

## *NAMI San Diego Receives Award from CA!*

NAMI San Diego has been selected to receive NAMI California's 2006 Affiliate Showing Excellence in Advancing Consumer Participation and Leadership Award.

The Awards Luncheon is August 26, 2006 at NAMI CA Conference.

## *Sally Shepherd Receives Award in D.C.*



Please congratulate Sally for being honored with the "NAMI California's 2006 Consumer Council Award for excellence in leadership." We are all very proud!

## *NAMI San Diego's First Thursday Advocacy Meeting July 6, 2006*

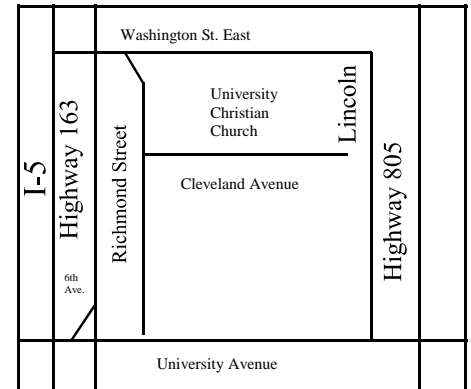
### *Mental Health Services in California's Prison System: Is It Possible?*

#### **Speaker: Steven Davis, M.D.**

Speaker History: Practiced psychiatry in this community and in forensic setting for over 30 years, including work as a staff psychiatrist for the California Correction System for last ten years. Assistant Clinical Professor of Psychiatry, UCSD. Past member of Board of Directors, NAMI San Diego.

More Information: NAMI San Diego Albright Center, 800.523.5933

**University Christian  
Church Friendship Hall  
3900 Cleveland Ave  
San Diego, California**



#### **Schedule:**

- 6:30 p.m.:** Ask the Doctor
- 7:00 p.m.:** Announcements & Advocacy
- 7:10 p.m.:** Program
- 8:30 p.m.:** Refreshments & Social



## *PICNIC Blast!*

*By Ginny Biewer*

On June 10, 2006, NAMI families and friends gathered for a food and fun -filled picnic in Harry Griffin Regional Park in La Mesa. Sally Shepherd and her husband, Brian, brought their brand new grill from home, and people were treated to hamburgers and hotdogs as well as the typical picnic fare.

For the kids, there was the water-filled balloon toss that ended up with a few wet clothes. (Just ask Bettie's grandkids.) The children could pin the tail on the donkey, and for the adults, it was pin the neck tie on Freud. Quite interesting...

The day was quite beautiful for a picnic with a cool breeze under the trees. Final financial figures for the NAMI Walk were announced, and we celebrated our accomplishments. We all had a super time and hope there will more picnics in the future!

# NAMI's Workin'

By Bettie Reinhardt  
Executive Director

## *A Review of What We Do*

The NAMI San Diego Board of Directors just approved the agency's budget for Fiscal Year 2006/2007 (July – June). By the time that we get to pages full of numbers, Board members have to keep jabbing themselves to stay awake and responsibly review our spending plan. However, the process of arriving at those numbers and the implementation of the programs is interesting for everyone. This seems like a good time to go over all of that with you.

January = we determined what we have done well and how to build on it.  
February and March = we asked you for your input.  
April = staff contributed their recommendations.  
May = the Board looked at a draft budget to see how what we want to do converts into dollars and cents.  
June = Board approves the budget. This year, they approved one budget for the programs we know we have as of July 1 and one more budget that includes two hoped-for programs.

Do you have any idea how many programs and cost centers NAMI San Diego has? I thought not!

When we spread our budget across the page for what we KNOW we're going to do, there are eight contract programs and nine cost centers for our programs and activities that are funded by your contributions and membership dues, fundraisers, and grants. We know of two more programs that we want to add as soon as possible so it takes small print on legal size paper to display them. Putting our pro-

grams into action is what keeps us all involved with NAMI so I'll review them for you.

