

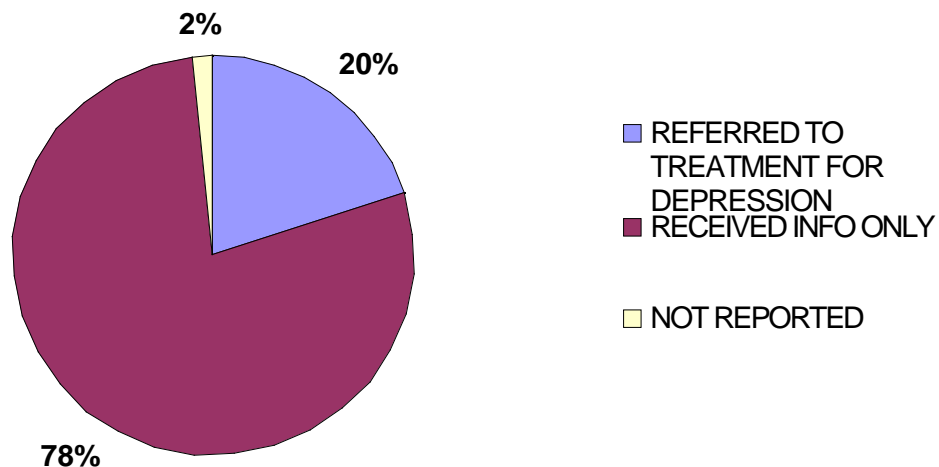
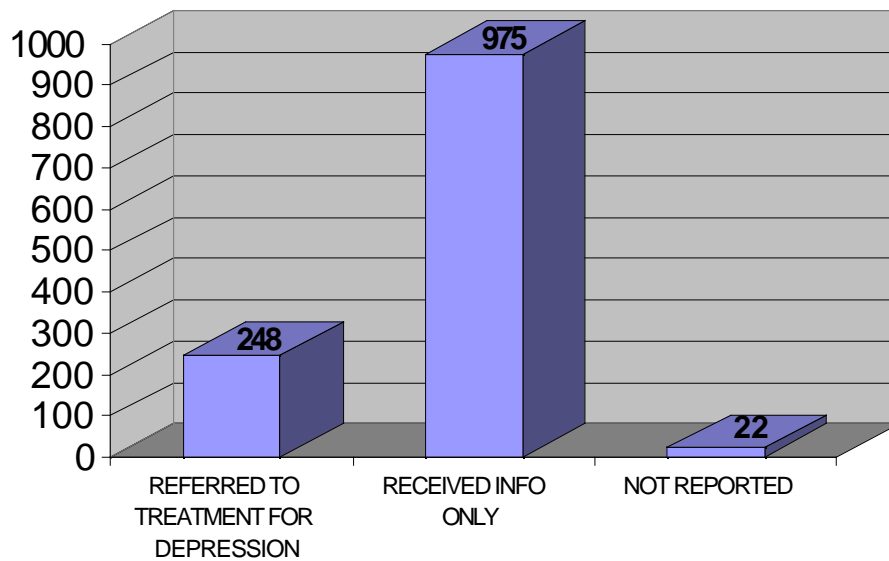
National Depression Screening Day

Statistical report of screenings that were completed during the week of October 10, 2002.

Analyzed by Lindsey Jones of the San Diego County Mental Health QI Department

- **40** Sites around the San Diego County conducted screening
- **29** of the 40 sites reported results
- **1245** people were screened at 29 sites that reported results
- **20%** were referred for Depression
 - **248** to outpatient
 - **1** to ER and
 - **1** to inpatient

