



# COUNTY OF SAN DIEGO NEWS RELEASE

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## **EDWARD JAMES OLMOS KEYNOTES VITAL AGING CONFERENCE**

*San Diego County Health & Human Services Agency's Aging & Independence Services  
Spotlights Health Issues for Older Adults*

Edward James Olmos, the versatile 60-year-old actor (*Battlestar Galactica*, *Stand and Deliver*, *Miami Vice*), will be the keynote speaker at the County's Vital Aging Conference 2007 on Friday, June 15. For the first time ever, the conference will be held in two locations: San Diego and Escondido.

While acting, producing and directing, Olmos makes time to participate in many humanitarian efforts. At the Vital Aging Conference, Olmos will talk about his role as the national spokesperson for the Juvenile Diabetes Foundation. Diabetes is an increasing problem among older adults in San Diego County. The conference will include free screenings for diabetes.

The Vital Aging Conference is a biennial event, coordinated by the San Diego County Health & Human Services Agency's (HHSA) Aging & Independence Services, that features information on important health concerns for older adults and family caregivers. Besides diabetes, this year's event will focus on nutrition, fitness and managing stress.

The keynote speech by Olmos will be simulcast to Escondido. The other speakers for each site will be different, but focusing on similar topics. There will be exhibitors at both locations. Respite care for caregivers will be available on a limited basis, and limited free transportation is also available.

Sponsors are HHSA Public Health and Mental Health Services departments, plus AARP, Sharp HealthCare, Interfaith Community Services, American Diabetes Association, At Your Home FamilyCare, Heritage Senior Care, Inc., Meals-on-Wheels Greater San Diego, Inc., Villas Las Palmas and the George G. Glenner Alzheimer's Family Centers, Inc., Health Care Group, and Secure Horizons.

The conference runs from 9 a.m. (registration at 7:30) to 2 p.m. The San Diego conference will be held at Town & Country Resort (Grand Exhibit Hall), 500 Hotel Circle North; and the north County location is the California Center for the Arts - Escondido, 340 N. Escondido Blvd., Escondido. Cost: San Diego, \$15 (plus \$5 for hotel parking); North County: \$5 total. Includes light breakfast, dynamic speakers, interactive exhibits and lunch. Reservations are required: see [www.sharp.com/seniors](http://www.sharp.com/seniors) or call (800) 827-4277.

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