

# *Annual Report 2002-2003*

**Do You Know What We Do?**



**Do You Know How NAMI San Diego Impacts the Region?**

**Do You Know the Benefits of Belonging to NAMI San Diego?**



**NAMI** San Diego

San Diego's Voice on Mental Illness

# Where We've Been, Where We're Going

It began when NAMI San Diego's fiscal year began in July, 2002. The Governor proposed cuts of \$95 million to the State's FY 02/03 mental health budget. He even reduced or eliminated programs considered to be evidence-based; that is, there is published evidence that the programs effectively help move people into recovery. It was a roller coaster year with programs cut, restored, and cut again.

NAMI members tried to follow every action or proposed action and intervene where we could. Legislative Chair, Caroline Hamlin, did a yeoman's job of keeping members informed and drafting letters to appropriate people in Sacramento. (By the way, we checked the spelling and meaning of yeoman and liked the description of equal parts industry and honesty – that's Caroline.)

The local effect of all this budget turmoil was the loss of an approved expansion of the AB2034 program that provides housing and individualized services to people with mental illnesses and who are homeless. The expanded program would have served North County. Children's services were hit hard: early intervention in schools became an unaffordable luxury as did some of the Children's System of Care programs. Although consumers, families, advocates, and providers lived in painful uncertainty for most of the year, the real cuts were not announced until May for FY 03/04. Then headlines screamed, "16.5 Million Cut From County Mental Health Budget."

People quickly turned to NAMI and the wonderful programs described in this report to provide support for those losing treatment services. This clearly adds the challenges of appropriately serving as many people as possible with our education and support services, of funding those free services, and of working for access to treatment services when they would better serve our community. More yeomen needed!

Bettie Reinhardt  
Executive Director

Karen Gurneck  
President



**Project Payee** provided free representative payee services to 96 people with serious mental illnesses thereby helping them maintain housing and other basic services in a community setting.



**CARE Representative Payee** provided free representative payee services to 106 people who are HIV positive and need a payee for mental health reasons during its contract year. This service helped people meet their basic needs and maintain needed health services.



**Emergency Financial and Housing Assistance Programs** provided financial assistance to 708 people infected with HIV to prevent negative health outcomes as a result of emergent financial difficulties and 493 rent and hotel payments to prevent homelessness. It is estimated that over 60% of the clients served also have mental health problems.



The **Partial Assistance Rent Subsidy Program** serves people who are very poor, have AIDS, and very often have mental health problems by providing a "shallow" rent subsidy during the time they are waiting for permanent housing assistance. Rent payments were made on behalf of 323 people.



The **Intensive Case Management** programs serves 138 people who are HIV positive by providing financial support to the substance abuse/homeless population living in transitional, recovery settings.

## Strides for Mental Health: Celebrating Healthy Minds & Bodies

The fun walk/resource fair continues its growth. There were more walkers, more sponsors for the walkers, more exhibitors at the resource fair, more visitors, and even more bands at the 4<sup>th</sup> annual walk/fair held on April 26. Although NAMI does very active outreach throughout the year, the Strides for Mental Health event brings it to a fever pitch and helps kick off *May is Mental Health Month*.



# Education and Support



Caption (photo to accompany: Kathy Lutes, Kamala Castle, Ann Cummings)

## Peer-to-Peer

Now, this is leveraging: family members attended *Schizophrenia Education* and *Family-to-Family* classes and felt so rewarded that they raised the money to train a team of *Peer-to-Peer* mentors and pay them for piloting the nine-week consumer-teaching-consumer course here in San Diego. The outcomes of the first classes were successful in persuading The California Endowment (TCE) to invest over \$190,000 in a two-year, 20-class *Peer-to-Peer* project.

Thanks to TCE, the author of the *Peer-to-Peer* Education Course, Kathryn McNulty, trained Kamala Castle, Ann Cummings, Mary Lou Erwin, and Kathy Lutes to be one of the first teams in the country able to train new mentors. The mentors guide their peers in "learning to live well with what we've got."

The project provides funding for a part-time education director and a part-time project coordinator, for classroom renovation at the Albright Center, for outcomes evaluation, and direct and indirect program costs from January, 2003 to January, 2005.

