

SAN DIEGO AREA ASTHMA PROGRAMS

San Diego Regional Asthma Coalition

The San Diego Regional Asthma Coalition is a collaborative of diverse agencies and individuals. Staffed by the American Lung Association, the Coalition is comprised of over 50 participating agencies, including the County of San Diego Health and Human Services Agency, health care providers, health plans, hospitals, community clinics, school districts, researchers/educators, community collaboratives, community-based organizations, social service organizations, environmental advocates, local businesses, and asthma patients. The Coalition is conducting a pilot project, funded by The California Endowment, to implement an Asthma and Environmental Policy project in Mid-City, to develop, implement and advocate for policies to reduce indoor and outdoor environmental asthma triggers in the Mid-City and educate the community about these issues. The Coalition's mission is to provide leadership in identifying, developing, mobilizing and coordinating resources to prevent asthma and positively impact the lives of people affected by asthma. For more information contact Joni Low at 619-297-3901 or joni@lungsandiego.org.



San Diego Childhood Asthma Initiative

The San Diego Childhood Asthma Initiative is a collaborative effort between the American Lung Association, the Center for Child Health Outcomes at Children's Hospital, and the Council of Community Clinics. Funded by the First 5 Commissions of California and San Diego, this project is an intervention to improve asthma care for young children with persistent asthma by providing treatment services, education and care coordination. To date nearly 500 children have received these services. These children have experienced dramatic decreases in asthma-related hospitalizations, emergency department and urgent care visits, and unscheduled office visits. As a result they have also experienced significant increases in their health related quality of life and their parents have missed fewer days of work taking care of their children's asthma. This care coordination model extends the healthcare providers' efforts into the children's home and provides parents with individualized education and resources. For more information contact Lily Lim Valmidiano at 619-297-3901 or lily@lungsandiego.org.



Community Action to Fight Asthma

Community Action to Fight Asthma (CAFA) is a project of the San Diego Regional Asthma Coalition. As a part of a statewide initiative funded by The California Endowment, the goal of CAFA is to reduce environmental asthma triggers through public education and policies that promote "asthma friendly" environments where children live, learn, and play. One key activity of CAFA is to organize neighborhood teams to help reduce trash, roaches, and vermin in the Mid-City community. For more information contact Kirk Arthur at 619-283-9624 or kirk@saysandiego.org.



The Asthma Educator Course

The goal of the Asthma Educator Course is to prepare healthcare professionals to take the National Asthma Educator Certification Exam. This exam was developed through the National Asthma Education Certification Board, whose mission is to promote optimal asthma management and quality of life among individuals with asthma, their families, and communities, by advancing excellence in asthma education through the certifies asthma educator process. For more information contact Erin Touslee at 619-297-3901 or erint@lungsandiego.org.



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California Asthma Among the School-Aged

The goal of the California Asthma Among the School-Aged Project (CAASA) is to improve health outcomes for school-aged children with asthma while reducing health disparities by linking improved clinical care to the community. CAASA's goals are achieved by the utilization of Continuous Quality Improvement principles to improve adherence to current best practices and to demonstrate these improvements while monitoring clinical outcomes. There are a total of seven clinics in California participating in the CAASA project including Mid-City Community Clinic in San Diego County. The model used for the CAASA project includes a clinic-based Community Health Worker. CAASA is funded by The California Endowment in partnership with UCSF. For more information contact Lynne Farrell at (619) 542-4346 or lfarrell@ccc-sd.org.

South Bay Asthma Advocacy Program

Demonstrating its commitment to personalized care and preventive services, Paradise Valley Hospital established the South Bay Asthma Advocacy Program (SBAPP). This asthma disease management program provides in-home education and environmental assessment by licensed respiratory care practitioners. All staff are bilingual. SBAPP is a service provided to children ages 0-17 who have been diagnosed with asthma by a physician. Participants should be pre-authorized by insurance providers to receive SBAPP services. For more information contact Mike Collins at (619) 427-4679 or CollinMS@pvh.ah.org.

Working Together for Asthma Care

Working Together for Asthma Care is a research study based at the Center for Child Health Outcomes at Children's Hospital and Health Center. The goal of the study is to determine if care coordination and problem-solving skills training can improve health care for children with asthma. Children ages 5-12 and their families receive asthma education and problem solving skills training in the home. The study is funded by the Maternal Child Health Bureau. For more information contact Leticia Reyes Gelhard at (858) 576-1700 ext.4324 or lreyes@chsd.org.