Education Programs  
Support Programs  
Albright I&R Center  
Outreach  
Senior Wellness Coalition (new July 1)  
Diverse Participation Initiative (new March 1)

*“Putting our programs into action is what keeps us all involved with NAMI so I'll review them for you...”*

Other, General Programs  
Development & Membership  
General & Administrative  
Two Mental Health Services contracts: Project Payee and Flex Fund Management  
Six Public Health Services contracts: Representative Payee, Emergency Financial Assistance, Emergency Housing Assistance, Partial Assistance Rent Subsidy, Intensive Case Management Housing Support/HOPWA, and Intensive Case Management Housing Support/RWCA.  
We hope to add a contract for additional family education services and one to educate people with mental illnesses about the Fair Housing Act.

We're a busy group. I hope that you are proud of what we are doing for our community. You know that our services are FREE to the people that need them but not without cost – just one Peer-to-Peer class series costs \$2,000 – so I look forward to your continued support of our organization and, in that way, our community.

NAMI does many things that don't show up on a budget. One of those things is to actively participate in the San Diego Coalition for Mental Health. One of the committees

that the Coalition formed this year is the Mental Health Services Act (MHSA or Prop. 63) Implementation Oversight Committee. The committee has 8 goals: To ensure that what is implemented here in San Diego is consistent with the letter and intent of the Mental Health Services Act; To ensure that implementation is consistent with the plan that was submitted by the County; To ensure that the services implemented are consistent with the “best practices” programs that were used in the planning process; To ensure that existing services are not supplanted with MHSA dollars; To ensure that, in the next planning process, all the elements of the MHSA are integrated; To ensure that MHSA dollars are a catalyst to see that other mental health dollars spent are consistent with the principles and requirements of the MHSA; To monitor and oversee inclusiveness in future planning processes; and To provide continuous, honest written and verbal feedback to County Mental Health Services and the Health and Human Services Agency regarding challenges and progress in the MHSA planning, implementation and oversight processes.



# The Advocate

NAMI San Diego, a non-profit organization, provides education, support services, and advocacy to improve the quality of life of everyone affected by mental illnesses.

NAMI San Diego is an affiliate of NAMI and NAMI California

## Board of Directors:

President - Sally Shepherd  
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Carol Matthews, M.D.

## Executive Director

Bettie Reinhardt  
exudir@namisandiego.org

The NAMI San Diego Advocate is a monthly publication of

NAMI San Diego  
4480 30th Street  
San Diego, CA 92116

Phone: (619) 543-1434 (Albright Center)  
(619) 584-5564 (administration)  
800 523-5933 (peer support)  
Fax: (619) 584-5569

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Web Site: [www.namisandiego.org](http://www.namisandiego.org)

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Articles received by the 15th will be considered for publication in the following month's newsletter.

*The opinions expressed in the newsletter do not necessarily reflect those of NAMI San Diego.*

To register your opinion, call Bettie Reinhardt at 619 584-5564 or fax to (619)584-5569 or email at [exudir@namisandiego.org](mailto:exudir@namisandiego.org) or contact any of the people mentioned in the articles.

# CMH Answers Bettie

## Has the County Addressed Families' Needs?

In June's Advocate, NAMI San Diego's Executive Director Bettie Reinhardt challenged the community: *did we vocalize our needs loudly and clearly enough? She asks the question, "...did they miss the need for a meaningful role at the policy, program, and practice levels? A response is as follows:*

*By Alfredo Aguirre  
Acting Mental Health Director  
County of San Diego*

In response to a letter from Bettie Reinhardt, titled "An Open Letter to Everyone Who Should Have Tried Harder," I offer this response:

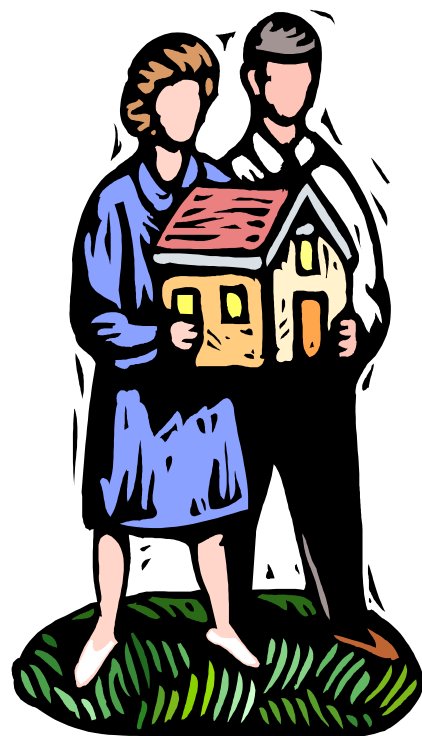
First of all, I certainly appreciate the concerns expressed in Bettie Reinhardt's letter. Yes, we (County Mental Health) certainly could have done a better job in how the Client Liaison component of the Community Support and Services (CSS) Plan was introduced into the community. I will take responsibility that, in our procurement process, we did not delineate this clearly enough regarding the consumer piece.