People Screened

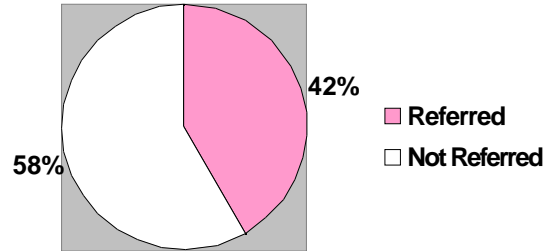


DEPRESSION SCREENING TRACKING LOG

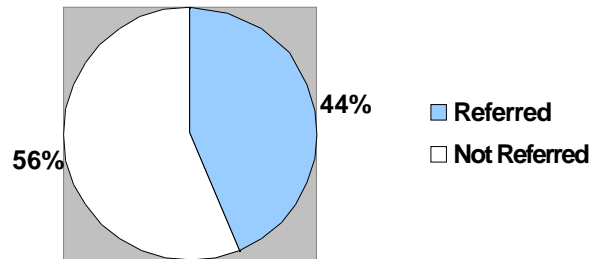
SITE SPONSOR	TOTAL NUMBER OF PEOPLE SCREENED	REFERRED TO TREATMENT FOR DEPRESSION	REFERRED TO OUTPATIENT TREATMENT FOR DEPRESSION	REFERRED TO INPATIENT TREATMENT FOR DEPRESSION	REFERRED TO ER/HOSPITAL FOR DEPRESSION	RECEIVED INFO ONLY	NOT REPORTED
5th & Elm Central Region	59	13	13			46	
Alvarado Parkway Institute	8	8	7	1			
Bayside Community Center North Central Region	52	4	4			48	
Center City Family Resource Center	41	8	8			33	
Family Resource Center East County	11	9	9				2
Friendship Senior Center North Central Region	41	5	5			36	
HHSA South Region	52	13	12		1	39	
Kaiser Permanente Pt. Loma Primary Care	95	8	8			87	
Kerny Mesa FRC North Central Region	67	12	12			55	
Levant North Central Region	28	2	2			26	
Logan Heights	119	20	20			99	
Mira Mesa Senior Center North Central Region	24	0	0			24	
New Vistas Center	1	1	1				
North County Health Services	148	26	26			120	2
Northeast 54th Central Region	25	2	2			23	
Northeast 73rd Central Region	53	15	15			38	
Orchard Senior Center North Central Region	40	2	2			38	
Public Health Center Central Region	47	10	10			37	
Remington Club by Marriott	9	8	8				1
Salvation Army	10	10	10				
Samahan Clinic North Central Region	28	3	3			25	
San Ysidro Mental Health Center	61	10	10			48	3
Scripps Mercy Hospital	55	12	12			42	1
Senior Community Centers of S.D.	45	8	8			37	
Sharp Grossmont Hospital	14	10	10			4	
Sharp Memorial Hospital Auditorium	1	1	1				
Southeast Region	51	13	13			38	
UCSD Gifford	50	14	14			23	13
University Community Medical Center	10	1	1			9	
TOTAL	1245	248	246	1	1	975	22

**The Incidence of Males and Females Referred for Assessment or Treatment of Depression
(n=257) ***

73 / 175 (42%) Females referred for further assessment or treatment of depression.



36 / 82 (44%) Males referred for further assessment or treatment of depression.



