



The HIV Epidemic

and San Diego, CA Students

What is the problem?

The 2005 Youth Risk Behavior Survey indicates that among San Diego, CA high school students:

Sexual Risk Behaviors

- 41% ever had sexual intercourse.
- 6% had first sexual intercourse before age 13 years.
- 11% had sexual intercourse with ≥ 4 people.
- 27% had sexual intercourse during the past three months.
- 38% did not use a condom during last sexual intercourse. (1)
- 20% drank alcohol or used drugs before last sexual intercourse. (1)

What are the solutions?

Better health education • Healthier school environments

What is the status?

The 2004 School Health Profiles indicates that among San Diego, CA middle/junior and senior high schools:

Health Education

- Among schools that required health education, NA% required students to take two or more health education courses.
- NA% taught all 10 critical HIV prevention topics in a required health education course.
- NA% taught abstinence as the most effective method to avoid HIV infection.
- NA% taught how HIV is transmitted.
- NA% taught how to correctly use a condom.
- NA% taught how to find valid information or services related to HIV or HIV testing.
- 86% had a lead health education teacher who received staff development on HIV prevention during the past two years.

School Environment

- 83% had a written policy that protects the rights of students or staff with HIV infection or AIDS.
- Among schools that had a written policy:
- 100% of the policies addressed procedures to protect HIV-infected students and staff from discrimination.
 - 100% of the policies addressed maintenance of confidentiality for HIV-infected students and staff.
 - 91% of the policies addressed adequate training for school staff about HIV infection.

1. Among students who had sexual intercourse during the past three months.

NA=Not Available

Where can I get more information? Visit www.cdc.gov/healthyyouth or call 800-CDC-INFO (800-232-4636).



DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION

