homebound seniors.

WHEN: Thanksgiving morning, Nov. 27
9:30 a.m. (volunteers leave to deliver meals about 10 a.m.)

WHERE: National City Nutrition Program
1415 D Ave., National City, 91950

WHY: Many homebound seniors would have no holiday celebration without caring volunteers who brighten their Thanksgiving day by delivering a hot meal. Meals on the Move, a service of the San Diego County Health and Human Services Agency, fills a gap in meal delivery services with this program.

To set up a photo or ride-along opportunity, contact Denise Nelesen (858) 505-6474.

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