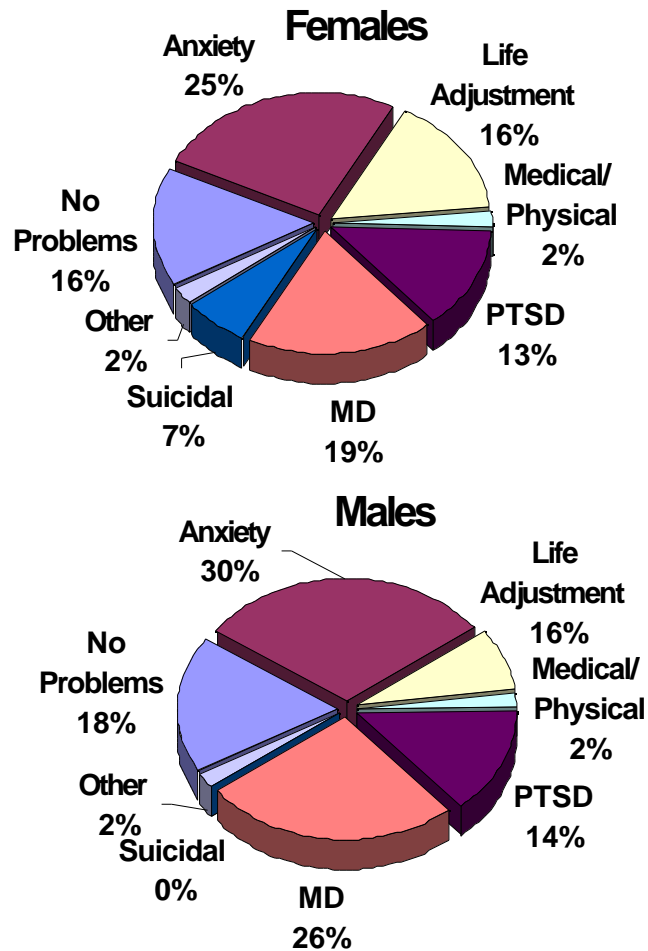
* Please note: The smaller numbers of individuals represented in these charts differ from the total number of those surveyed (n=1245) because of variances in way data was collected and reported.

Problems cited by individuals who required treatment for depression. (n=125) ***

	No Problems	Anxiety	Life Adjustment	Medical/Physical	PTSD*	MD**	Suicidal	Other
Females	14	23	14	2	12	17	6	2
Males	9	15	4	1	7	13	0	1

*Post-traumatic Stress Disorder

** Manic-Depression



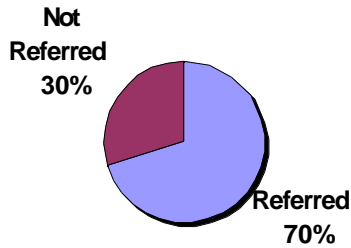
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For the most part problems seen among males and females are about equal with the exception of suicidal risk, which is higher for females. Remarkably in the Community Health Improvement Partners 2001 study on suicide it showed that males are more likely to actually go through with suicide while females are more willing to talk it out and resolve their problems.

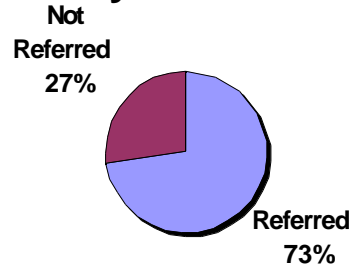
Distribution by Age Ranges (n=243) *

Age Range	Referred for Depression	Total Surveyed	Percentage Referred
0-12	7	10	70%
13-17	5	8	63%
18-64	67	182	37%
65+	26	43	60%

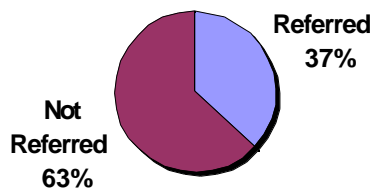
0-12 years old



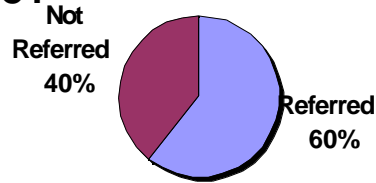
13-17 years old



18-64 years old



65+



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Only 10 kids between the ages of 0-12 were surveyed. The 0-12 year olds surveyed do not represent well the population of kids 0-12 years old because the sample is so low. This is also true of the 13-17 year old group where only 8 people between the ages of 13-17 were surveyed.

The population of Adults (18-64) was represented better than the rest of the age groups. Here 37% were referred for depression as compared to 21% of the total population surveyed.

60% of the total number (43) of senior citizens were referred for depression. It appears to be that a lot of senior citizens were depressed because of their poor physical condition.