## In Our Own Voice: Living with Mental Illness

The *In Our Own Voice (IOOV)* program added a venue to its already busy schedule this year and reached 1,100 people. It was awarded the lead-off position on the list of consumer education activities associated with County Mental Health Services' new program, San Diego Medication Algorithm Project (SanDMAP). SanDMAP is attempting to show that consumers whose medications are managed using an up-to-date algorithm AND that are educated to interact knowledgeable with their psychiatrists have better outcomes than those that are treated traditionally.

*IOOV* is a recovery-education program presented by trained consumer facilitators to other consumers, families, friends and professionals during a 1 ½ hour session.

## NAMI C.A.R.E.

Thanks to Eric Goldman, the second training of *NAMI C.A.R.E.* (Consumers Advocating Recovery through Empowerment) facilitators occurred at the beginning of March. The new facilitators quickly formed groups in different parts of the county and prepared to help facilitate some clinic groups that were previously therapy groups. Eric handed the leadership baton to Les Kang to organize the rapid growth of these consumers-supporting other consumers groups.

## Schizophrenia: Education for Families & Caregivers

Dr. Christopher Amenson's curriculum continues to provide a popular and useful lecture series to anyone interested in an understanding of schizophrenia and in learning to help those diagnosed with schizophrenia toward recovery. Lecture series were held in central San Diego and in La Mesa. The class is a partnership between NAMI San Diego and San Diego Mental Health Services.

## Family-to-Family

The *NAMI Family-to-Family* Education Program is a 12-week course for families of individuals with severe brain disorders (mental illnesses). The course is taught by a team of trained family members.

NAMI San Diego sponsored 9 classes during the year, including its first class in Spanish.

Twenty-eight people are now trained to be *F-t-F* teachers, including five new graduates in March.













## Mary Lou Erwin is New Education Director

Mary Lou joined the staff in January, 2003 as NAMI San Diego's part-time Education Director. She hit the ground running and has not stopped while she has supported the coordinators of NAMI's increasingly active education and support programs and acted as coordinator for programs without anyone in the position, such as *Family-to-Family*. A former *F-t-F* teacher, she quickly trained to be a trainer for both *Peer-to-Peer* and *NAMI C.A.R.E.*

# Financial Report ∞ Fiscal Year 2002—2003

## Statement of Position

	FY 2002	FY 2003
<b>ASSETS</b>		
Client Fund Accounts	164,003	68,615
Cash and Cash Equivalents	106,379	262,104
Investments at Market Value	318,398	395,702
Property and Equipment	443,933	448,640
<b>Total Assets</b>	<b>1,032,712</b>	<b>1,175,061</b>
<b>LIABILITIES</b>		
Client Fund Accounts	115,167	90,152
Accounts Payable and Deferred	326,219	26,039
<b>Total Current Liabilities</b>	<b>441,386</b>	<b>118,214</b>
Mortgage Payable	0	254,494
<b>Total Long-Term Liabilities</b>	<b>0</b>	<b>254,494</b>
<b>Total Liabilities</b>	<b>441,386</b>	<b>372,708</b>
<b>NET ASSETS</b>		
Permanently Restricted	30,642	30,642
Temporarily Restricted	15,100	55,100
Unrestricted*	545,585	716,611
<b>Total Net Assets</b>	<b>591,327</b>	<b>802,353</b>
<b>Total Liabilities &amp; Net Assets</b>	<b>1,032,712</b>	<b>1,175,061</b>
*Includes Client Funds and Full Value of Property		

-  Albright I&R Center
-  Peer-to-Peer
-  Schizophrenia Education
-  In Our Own Voice
-  First Contact
-  NAMI Support Groups
-  CARE Rep Payee
-  Emergency Housing Assistance
-  Family-to-Family
-  Project Payee
-  NAMI C.A.R.E.
-  Emergency Financial Assistance

The financial report on this page is being presented prior to the completion of the audit for the period July 1, 2002 through June 30, 2003. The audit by *Sonnenberg and Company* will be completed shortly and will be posted on our website:  
[www.namisandiego.org](http://www.namisandiego.org).

The IRS tax return, Form 990, will also be posted on the website.

The Executive Director, Bettie Reinhardt, and the Treasurer, David Charapp, are available to answer your questions.