For the record, I reiterate my consistent position that we will bring in Client and Family Liaisons to serve both Adult/Older Adult and Children's Systems of Care, respectively (Client for Adults/Older Adult and Family for Children's). Nothing precludes family-based agencies, such as NAMI, to bid for the Adult/OA client piece as long as an adult consumer perspective is primary. In addition, it was understood that the Family Education services, under the Adult portion of the CSS Plan, would advance partnership/liaison between families and the Mental Health

system. I also am very open to supporting an expansion of the liaison/consumer affairs role of family in the Adult/OA system with future MHS funding expansion opportunities.

I respect and admire NAMI's advocacy for ensuring that the family voice is integrated throughout our Systems of Care. I am committed to try even harder to ensure that this goal is realized in our transformation endeavor.

*"For the record, I reiterate my consistent position that we will bring in Client and Family Liaisons to serve both Adult/Older Adult and Children's Systems of Care, respectively (Client for Adults/Older Adult and Family for Children's)."*



# NAMI San Diego Meeting Schedule

## NAMI San Diego

4480 30th Street  
San Diego, CA 92116  
(619) 543-1434 or (800) 523-5933

**Morning NAMI-SD Support Group**  
Third Tuesday, 10:00 a.m. - 12:00 p.m.  
NAMI-SD Office, 4480 30th Street

**Sibling and Adult Children's Group**  
Second Wednesday, 7:00 - 9:00 p.m.  
Scripps-Mende Well Being Center  
Adjacent to the UTC Mall  
Call Michelle Cauble at (858) 756-3140

**Clairemont NAMI Support Group**  
Second Monday, 7:00 - 8:30 p.m.  
St. David's Episcopal Church (Library)  
5050 Milton Street  
Call Joan Williams at (858) 274-3716

**La Jolla NAMI Support Group**  
First Tuesday, 7:15 - 9:00 p.m.  
La Jolla Presbyterian Church  
Enter on Eads Avenue, Room #9  
(858) 457-5057

**Spanish - South Bay**  
First Monday, 6:00 - 8:00 p.m.  
South County Family Resource Center  
690 Oxford Street, Chula Vista  
Call Luz Fernandez (East County clinic)  
(619) 401-5500

**New support groups for families and caregivers of children and adolescents**

**La Mesa Group**  
2nd Tuesday, 6:30-8:00 pm  
Lake Murray Evangelical Free Church  
5777 Lake Murray Boulevard, La Mesa  
1st Floor, Fellowship Hall  
Peggy & Bob Chambers: (619) 464-0476

**San Diego Group**  
3rd Monday, 6:00-7:30 pm  
*No meetings in Jul., Aug. & Sept., 2006*  
**Summer Break**  
NAMI San Diego Office  
4480 30th Street, San Diego  
Karen Malsack (858) 560-0030

**Spanish – Area de Clairemont – NAMI-SD Grupo de Apoyo Clairemont NAMI Support Group**  
Tercer Martes (3<sup>rd</sup> Tuesday) 6:30-8:00 p.m.  
**Fecha: 15 de agosto (Starts: August 15)**  
St. David's Episcopal Church (biblioteca)  
5050 Milton Street, San Diego, CA 92110  
(619) 543-1434 or (800) 523-5933

**Spanish Family Support Group**  
Third Thursday, 6:00 - 8:00 p.m.  
South Bay Guidance Center  
835 3rd Avenue, Suite C  
Chula Vista, CA 91911  
Call Gina Osuna: (619) 425-6879

