



COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE RELEASE
November 21, 2006

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MEDIA ADVISORY

VOLUNTEERS MAKE THANKSGIVING SPECIAL FOR AREA SENIORS *County's MOMEals Program to Deliver 1,400 Free Hot Turkey Dinners*

WHO: Dozens of volunteers with MOMEals delivering a holiday meal and cheer to homebound seniors.

WHAT: Delivery of more than 1,400 hot turkey dinners with all the trimmings to homebound seniors throughout the County. Each MOMEals volunteer also brings a colorful placemat made by local school children, plus a carnation.

WHEN: 9 a.m. Thanksgiving morning, Nov. 23 (BRIEF TIME PERIOD)
Volunteers at center from 9 to 9:30 a.m. only.

WHERE: National City Nutrition Center (Morgan Towers), 1415 D Ave., National City

WHY: Many homebound seniors would have no holiday celebration without the caring of volunteers who brighten their Thanksgiving day. MOMEals, a service of the San Diego County Health and Human Services Agency's Aging & Independence Services, fills an important gap in meal-delivery services with this program.

To set up a photo or ride-along opportunity, call the contact person listed above.

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