## Statement of Activities

	FY 2002/2003
<b>REVENUES</b>	
Client Service Contracts/Funds	3,383,428
Miscellaneous Grants	126,780
Investment/Rental Income	20,408
Unrestricted Donations/Memberships	83,849
Restricted Donations	6,905
<b>Total Revenues</b>	<b>3,621,369</b>
<b>EXPENSES</b>	
Client Service Contracts/Funds	3,408,990
Program Costs	127,534
General/Administrative Costs	23,697
<b>Total Expenses</b>	<b>3,560,220</b>
<b>Increase in Net Assets</b>	<b>61,150</b>

Dear Members,

This document is of the utmost importance to the NAMI organization. Please read the following amendments, and be prepared to either 1) vote at the annual meeting on Thursday, December 4, 2003 (see page 5 for more details), or 2) send in the proxy form to NAMI San Diego, 4480 30th Street, San Diego, CA 92116 with your vote by Thursday, December 4, 2003.

It is necessary to get 1/3 of NAMI's members as of October 29th to respond on this issue.

Your participation is vital! Thank you.

## **2003 Amendments to NAMI San Diego Bylaws**

The Board of Directors of NAMI San Diego has approved several amendments to our Constitution and Bylaws and is recommending these amendments for approval by the members. Following is an explanation of these amendments:

- To give the Board of Directors the power to establish the classes of membership. Our Membership Committee has been closely examining the appropriate types of membership that would best further NAMI San Diego's mission. This amendment will permit the Board of Directors to immediately implement the recommendations of the Membership Committee without needing to wait until the next meeting of the members.
- To divide the members of the Board of Directors into two groups, Group A and Group B. Each group will have a term of office of two years, except that the initial Group A members will serve for a term of one year. These amendments will provide additional stability for NAMI San Diego since only one-half of the directors will be elected each year by the members. Two-year terms will also encourage longer service times by our directors. If all of NAMI San Diego's nominees for the Board of Directors are elected at the 2003 annual meeting of the members, the initial groups of the Board of Directors would be as follows:
  - Group A: Alan Abrams, MD, JD; Alison Cook, LCSW; Gloria Harris, PhD;  
Karen Gurneck; Paul Cumming; Wendy McNeill
  - Group B: Tony Alkire; David Charapp, Esq.; Karen Ross, MSW; Sally  
Shepherd, RN, MA; Judy Wasik, MA; Mary Wilson
- To expressly give the Board of Directors the right to fill vacancies on the Board of Directors, including vacancies created by the removal of a director by the members. The principal purpose of this amendment is to allow NAMI San Diego to quickly add directors necessary to fill vacancies, even where a vacancy is caused by the removal of a director by the members.
- To give the Board of Directors the power to amend the bylaws. The Bylaw Committee is currently examining additional amendments to the bylaws in order to incorporate current provisions of the California Nonprofit Corporations Code and make other changes that are in the best interests of NAMI San Diego. After the proposed amendment is made, NAMI San Diego will be able to quickly implement any amendments recommended by the Bylaws Committee and any other amendments as the Board of Directors may approve from time to time, without requiring the approval of the members.

The text of all of the proposed amendments are set forth below:

1. Article IV KINDS OF MEMBERSHIP shall be replaced in its entirety with the following:

“ARTICLE IV CLASSES OF MEMBERSHIP

The classes of membership shall be established by the Board of Directors.”

2. The second paragraph of Article VIII BOARD OF DIRECTORS shall be replaced in its entirety with the following:

“The Board of Directors shall have at least nine members but no more than 15 members, with the exact number of directors to be fixed by approval of the Board of Directors. The Board of Directors shall be divided into two groups, denoted Group A and Group B. To the extent possible, each group shall contain an equal number of directors. At least a majority of the members of the Board of Directors shall be persons who have been diagnosed with and received treatment for serious mental illness and/or family members of such persons. No reduction of the authorized number of directors shall have the effect of removing any director prior to the expiration of the director’s term of office.”

3. Article X ELECTION AND TERM OF OFFICERS AND DIRECTORS shall be replaced in its entirety with the following:

“ARTICLE X TERM OF OFFICE OF DIRECTORS

The term of office of a director shall be two years or until his or her successor is duly elected and qualified, subject to his or her earlier death, resignation, removal or disqualification; provided, however, that the term of an initial Group A director shall end at the first annual meeting of the members after the initial classification of directors and the term of an initial Group B director shall end at the second annual meeting of the members after the initial classification of directors, or until his or her successor is duly elected and qualified, subject to his or her earlier death, resignation, removal or disqualification.”