**NAMI Patton**  
Third Sunday, 11:45 a.m. - 1:15 p.m.  
c/o Patton State Hospital  
(Administrative Meeting Room)  
3101 E. Highland Avenue  
Patton, CA 92369  
Tel: (909) 425-7000 Fax: (714) 963-9961

## NAMI-SIT

### Schizophrenics in Transition

**Board Meeting**  
Call for meeting time  
144 Copper Avenue, Vista 92083  
(760) 941-2153 or  
(858) 481-7069

NAMI-SIT includes the following :

- Copper Hill Living & Learning Center
- Creative Arts Consortium
- Friends
- Advocacy Works
- Jardin Cesar Chavez

## NAMI North Inland

P.O. Box 300386  
Escondido, CA 92030-0386  
(760) 745-8381

**Education Meeting**  
Second Tuesday at 7:00 pm.  
Bradley Center (Kinesis North)  
474 W. Vermont Ave, Escondido  
(760) 745-8381 or 1-800-523-5933

**Tuesday Share & Care Meeting**  
Every Tuesday Except the 2nd Tuesday of each month., 4:00 - 5:30 pm.  
at Joslyn Senior Center (Room 4)  
210 East Park Ave, Escondido  
(760) 745-8381

**Monday Share & Care in Fallbrook**  
Mondays, 5:00 - 6:30 p.m.  
Fallbrook Healthcare Foundation  
Corner of Mission and Fig  
Call for address (760) 745-8381

## NAMI North Coastal

P. O. Box 2235  
Carlsbad, CA 92018  
(760) 722-3754

**Education Meeting**  
Third Thursday, 7:00 - 8:30 p.m.

St. Michael's by the Sea Episcopal Church  
Parish Hall, 2775 Carlsbad Blvd.  
(760) 722-3754 or (800) 523-5933

**Education Meeting followed by NAMI Facilitated Support Group 8:30 - 10:00 p.m.**

**TARA Borderline Personality Disorder Support Group**  
First Tuesday monthly at 6:30 - 9:00 p.m.  
Carlsbad Community Church  
3175 Harding Street, Carlsbad CA 92008  
(760) 729-2331- Ask for Sandy

The following Support Groups have been cancelled.

**NAMI San Diego La Mesa Support Group**  
Second Wednesday, 6:30 - 8:00 pm  
San Carlos Library

**NAMI North Coastal Share and Care**  
Second Thursday at 12:30 - 2:00 p.m.  
Tri-City Medical Center

**NAMI North Coastal Share and Care**  
Second Thursday at 6:00 - 7:00 p.m.  
Tri-City Medical Center

*New Spanish Language Support  
Group at NAMI*

**NEW SPANISH LANGUAGE NAMI SUPPORT GROUP SOON TO START IN THE Clairemont area of San Diego.** In August this new support group will begin for family members. If you know someone whose primary language is Spanish and could benefit from a support group in this part of town, please show them this announcement.

**OJO!! EN AGOSTO SE INICIARÁ UN NUEVO GRUPO DE APOYO PARA LOS FAMILIARES (En una parte muy centrada de San Diego - Clairemont cerca de Morena Blvd).** Si Usted vive con los retos de tener un ser querido con una enfermedad mental, le invitamos (a Usted) que nos acompañe para el apoyo que todos necesitamos.

**FECHA: 15 de agosto (Starts: August 15)**

Tercer Martes (3<sup>rd</sup> Tuesday): 6:30–8:00 p.m.

**St David's Church, (biblioteca)**

5050 Milton St

San Diego, CA 92110

(619) 543-1434 ó 1(800) 523-5933

*Family-to-Family Class*

**ONCE AGAIN NAMI OFFERS SPANISH LANGUAGE 12- WEEK "FAMILY TO FAMILY" COURSE – FREE WEEKLY CLASSES START AUGUST 30, 2006!**

NAMI San Diego is so pleased to be reaching out more and more to our Spanish speaking community. If you know someone who could benefit from our "Family to Family" educational course for the family members of a person with a severe mental illness, then please let them know that they can call the NAMI office to sign up or get more information. Classes will be held once a week from 6:30-9:00 p.m. at the County Mental Health Services Complex; 3851 Rosecrans Street, San Diego. To sign up, people should call: (619) 543-1434.

