



COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE RELEASE
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VOLUNTEER OMBUDSMEN NEEDED *Ombudsmen Are Advocates for Residents of Long-Term Care Facilities*

The County of San Diego Health and Human Services Agency's Aging and Independence Services Long-Term Care Ombudsman Program is looking for volunteers to help safeguard the rights of residents in nursing homes and board and care facilities. Free orientation sessions will be held in February and a training course for volunteer ombudsmen will be held in March.

Ombudsman volunteers advocate for the quality of life and quality of care for long-term care residents. They also maintain a regular presence in more than 675 skilled nursing facilities and residential care facilities for the elderly in San Diego County.

Volunteers must successfully complete a 40-hour training course, 10 hours of field work and be available five hours per week to be recommended for state certification as a Long-Term Care Ombudsman.

The training classes will be held on Mondays, Wednesdays and Thursdays March 10 to March 26 from 9 a.m. to 2:30 p.m. Both the orientation and the classes will be held in Kearny Mesa.

To register for the orientation and training or to obtain additional information, call (858) 560-2507 or (800) 640-4661.

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