4. Article XII VACANCIES shall be replaced in its entirety with the following:

“ARTICLE XII VACANCIES

Vacancies on the Board of Directors, including officers and vacancies created by the removal of a director by the members, may be filled by majority vote of the Board of Directors for the balance of the term.”

5. Article XVI AMENDMENTS shall be replaced in its entirety with the following:

“ARTICLE XVI AMENDMENTS

Except as otherwise required by the California Nonprofit Corporations Code, the Constitution and Bylaws may be altered, amended or repealed and new bylaws adopted by the Board of Directors.”

NAMI SAN DIEGO

PROXY

Solicited on Behalf of NAMI San Diego

Annual Meeting of Members to be Held on December 4, 2003

The undersigned hereby appoints Bettie Reinhardt and Karen Gurneck, or either of them, each with full power of substitution, to vote at the Annual Meeting of Members of NAMI San Diego ("NAMI"), to be held at the University Christian Church, Friendship Hall, 3900 Cleveland Avenue, San Diego, California 92103, on December 4, 2003 (the "Meeting"), or at any postponements or adjournments thereof, as specified below.

1. FOR \_\_\_\_\_ AGAINST \_\_\_\_\_ ABSTAIN \_\_\_\_\_ Vote for Alan Abrams, Tony Alkire, David Charapp, Alison Cook, Gloria Harris, Karen Gurneck, Karen Ross, Sally Shepherd, Judy Wasik, Paul Cumming, Mary Wilson and Wendy McNeill to serve as directors of NAMI. Instruction: To withhold authority to vote for any individual nominee, write such nominee's name on the line below. Exceptions: \_\_\_\_\_

2. FOR \_\_\_\_\_ AGAINST \_\_\_\_\_ ABSTAIN \_\_\_\_\_ Approve certain amendments to NAMI's Constitution and Bylaws.

The undersigned's vote will be voted in accordance with the undersigned's instruction with respect to any matter in which a choice is specified. **If you sign below but do not specify any contrary instructions, this proxy will be voted in favor of proposals 1 and 2, and will be voted at the discretion of the proxy holder on such other matters as may come before the Annual Meeting.**

The proxy holder or his substitute as shall be present and acting at the Annual Meeting shall have and may exercise all of the powers hereunder.

\_\_\_\_\_  
[Print Name]

Please sign your name: \_\_\_\_\_  
[Signature]

Date of Signature: \_\_\_\_\_  
[Date]

*25th Anniversary Celebration!*


Thursday, November 6, 2003  
6:00—9:00 p.m.

Tom Ham's Lighthouse  
2150 Harbor Island Drive

Honoree: Channel 10's Carol LeBeau  
Tickets are \$50.00 per person.

# Annual Meeting

Your attendance is requested  
Thursday, December 4, 2003  
6:00 p.m.—9:00 p.m.



Speaker: TBA  
University Christian Church,  
Friendship Hall  
3900 Cleveland Avenue

## POTLUCK



# NAMI Membership

## Add your voice to ours

*Let's work together to improve the quality of life for everyone affected by mental illnesses in San Diego.*

Membership Application - - Each membership is for twelve months starting the month we receive your payment.

Name \_\_\_\_\_

Please indicate below how many voices are represented by the membership. If no indication is made NAMI San Diego will assume that this membership represents two voices.

Number of voices \_\_\_\_\_.

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Prefer newsletter by mail \_\_\_\_\_, to read newsletter on the web site \_\_\_\_\_.

\_\_\_\_\_ Check (please make payable to NAMI San Diego) \_\_\_\_\_ Cash

\_\_\_\_\_ Regular Member \$40.00

\_\_\_\_\_ Professional \$75.00

\_\_\_\_\_ Local Member \$20.00

\_\_\_\_\_ Newsletter Only \$15.00

\_\_\_\_\_ Open Door Member \$\_\_\_\_\_  
any amount under \$40.00

\*Unless you instruct us otherwise, the first \$40.00 of a donation will be treated as payment for a membership if you are not already a member of NAMI San Diego. This will also apply if your current membership needs to be renewed.