# Congratulations, MO!

## MO Always Goes the Extra Mile

By Kathleen Guerrero

Against all odds and living with all the known challenges of a mental disorder, Maureen Dorsey (also known as "MO"), San Diego NAMI member, has relentlessly pursued her goal to finish college and continue dedicating herself to public service. Now she is reaping some of the payback: on June 2nd was named San Diego County Volunteer of the Year, nominated by Sharp Mesa Vista Psychiatric Hospital. Last year she received the "Extra Mile" Hospital Volunteer Award, and now, to top things off, in June she finalized her long awaited goal to graduate with Phi Theta Kappa from City College, receiving a degree in Behavior Sciences and Human Services.

Known for her enthusiastic participation in many of the NAMI activities, Maureen equally dives into all of the work, study and volunteer activities in her life, knowing that it's harder for her than for some people, BUT, looking at it from another perspective, it's also easier, compared to the challenges faced by many of the people she helps on a daily basis.

When asked about school, Maureen mentions the 5 years it has taken, and the fact she made "Dean's list" at school. Too modest to state just how many countless hours of hospital volunteer time she gives to people in need, she just says she loves her work reaching out to others.

At NAMI, Maureen has taken every educational mental health course available to her and has never turned down requests to volunteer. Her situation has thrown her into a dual role and with double classes to attend: classes and volun-

teer work as a "parent" and the same as a "peer and consumer".

As a participant in a 12 week "Family to Family" course led in San Diego by co-trainers, Kathleen Guerrero and Batia Chernovetsky, the group eagerly took note of Maureen's insights into the world of mental illness, as well as tips on how to



At luncheon given for Maureen on June 3<sup>rd</sup>: Clockwise beginning with Maureen Dorsey (center), Kathleen Guerrero, Bettie Reinhardt, Mary Lou Erwin, Jean Selzer, Batia Chernovetsky

successfully interact with health service providers. Her personal experience, hospital volunteer work and her recent college education has given her a wealth of information that she is happy to share with others.

When asked who she gets her inspiration from, Maureen always mentions her parents. Her mother has been her constant support and her father, now deceased, remains her role model: he was a parole officer, social worker, an attorney and was Mayor in a Texas town at the time of his death.

And now that the pressure of school, reports and tests has ended, some lucky hospital or social service is going to have the advantage of her energy and bulldog, never-let-go approach to helping others. Go, Girl!....Congratulations, Maureen.

# Client/Consumer Resources

## *NAMI C.A.R.E. Support Groups*

Consumer Support Groups  
For more information call the  
Albright I & R Center at  
(619) 543-1434 or 1-800-523-5933

### **NAMI San Diego Office**

4480 30th Street  
San Diego, CA 92116  
*Every Other Thursday: 6:00 - 7:30 p.m.*  
June 8, June 22

### **Gifford Clinic (Cafeteria)**

140 Arbor Dr.  
San Diego, CA 92103  
*1st & 3rd Wednesdays: 2:00 - 3:30 p.m.*

### **Sharp Mesa Vista Hospital**

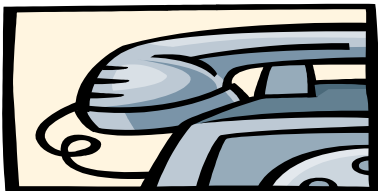
(Activity Room)  
7850 Vista Hill Ave.  
San Diego, CA 92123  
*2nd, 4th & 5th Thursdays:  
11:00 a.m. - 12 Noon*

### **Joslyn Sr. Center**

210 Park Ave  
Escondido, CA 92025  
*1st & 3rd Tuesdays: 4:00 - 5:30 p.m.*

## *Access & Crisis Line*

1-800-479-3339  
24 hours a day/7 days a week



## *Client Warm Line*

1-800-930-9276  
*Daily: 5:00 p.m.—11:00 p.m.*  
Call us. We are fellow consumers who  
have been there, done that. Listening  
and talking are what we like to do.

## *Albright Information & Referral Center*

1-800-523-5933, 1-619-543-1434  
Volunteer resource specialists can pro  
vide information and support to callers  
and visitors, including consumers,  
family members and professionals.

