



# COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE RELEASE  
May 10, 2007

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To call on Mother's Day: (619) 823-9319

## MEDIA ADVISORY

### **VOLUNTEERS MAKE MOTHER'S DAY SPECIAL FOR AREA SENIORS** *Meals on the Move (MOM) to Deliver Hot Dinners to 1,200 Moms (and Dads)*

**WHAT:** Delivery of more than 1,200 hot turkey dinners with all the trimmings to homebound seniors at several sites in the County. Each MOM volunteer also brings carnations and a colorful placemat made by local school children.

**WHO:** Volunteers with Meals on the Move (MOM), a home-delivered meal program of the County of San Diego Health and Human Services Agency's Aging & Independence Services.

**WHEN:** 10 a.m. on Mother's Day -- Sunday, May 13  
(Volunteers at center from 10 to 10:30 a.m. only, then off delivering meals)

**WHERE:** Catholic Charities Senior Nutrition Program, 8235 Mt. Vernon, Lemon Grove

**To set up a photo or ride-along opportunity, contact Denise Nelesen at (858) 505-6474**

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