Check relationship to a consumer:

\_\_\_\_\_ Parent of Adult

\_\_\_\_\_ Parent of Child

(under 18)

\_\_\_\_\_ Sibling

\_\_\_\_\_ Spouse

\_\_\_\_\_ Professional

\_\_\_\_\_ Other

\_\_\_\_\_ Self

\_\_\_\_\_ None



# NAMI San Diego

# Meeting Schedule

## NAMI San Diego

4480 30th Street  
San Diego, CA 92116  
(619) 584-5564

**NAMI-SD's Education and Advocacy**  
meeting takes place the First Thursday of  
each month at University Christian  
Church, 3900 Cleveland Ave.,  
San Diego. (Additional info, pg. 5.)

**Evening NAMI-SD Support Group**  
Third Thursday, 6:45 p.m.  
Note New site, 4480 30th Street

**Morning NAMI-SD Support Group**  
Third Tuesday, 10:00 - 12:00 a.m.  
Note New site, 4480 30th Street

**Sharing and Caring**  
Fourth Thursday, 6:30 - 8:30 p.m.  
Executive Conference Room  
Sharp Mesa Vista Hospital  
7850 Vista Hill Avenue (858) 278-4110

**Sibling and Adult Children's Group**  
Second Wednesday, 7:00 - 9:00 p.m.  
Scripps Well Being Center  
Adjacent to the UTC Mall  
Call Monica Astorga at (858) 483-9370

**Clairemont NAMI Support Group**  
Second Monday, 7:00 - 8:30 p.m.  
St. David's Episcopal Church (Library)  
5050 Milton St., (619) 276-4567

**La Jolla NAMI Support Group**  
First Tuesday, 7:15 - 9:00 p.m.  
La Jolla Presbyterian Church  
Enter on Eads Avenue, Room #9  
(858) 457-5057

**El Cajon (East County)**  
Second Wednesday, 6:30-8:00 p.m.  
Heartland Center, 1060 Estes Street  
(off Chase)  
Dale or Judi at (619) 401-5500

**South Bay Spanish**  
Fourth Monday, 6:00 - 8:00 p.m.  
Call Luz Fernandez (East County clinic)  
for location (619) 401-5500

**La Mesa**  
Second Wednesday, 6:30—8:00 pm  
San Carlos Library  
7265 Jackson Drive  
Contact Karen Robinson, (619) 698-4711  
E-mail: krsd@cox.net

**NAMI Patton**  
c/o Patton State Hospital  
3101 E. Highland Avenue  
Patton, CA 92639  
Fax:(714) 963-9961 Tel: (909) 425-7000  
Third Sunday, 11:45 a.m. - 1:15 p.m.  
Administrative Meeting Room

## NAMI-SIT

### Schizophrenics in Transition

Board Meeting  
1st Wednesday at Noon  
144 Copper Avenue, Vista 92083  
(760) 941-2153 or  
(858) 484-7069

NAMI-SIT includes the following :

- Copper Hill Living & Learning Center
- Creative Arts Consortium
- Friends
- Advocacy Works
- MIXTECA Garden

## NAMI North Inland

P.O. Box 300386  
Escondido, CA 92030-0386  
(760) 745-8381

**Second Tuesday**  
7:00 pm. Education Meeting  
Bradley Center (Kinesis North)  
474 W. Vermont Ave, Escondido  
(760) 745-8381 or 1-800-523-5933

**Tuesday Share & Care Meeting**  
Every Tuesday Except the 2nd Tuesday of  
each month.. 4:00 - 5:30 pm.  
at Joslyn Senior Center  
210 East Park Ave, Escondido  
(760)745-8381

**Wednesday Weekly in Fallbrook**  
Wednesday, 5:00—6:30 p.m.  
Fallbrook Healthcare Foundation  
Corner of Mission and Fig  
Call for address (760) 745-8381

## NAMI North Coastal

P. O. Box 2235  
Carlsbad, CA 92018  
(760) 722-3754

St. Michael's by the Sea Episcopal Church  
Parish Hall, 2775 Carlsbad Blvd.  
(760) 722-3754 or (800) 523-5933

Thursday, November 20, 2003 at 7:00 p.m.  
Speaker: Terry A. Schwartz, M.D.  
Psychiatric Assessment and Treatment  
of Dual Disorders  
Education Meeting followed by  
Share & Care at 8:40 p.m.