### **Patient Advocacy Program**

5998 Alcalá Park, AW 304, San Diego, 92110  
(619) 260-7660 or 1-800-479-2233  
Fax: (619) 260-7680  
*Monday - Friday: 8:00 a.m. - 5:00 p.m.*

### **The Consumer Center for Health Education and Advocacy**

1475 Sixth Ave., 4th Floor, San Diego, 92101  
Toll Free: 1-877-734-3258  
*Monday - Friday: 9:00 a.m. - 5:00 p.m.*  
If you need help getting mental health services or if  
you have a complaint or grievance, call or write us.  
We are ready to help you.

### **Bayview Clubhouse**

330 Moss Street, Chula Vista, 91911  
(619) 585-4646 ☒ Fax: (619) 585-4625  
*Monday - Friday: 8:00 a.m. - 4:00 p.m.*  
Once a month Saturday outing - Call for  
information.

### **Casa Del Sol Clubhouse**

1157 30th Street, San Diego, 92154  
(between Coronado Ave. & Del Sol Blvd.)  
(619) 429-1937 ☒ Fax: (619) 429-5205  
*Monday: 8:30 a.m. - 6:00 p.m.*  
*Tue, Thurs & Fri: 8:30 a.m. - 4:30 p.m.*  
*Wednesday: Noon - 8:00 p.m. (Bilingual)*

### **Corner Clubhouse**

2864 University Ave. (at Utah)  
San Diego, 92104 (North Park, #7 Bus Line)  
(619) 683-7423 ☒ Fax: (619) 683-7428  
*Monday - Friday: 8:00 a.m. - 4:00 p.m.*

### **East Corner Clubhouse**

1060 Estes Street (off Chase Avenue)  
El Cajon, 92020  
(619) 440-5133 Ext. 109 ☒ Fax: (619) 440-8522  
*Mon, Tue, Thurs & Fri: 8:00 a.m. - 4:00 p.m.*  
*Wednesday: 8:00 a.m. - 6:30 p.m.*

### **Eastwind Clubhouse**

2359 Ulric Street, San Diego, 92111  
(858) 268-4933 ☒ Fax: (858) 268-0244  
*Monday - Friday: 8:30 a.m. - 5:00 p.m.*

### **Escondido Clubhouse**

474 West Vermont Ave., Suite 105  
Escondido, CA 92025  
(760) 737-7125 ☒ Fax: (760) 741-6645  
*Monday - Friday: 8:00 a.m. - 4:30 p.m.*

### **Friend-to-Friend**

1009 "G" Street, Suite A, San Diego, 92101  
(619) 238-2711 ☒ Fax: (619) 238-1127  
*Monday - Friday: 8:00 a.m. - 4:00 p.m.*  
An SSI advocate is available

### **Friends In Hand Clubhouse**

144 Copper Ave., Vista, 92083  
(302 Bus Route)  
(760) 631-2206  
*Saturdays: 11:00 a.m. - 4:00 p.m.*

### **Mariposa Clubhouse**

560 Greenbrier, Suite 102, Oceanside, 92054  
(760) 439-6006 ☒ Fax: (760) 450-0710  
*Monday - Friday: 8:00 a.m. - 4:00 p.m.*

### **The Meeting Place, Inc.**

4034 Park Blvd., San Diego, 92103  
(619) 294-9582 ☒ Fax: (619) 294-9588  
*Monday - Friday: 8:00 am. - 4:00 p.m.*

### **Neighborhood House Association (NHA)**

**Friendship Clubhouse**  
286 Euclid Ave., #102, San Diego, 92114  
(619) 266-2111 Ext. 106 ☒ Fax: (619) 266-0496  
*Monday - Friday: 8:30 a.m. - 4:30 p.m.*

### **Visions**

226 Church Avenue, Chula Vista, 91910  
(619) 420-8603 ☒ Fax: (619) 420-0385  
*Monday - Friday: Noon - 7:00 p.m.*  
*Saturday & Sunday: Noon - 5:00 p.m.*

