



COUNTY OF SAN DIEGO

MEDIA ADVISORY

FOR IMMEDIATE RELEASE

October 27, 2008

Contact: Karen Singer (760) 754-5945

OLDER ADULTS TEAM WITH YOUNGSTERS FOR ATHLETICS AND FUN *County Cosponsors First Intergenerational Games in North County*

WHO: Fifth grade students from Twin Oaks Elementary School will be paired with active older adults to compete in North County's first Intergenerational Games.

WHAT: Teams will compete in physical and educational challenges such as basketball shoot, "dizzy golf" and a food pyramid information challenge.

WHEN: 9 a.m. to 1 p.m. Wednesday, Oct. 29
(The games will begin by 10 a.m.)

WHERE: Walnut Grove Park, 1590 Sycamore Ave., San Marcos, CA 92069

WHY: Older adults and youngsters benefit from sharing their unique strengths in a fun environment. The San Diego County Health and Human Services' Aging & Independence Services created Intergenerational Games six years ago and because of its success in other parts of the county, the concept is expanding this year to North County.

Two other Intergenerational Games will be held:

- 9 a.m. to 1 p.m. Wednesday, Nov. 5, at the Boys & Girls Club of East County, 1171 E. Madison Ave., El Cajon.
- 9:30 a.m. to 1 p.m. Wednesday, Nov. 19, at the U.S. Olympic Training Center, 2800 Olympic Parkway in Chula Vista.

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