### Share & Care

Fourth Tuesday - 5:00-6:30 p.m..  
North Coastal Behavioral Health Center  
1701 Mission Avenue #A, Oceanside  
(760) 967-4475 or (760) 722-3754

### Share and Care

Second Thursday at 6:00 - 7:00 p.m.  
Tri-City Medical Center, Mental Health  
Unit, 4002 West Vista Way, Vista  
(760)940-5700

### Pastoral Share & Care

Fourth Thursday - 7:30 p.m.  
2807 Ocean St., Apt. 301, Carlsbad  
Jane or Tim Hird, (760) 435-2536  
Call first for security reasons.

### TARA Borderline Personality Disorder Support Group

Speaker, Dr. Blaise Riedlinger  
Tuesday, October 7 at 7:15pm  
First Tuesday monthly—6:30-9:00 p.m.  
Carlsbad Community Church  
3175 Harding Street, Carlsbad CA 92008  
(760) 729-2331

# Thank You to NAMI's Donors

## Over \$120,000

The California Endowment

## Over \$4,000

Eli Lilly and Company  
Josephine S. Kenney  
Helen & Henry Teisher

## \$3,000 and Over

Beyster Family Foundation  
San Diego Foundation's Al &  
Alma Brosio Family Fund  
County of San Diego  
Mental Health Services

## \$2,000 and Over

Betty Beyster  
Willis & Jane Fletcher  
Foundation

## \$1,000 and Over

Anonymous  
Joyce Dupuy Family Trust  
Daniel & Carolyn Hamlin  
Roberta Holmes  
Janssen Pharmaceutica Inc  
Dr. Michael & Laura Lardon  
Olga Leifert Estate  
Paradise Valley Hospital  
UCSD Department of  
Psychiatry 0063  
United Behavioral Health

## \$500 and Over

Andrade Family  
AstraZeneca  
Lewis C. & Martha Altus  
Buller  
David Charapp  
CRF Community Research  
Foundation/Hawthorne  
Dr. Alan Abrams &  
Karen F. Gurneck  
Mental Health Systems, Inc  
Sharp Behavioral Health  
John & Margaret Sottosanti  
University of Texas at Austin

## \$250 and Over

Bayview Hospital  
BMR HealthQuest Clinical Trials  
Julia & Jerry Butsko  
Paul H. De Vroeg, Jr.  
Robert W. Duckworth-Ford  
SDG&E/Sempra Employees  
Energy for Others

Mary Lou & Paul Jacot  
Dan & Jan Karsh  
John & Mary Lou Miesner, Jr.  
Barbara Mistler Crew  
Pfizer  
Phillip & Carol Powers  
Psych. Centers of San Diego  
Scripps Mercy Behavioral  
Health Care  
Soroptimist International of  
San Diego  
Shelby Stone  
University Community  
Medical Center  
Carol F. Venable  
Joan Williams

## \$200 and Over

Anonymous  
Vidal & Emy Alhambra  
Martin & Sherry Bloom  
Fen-Hui Chen, DDS  
Charles Dexter  
Juan & Kathleen Guerrero  
Arden & Marjie Joramo  
Rachel & Jerry Levens  
Frank & Rosemary Muller  
Murray H. Rosenthal, D.O.  
Helen E. Saville  
Judith K. Wasik

## \$100 and Over

Sonnya Acuff  
Anonymous  
Berkeley Squares  
Gayle BerQvist  
Henrietta Blacic  
Stuart & Rene Breier PhD  
Kathleen & Thomas Callan  
Susan & Terry Carlson  
Bob & Barbara Castle  
Lorraine Castle  
Mary Cobb  
Ruth Coleman  
Janet T. Daugherty  
Steve & Susan Davis  
Denis & Conchita Dela Paz  
Paul DeMartini  
Mary Lou Erwin  
Mike & Therese Flaningam  
Steven Gardner  
Gethsemane Lutheran Church  
John Gready  
Alec Harootunian  
Charlotte Harris  
Vicki Hawkinson  
Michael Hellman  
H. Randall Hicks, M.D.  
Mary Hydrick  
Infomaker Inc.  
Gary D. & Anna Johnson  
Benjamin & Agustina Lopez  
Joseph Mawhinney, M.D.  
Edward C. McMurtrie