### **The Access Center of San Diego**

1295 University Ave., Suite 10, San Diego, 92103  
(619) 293-3500  
*Monday - Friday: 9:00 a.m. - 5:00 p.m.*

### **Employment Services**

1202 Morena Blvd., Suite 201, San Diego, 92110  
(619) 276-8071  
*Monday - Friday: 8:00 a.m. - 4:30 p.m.*

### **Job Options**

3465 Camino del Rio South, Suite 300  
San Diego, 92108  
(619) 688-1784 (Valorie)  
*Monday - Thursday: 8:00 a.m. - 5:00 p.m.*  
*Friday: 8:00 a.m. - 4:00 p.m.*

### **San Diego Park and Recreation Therapeutic Recreation Services**

(619) 525-8247  
*Monday - Friday: 8:00 a.m. - 5:00 p.m.*  
Serves over 50,000 participants each year. The goal  
of the program is to provide year round recreational  
experiences for individuals with disabilities.

### **The Creative Arts Consortium**

P. O. Box 3053, San Diego, CA 92163-3053  
Director - July Rose  
(619) 282-4627 or (619) 563-2708

### **DBSA-Depression Bipolar Support Alliance**

There are meetings in different regions of the  
county. Call for meeting information:  
1-800-826-3632  
or go to the DBSA website at: [www.dbsalliance.org](http://www.dbsalliance.org)



# Membership

NAMI San Diego relies on its membership and your generous contribution to continue providing education and other services to people with mental illnesses, their families, and the community. To join NAMI San Diego, renew your membership, or make a contribution, complete the information below and enclose your check payable to: **NAMI San Diego**.

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Please mail my newsletter via post office

Please email my newsletter

Membership \$40.00  
(  ) New Member (  ) Renewal

Professional Membership \$75.00

Organizational Membership \$100.00

**Please contact me about a Scholarship Membership**

Donation\* \_\_\_\_\_

Please contact about volunteer opportunities

To pay by Credit Card:

\_\_\_\_\_ print name as it appears on card

\_\_\_\_\_ card number

\_\_\_\_\_/\_\_\_\_ expiration date

Visa  MasterCard

\$ \_\_\_\_\_ amount

\_\_\_\_\_ signature

# The Advocate

Vol. X, Issue 7, July/August 2006



4480 30th Street  
San Diego, CA 92116

Non-Profit  
Organization  
U. S. Postage  
Paid  
San Diego, CA  
Permit No. 2695

1st Thursday!!!

*Mental Health Services  
in California's Prisons  
July 6, 2006  
6:30 p.m.*



*Return Service Requested*

*Save the Date!*

*NAMI San Diego's Annual Dinner  
Recovery in Action*

*Featuring  
The Inspiration Awards*

*Friday, September 29, 2006  
The Marriott Hotel, Mission Valley  
6:00 p.m.—9:00 p.m.*

*Master of Ceremonies: Karenlee Robinson, COO, Sharp Mesa Vista*



**NAMI CALIFORNIA ANNUAL CONFERENCE 2006**  
*California Leads the Way: Mental Health Services Act Brings Hope*

San Francisco Airport Marriott  
1800 Old Bayshore Highway  
Burlingame, California 94010  
Phone: 650-692-9100

**PRE-CONFERENCE ACTIVITIES:**

The Affiliate Leaders and Presidents Council Meeting will be held on Thursday, August 24.

**CONFERENCE:**

Registration opens Friday, August 25 at 8:00 a.m. Conference begins Friday, August 25 at 8:30 a.m. and closes Saturday, August 26 at 4:30 p.m.

**SPANISH LANGUAGE SESSION:**

A Spanish language session will be held on Friday, August 25 from 9:00 a.m. to 4:30 p.m. Please check the Spanish Language Session box below if you plan to attend this event.

**CONSUMER FORUM:**

A consumer forum will be held on Friday, August 25 at 12:00 p.m. If you are a consumer, and would like to participate in the forum, you must pre-register. See consumer registration below.

**ACCOMMODATIONS:**

Please make your hotel reservations by calling 888-228-9290 Ask for the specially negotiated rate of \$99 (single, double, triple or quad). This special rate is good from February 6, 2006 thru August 16, 2006. **Cut off date for this rate is August 16, 2006. NAMI California cannot guarantee rooms**

**beyond the number that have been reserved in our block, so book now!** Hotel directions will be sent with confirmation of registration.

