



# COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE RELEASE  
June 17, 2008

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## **PACK UP YOUR PRESCRIPTIONS AND MEET THE PHARMACIST** *County Provides Free Pharmacist Consultations to Prevent Dangerous Drug Interactions*

The San Diego County Health and Human Service Agency's Aging & Independence Services wants to prevent potentially deadly medication errors by educating seniors at Meet the Pharmacist Day from 12:30 to 3:30 p.m. on Wednesday, July 9, at the Oceanside Senior Center, 455 Country Club Dr. in Oceanside.

Seniors are encouraged to bring their prescriptions and over-the-counter medications as well as supplements and vitamins. Local pharmacists will volunteer their time to provide individual consultations, review how medications are supposed to be taken and how certain medications can interact with foods, other drugs, or supplements.

In addition, all participants will receive a free Vial of Life, which gives people an easy way to list their medications and post them on the refrigerator for paramedics in case of an emergency.

The event will also feature complimentary light snacks and refreshments, speakers, health and safety exhibitors and more.

For more information and reservations, call 1-800-562-2734.

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