Sue & Selwyn Moss  
Marci Neff  
Kari Neumann & Joan Olsen  
Verna Price  
Martha Prud-home  
Virginia Prutow  
Wendy Radar  
Susan Randerson  
Leonard Rodin  
Cynthia Ross  
Eleanor H. Scott  
Stephen Shuchter, M.D.  
Marvin & Alice Thompson  
Mary & Pete Truman  
Edith E. Wagner  
Cynthia Wilford  
Stuart C. & Marily Wilson

## \$50 and Over

Charles Adkison  
Marjorie F. Ahern  
James Albright  
Tracy Alderman  
Kendall Amerige  
Joan Ammon  
Mary & Dale Arkwright  
Kathleen Asselin  
Gail Auka  
Patricia & Pete Azar  
Janet Backer  
Elizabeth Becker  
Scott & Hilda Bender  
Helen Bergen  
Barbara Biewer  
David Borman, MD  
Valerie Borofsky  
Kassie Bostwick  
Joan Cairncross  
Christine Carlin  
Blanche F. Caughlin  
Kathryn Chichester  
Lou & Georgie Christiansen  
Douglas R. Cranmer  
Joe & Ursula Darby  
Harriet DeMartini  
Adela & Lombardo Detrinidad  
Margaret Duff  
Anna Edwards  
Marianne Erickson  
Charles Ertl  
Thomas E. Firlle  
G. Paul & Dixie Francis  
Ron J. Fuller  
John W. Garrahy  
Mary & Robert Gellner  
Wayne & Patti Germain  
Robert I. & Rhoda Gordon  
Herbert & Marlene Greenstein  
Terri Gutierrez  
Sharon Hargus  
Joy Hatch  
Patricia Helsing  
Marian B. Higdon  
Elizabeth & Donald Holcomb  
Harold & Grace Hosking  
D. Virginia Hunt

Kathy Jacobs  
Nancy Jacobus  
Barbara Jones  
John Karwoski  
Jeanette Keil  
Ann A. Kennedy  
Geraldine L. Kreischer  
Loretta Kuhn  
Kathryn Lanz  
Richard & Victory Lareau  
Barbara G. Laws  
Julie Ludington  
Kathy Lutes  
Ed & Fran Mac Neel  
Robert E. Manning  
Sonny Marshall  
Kathy Marshall  
Rita H. McDonald  
Michael McGlenn  
Al & Carol Meier  
Judge Thomas & Mary Mitchell  
Jean Mollenhauer  
Elaine G. Moser  
Rebecca Geiger Motlagh  
Ed & Grace Munton  
Richard Sinder & Elvi Olesen  
Robert J. Oliver  
Robert & Elizabeth O'Neill  
Ann Ostrovski  
David Owens, M.D.  
Elizabeth Pascoe  
Hugh Pates, Ph.D.  
George & Alice Pilgram  
Rita Priver  
Abel Ramirez  
Bettie L. Reinhardt  
Robert K. & Janet S. Rice  
Marian J. Richetta  
Karenlee Robinson  
Jeremy Depew & Karen  
Robinson  
Bertha E. Roe  
Betsy Roesner  
Karen Ross  
Mary Rutland, LCSW  
Stanley & Susan Gregg Schroeder  
Donald & Mattie Scott  
Ronda Shelley  
Fern B. Siegel  
Bernadette Simionidis  
Kathi Spittel  
Syd Taylor  
John & Elena Thompson  
Susan Tuckwell  
UCSD Extension  
United Methodist Women –  
St. Mark's  
Roy & Gloria Van Grove  
Lois Elaine Wagner  
Stanley Weissman  
Byron Wishnek

*NAMI San Diego meets the requirements of IRS 501©(3) and is fully tax exempt.*

# NAMI San Diego

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NAMI (National Alliance for the Mentally Ill) San Diego is a non-profit membership organization dedicated to the eradication of mental illnesses and to the improvement of the quality of life of all whose lives are affected by these diseases.

We do that by providing peer support, education, services, and advocacy.

Our target population includes people with serious mental illnesses, their families, friends, service providers, and the community at large.

An estimated 80,000 people with serious mental illnesses reside in San Diego County. One in four families are affected by mental illnesses. NAMI San Diego provides individual and group support, consumer, family, and provider education, provides community speakers about mental illnesses and today's hope for recovery, publishes a monthly newsletter with the latest local, state, and national mental health news, and generally shines a light on the stigma attached to mental illness—stigma is caused by the fear that results from lack of knowledge.

NAMI San Diego is an affiliate of NAMI and NAMI California.

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