**SHUTTLE SERVICE AND PARKING:**

Hotel shuttle service is available from the San Francisco Airport to the San Francisco Airport Marriott. Self parking at the hotel is \$8 per day.

**EXHIBITORS WELCOME:**

Exhibitors may rent tables for the NAMI California Annual Conference 2006. For forms and details please contact Zima Graffigna at [zima.graffigna@namicalifornia.org](mailto:zima.graffigna@namicalifornia.org) or 916-567-0163.

**CONSUMER SCHOLARSHIPS:**

NAMI California encourages affiliates to offer consumers a scholarship to attend the NAMI California Conference. A limited number of consumer scholarships will be awarded by NAMI California and will be awarded on a first come, first served basis. Please contact Zima Graffigna at [zima.graffigna@namicalifornia.org](mailto:zima.graffigna@namicalifornia.org) or 916-567-0163 for an application.

***CONTINUING EDUCATION UNITS AVAILABLE***

**NAMI CALIFORNIA ANNUAL CONFERENCE 2006 REGISTRATION FORM**

*Register Today to Get the Early Bird Rate!*

**Copy this form and use one for each individual registration (please print clearly)**

<p><b>REGISTRATION FEES INCLUDING MEAL(S)</b></p> <p><b>Early Bird Special</b> <b>Paid before July 7, 2006:</b> 2-Day Rate: <input type="checkbox"/> \$145/person 1-Day Rate: <input type="checkbox"/> Fri. <input type="checkbox"/> Sat. \$90/person</p> <p><b>Paid after July 7, 2006:</b> 2-Day Rate: <input type="checkbox"/> \$170/person 1-Day Rate: <input type="checkbox"/> Fri. <input type="checkbox"/> Sat. \$105/person</p> <p><b>On-Site Registration (no meal guarantee):</b> 2-Day Rate: <input type="checkbox"/> \$180/person 1-Day Rate: <input type="checkbox"/> Fri. <input type="checkbox"/> Sat. \$115/person</p> <p><b>Consumer Registration:</b> 2-Day Rate: <input type="checkbox"/> \$100/person 1-Day Rate: <input type="checkbox"/> Fri. <input type="checkbox"/> Sat. \$60/person I will attend the consumer forum <input type="checkbox"/> I will not attend the consumer forum <input type="checkbox"/></p> <p><b>Spanish Language Session</b> <b>Friday, August 25, 2006:</b> <b>9:00 a.m. – 4:30 p.m.</b> 1-Day Rate: <input type="checkbox"/> Fri. \$90/person</p> <p><b>Cancellation Policy: A \$35 cancellation fee to cover operating expenses will be charged to those who register, but cannot attend. To cancel, you must notify the NAMI California office in writing no later than July 17, 2006. No refund will be made after this date.</b></p>	<p>Name: _____</p> <p>Address: _____</p> <p>City, State, Zip: _____</p> <p>Phone: _____ Email: _____</p> <p>NAMI Affiliate: _____</p> <p><b>MEALS:</b></p> <p>Friday lunch will be on your own.</p> <p>Friday Dinner: <input type="checkbox"/> Chicken <input type="checkbox"/> Fish <input type="checkbox"/> Vegetarian</p> <p>Saturday Lunch: <input type="checkbox"/> Chicken <input type="checkbox"/> Fish <input type="checkbox"/> Vegetarian</p> <p>NAMI California Conference Consumer Scholarship Donation: \$ _____</p> <p><b>PAYMENT (Zip Code must be provided above for all credit card payments):</b></p> <p><input type="checkbox"/> Visa <input type="checkbox"/> Master Card <input type="checkbox"/> American Express</p> <p>Account #: _____ Expiration Date: _____</p> <p>Signature: _____</p> <p>Total amount enclosed: \$ _____</p> <p align="center"><b>Make check payable to NAMI California – Conference 2006</b> <b>Mail to:</b> <b>NAMI California</b> <b>1010 Hurley Way, Suite 195</b> <b>Sacramento, CA 95825</b> <b>Phone: 916-567-0163 Fax: 916-567-1757</b></p>
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